Note on preserving a standard suspension of live vibrios

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It is difficult to prevent changes in biological characters of vibrio strains during storage (Martin, 1964). Even freeze-drying may be unsatisfactory for two reasons. First, only about 5% of viable cells survive the process (Fry and Greaves, 1951) allowing chance for selection of variants. Secondly, the viable cell count of each suspension made from regenerated cultures has to be ascertained. This may lead to large deviations from the intended dose because the number of vibrios in suspensions of equal optical density varies unusually widely (Maaløe, 1955), and the viable count is not available till the next day. Thus McIntyre and Feeley (1964) noted fifteenfold variations in their challenge doses during a passive protection test. We have, therefore, investigated the possibility of storing a vibrio suspension of known viable count at a very low temperature, i.e., of preparing a vibrio stablate. (A stablate has been defined by Lumsden and Hardy (1965) as 'a population of an organism preserved in viable condition on a unique occasion'.)

Martin (1964) has reviewed the principles of storing microbes at temperatures below −55°C. The problem is to prevent cell death during freezing and thawing. Addition of glycerol or dimethylsulphoxide reduces cell death with some organisms. Once successfully frozen, microbes seem to keep indefinitely without noticeable change.

MATERIALS AND METHODS

Vibrio cholerae 12R (Ogawa) was received from the National Institutes of Health, U.S.A. (McIntyre and Feeley, 1964). V. eltor H2 (Ogawa) was sent by Dr. M. Robertson, Queen Elizabeth Hospital, Hong Kong; it had been isolated from a cholera patient in 1963. Both strains were received freeze-dried. The contents of each ampoule were suspended in 0.2 ml. of nutrient broth (Oxoid no. 2) and streaked on a nutrient agar plate (pH 8.0 to 8.4). After incubating for 18 to 20 hours at 37°C, the growth was freeze-dried in a large number of ampoules.

PREPARATION OF A STABLATE The contents of an ampoule were cultured as above. Portions of five to six colonies were streaked on a nutrient agar slope and incubated overnight. The growth was suspended in 2 ml. of broth, and divided in two portions. To one part was added sterile glycerol (7.5% v/v), the second portion received no preservative. In early experiments sterile Analar grade dimethylsulphoxide was added to a third portion to a final concentration of 10% (v/v). The suspensions were filled into capillary lymph tubes and then frozen and stored in solid carbon dioxide (−79°C) as described by Cunningham, Lumsden, and Webber (1963).

DETERMINATION OF VIABLE COUNT A tube was opened at both ends and weighed. The contents were expelled in 1 ml. of diluent (0.1% peptone in 0.15M saline, pH 7.0 to 7.2), and the tube was weighed again. The volume of diluent was adjusted to contain 10 mg. of stablate in each millilitre. A series of tenfold dilutions was made. With a 0.1 ml. pipette, 0.1 ml. of each dilution was delivered on each of two agar plates and spread with the bent tip of Pasteur pipettes. After overnight incubation the colonies on both plates from an appropriate dilution (giving 100 to 300 colonies per plate) were counted. The number of colony-forming units in each milligram of undiluted stablate was computed from the average.

At least two tubes at a time were examined immediately before freezing and after storage for 48 hours.

INFECTING SUCKLING RABBITS A litter of 11-day-old rabbits was infected as described by McIntyre and

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Feeley (1964) except that the inoculum (500 colony-forming units of V. cholerae 12R) was injected into the duodenum exposed through a right subcostal incision. One animal was killed with ether when it developed diarrhoea 20 hours later. The watery fluid in its caecum was mixed with an equal volume of normal rabbit serum. The mixture was frozen after adding glycerol.

