A comparative trial of Rappaport enrichment medium for the isolation of Salmonellae from faeces

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SYNOPSIS Seven-thousand-and-thirty-six specimens of faeces were examined for Salmonellae using three enrichment culture media in parallel. Rappaport's magnesium chloride malachite green broth medium proved superior to selenite F and tetrathionate broths in the recovery of a wide variety of Salmonella serotypes. However, it was inferior to selenite broth in the recovery of Salmonella typhi.

A higher recovery rate of Salmonellae was obtained from undiluted than from 1:1,000 dilution of faeces.

Combined selective and enrichment culture techniques are universally employed in the isolation of Salmonellae from a wide range of materials. Success in isolation, though influenced by a number of variables, ultimately depends on the efficiency of the medium used in its ability to differentiate, or to inhibit, the growth of non-pathogenic organisms particularly E. coli.

Over the years the selenite enrichment medium of Leifson (1936) and the tetrathionate broth of Müller (1923) have been widely used for the isolation of Salmonellae from faeces. Important modifications include the selenite broth of Hobbs and Allison (1945) and the tetrathionate broths of Kauffmann (1930, 1935), Rolfe (1946), Preuss (1949), Hajna and Damon (1956), and of Lang (1960).

In 1956 Rappaport, Konforti, and Navon introduced an enrichment broth containing magnesium chloride and malachite green. The medium appeared superior to selenite and tetrathionate broths in the recovery of Salmonella species, except Salm. typhi. Confirmation of their findings came from reports by Collard and Unwin (1958) and Hooper and Jenkins (1965), Iveson, Kovacs, and Laurie (1964), working with infected desiccated coconut, and Anderson and Kennedy (1965), using pure cultures, also reported the superiority of Rappaport's medium. The results of other workers differ: Sen (1964) obtained a higher Salmonellae yield in selenite broth, and Zajc-Satler and Banič (1965) found increased isolations in tetrathionate medium prepared from infusion broth. However, both authors commented on Rappaport as being an efficient isolation medium.

In view of our findings with coconut and on the basis of preliminary trials on faecal specimens, it was decided, in 1961, to test the magnesium chloride malachite green broth in parallel with tetrathionate broth (Difco), the selenite broth of Leifson (1936), and, in a second series commencing in 1963, a modification of the tetrathionate broth of Preuss (1949).

MATERIALS AND METHODS

A total of 7,036 faeces specimens transported in 1 oz. bottles containing 2-5 g. of faeces in 10 ml. of Sachs' (1939) enteric transport medium from patients with gastro-enteritis, or their contacts, resident in Western Australia, were examined at the Central Public Health Laboratories, Perth.

In series I, 407 specimens were tested in parallel, using the routine heavy inoculum and the 1:1,000 dilution of the specimen as recommended by Rappaport et al. (1956). In series II, omitting the dilute inoculum, comparative tests on 3,492 specimens using Rappaport, selenite (Leifson), and tetrathionate (Difco) media were performed; and in series III, 3,544 specimens were tested comparatively in Rappaport, selenite and Preuss' (1949) 'K' tetrathionate by modified medium as Kovacs (1963). Direct selective culture was also performed on all specimens simultaneously with the enrichment procedures. Magnesium, chloride-malachite-green enrichment broth of Rappaport was prepared as follows:

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SOLUTION A
Bacto tryptone (Difco) ........................................ 0.5 g.
Sodium chloride ............................................... 0.8 g.
Potassium dihydrogen phosphate .......................... 0.16 g.
Distilled water ............................................... 100 ml.

SOLUTION B
Magnesium chloride (MgCl₂6H₂O A.R.) ................. 40 g.
Distilled water ............................................... 100 ml.

SOLUTION C
Malachite green (Merck) ................................. 0.4 g.
Distilled water ............................................... 100 ml.

For use, to each 100 ml. solution A, 10 ml. of solution
B, and 3 ml. of solution C were added. Throughout
the investigations the medium was distributed in 10 ml.
volumes in 1 oz. wide-neck, screw-cap bottles and
sterilized by steaming for 30 minutes. No deterioration
on storage at room temperature for at least one month
was detected.