RESULTS AND CONCLUSIONS

The results of three consecutive experiments are presented in the table. It will be observed that there was usually a slight increase in viable count after freezing and thawing, presumably due to disaggregation of clumps; the contents of tubes processed simultaneously had comparable viable counts; and the addition of a freezing protectant was unnecessary.

| TABLE |
| Violable Counts (Millions of Colony-Forming Units) per Milligram of Stable before and 48 Hours after Freezing |

<table>
<thead>
<tr>
<th>Strain</th>
<th>Preservative</th>
<th>Counta</th>
<th>Before Freezing</th>
<th>After Freezing</th>
</tr>
</thead>
<tbody>
<tr>
<td>V. cholera 12R</td>
<td>Nil</td>
<td>16.9, 18.1</td>
<td>19, 21.2</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Glycerol</td>
<td>21.5</td>
<td>21, 24</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Dimethyl-sulphoxide</td>
<td>16, 16</td>
<td>18.1, 23.8</td>
<td></td>
</tr>
<tr>
<td>V. cholera 12R</td>
<td>Glycerol</td>
<td>18.4, 15.5, 18.6</td>
<td>18.1, 17, 16.5</td>
<td></td>
</tr>
<tr>
<td>V. eltor</td>
<td>Nil</td>
<td>5.5, 4.4, 4.5</td>
<td>4.2, 5</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Glycerol</td>
<td>4.4, 4.5</td>
<td>5.2, 5.5, 6.1</td>
<td></td>
</tr>
</tbody>
</table>

1Each count represents one tube, corrected for dilution by preservative.
2Counts after five months: 17.1, 14.1.

The count in the diarrhoea fluid was reduced from 1.3 million colony-forming units per milligram of the mixture with serum and glycerol to 0.4 million colony-forming units.

It thus seems practicable to store at low temperatures moderately dense suspensions of vibrio cultures without cell death. Perhaps even cholera stool can be preserved directly; it will be of interest to investigate various freezing protectants for this purpose.

We are indebted to Professor R. Cruickshank for his help and advice during the experiments and the preparation of the manuscript, and for providing the senior author with a research grant.

REFERENCES


Letter to the Editor

Preparation of Bilirubin Standards

Dear Sir,
The instability of bilirubin in strong alkali led to a search for an organic solvent, miscible with water, which could be used to prepare a reliable bilirubin standard for routine use.

It was found that bilirubin is freely soluble in dimethylsulphoxide which is water-miscible and in which serum proteins are easily dispersed. A solution of bilirubin in this solvent shows an absorption peak at 453 nm. with a curve shape similar to that of a chloroform solution.

The stability in this solvent, whilst not approaching that in non-polar solvents, is better than that in aqueous alkali. No change in optical density was noted within 15 minutes of dissolution, and the fall in optical density after 30 minutes in a 0.01 mM solution approached 0.25 μM/hour. This indicated that although a simple solution in dimethylsulphoxide would not be adequately stable for use as a standard, the solvent could be used to prepare a stable standard in aqueous albumin.

The diluent used is 5% bovine albumin in water buffered to pH 7.4 by phosphate buffer. A given weight of bilirubin of molar extinction 60,700 ± 800 is dissolved in 5 ml. of dimethylsulphoxide. When dissolution is complete this solution is made to 100 ml. with the diluent. This standard is checked spectrophotometrically by adding 0.2 ml. to 3.8 ml. of dimethylsulphoxide, mixing and reading at 453 nm. A blank is prepared by adding 0.2 ml. of diluent to 3.8 ml. dimethylsulphoxide. The optical density is multiplied by 19.26 (based on E 60,700) to give the bilirubin concentration of the standard in mg./100 ml. The standard is then dispensed in small quantities for storage by deep freezing. The stability of the standard prepared in this way appears to be better than 30 days at −20°C.

The ability of dimethylsulphoxide to disperse serum protein suggested the possibility of estimating bilirubin directly at 453 nm. As shown by Heilmeyer (1943), other coloured components in serum, principally haemoglobin and carotenoids, interfere considerably. It was noted that the addition of one drop of 100-volume hydrogen peroxide to the test described above gave a 60% reduction in the non-bilirubin colour whilst reducing the optical density of a 3.5 mg% bilirubin solution by only 7%. Although obviously unsuitable for a true quantitative estimation, this technique may well prove of value in the rapid estimation of raised bilirubin levels in unhaemolysed sera.

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