The 'K' tetrationionate used in series III was prepared
as follows:

Beef extract (Difco) ........................................ 10 g.
Distilled water ............................................ 100 ml.
Sodium phosphate (anhydrous) Na₃H₂PO₄ ..... 1.6 g.
Sodium chloride ........................................... 3 g.
Bacto tryptone (Difco) .................................. 10 g.

It was boiled, filtered, and brought to pH 6.5, auto-
claved at 25 lb. for 15 minutes, and distributed in 50 ml.
volumes, 0.75 g. potassium tetrationionate (Merck) powder
was added, dissolved without heating, and distributed in
10 ml. volumes for use the same day.

Inoculations were made by sterile pasteur pipette.
Approximately 1.0 ml. of mixed sample was sown into
the 10 ml. volumes of enrichment media, and one drop
plated directly on to McConkey, D.C.A. (Mackie and
McCartney formulae), S.S. (Difco), and bismuth sulphte
agar (Difco). Subcultures from enrichment media were
made at 18 to 24 hours on to S.S. and bismuth sulphite
agar. All plates were incubated at 37°C for 24 hours,
bismuth sulphite agar being further incubated and
examined at 48 hours. Non-lactose fermenters and
colonies resembling salmonellae on B.S.A. were examined
biochemically and identified serologically.

RESULTS

A total of 583 salmonella strains were isolated in the
two main series reported (series II and III), of which
578 strains were isolated by enrichment culture
procedures, and 238 by direct plating. Five strains
were isolated only on direct plating, compared with
114 only through enrichment media; 75 of these
came through Rappaport medium exclusively, 25
through selenite broth, and 14 through tetrationionate
broth.

The serotypes recovered are listed below (the
figures in brackets indicate the frequency of serotype
isolations): S. typhimurium (237), S. muenchen (72),
S. adelaide (18), S. saint paul (17), S. senftenburg
(16), S. wandsbek (16), S. hvittingfoss (16), S.
oranienburg (16), S. onderstepoort (15), S. wands-
worth (13), S. chester (13), S. jangwani (10), S.
tennessee (9), S. litchfield (9), S. eastbourne (9), S.
orion (9), S. orientalis (8), S. poona (8), S. urbana
(6), S. anatum (5), S. emmastad (4), S. welikada (4),
S. abony (4), S. newington (4), S. bovis morficicans
(3), S. derby (3), S. enteritidis (3), S. brisbane (3),
S. paratyphi B (3), S. paratyphi A (2), S. kimberly
(2), S. give (2), S. ohlestdt (2), S. san diego (2), S.
bredeny (1), S. zehlendorf (1), S. lexington (1), S.
california (1), S. alsterdorf (1), S. blukwa (1), S.
charity (1), S. ball (1), S. potsdam (1), S. fremantle
(1), S. champagne (1), Arizona group (2), S. unidenti-
fied (7). There appeared to be no special preference of
a given serotype for a particular enrichment medium.
A possible exception was Salmonella adelaidi which was obtained from Rappaport
medium on eight occasions in series III compared
with 10 occasions from both selenite and tetra-
tonation broths. In series II, however, the figures
were identical for all three media.

Specimens which had failed to yield salmonellae
on direct plating but which were positive on en-
richment culture are shown in Table I, distributed
by methods of enrichment. One hundred and twelve
specimens proved positive on Rappaport medium
compared with 95 and 75 respectively for selenite
and tetrationionate only in series II. In series III the
corresponding figures were 181, 132, and 121 respec-
tively.

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<th>TABLE I</th>
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<td>DISTRIBUTION OF DIRECT CULTURE NEGATIVE Faeces SPECIMENS YIELDING SALMONELLAE ON ENRICHMENT CULTURE RELATED TO COMBINATIONS OF METHODS USED</td>
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<td>Combinations of Enrichment Culture Methods Yielding Salmonellae</td>
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R = Rappaport; S = selenite; T = tetrationionate.

Table II shows the comparison between the methods of enrichment culture in recovery of Salm.
typhi from faecal specimens. Selenite broth, with 21
successes out of a possible 22 (95·5%) positive
specimens, was greatly superior to tetrathonate
broth Difco 9 (40·9%) and to Rappaport medium
12 (54·5%).

Comparisons between isolations by the different
methods of enrichment culture and the diluted or undiluted inoculum are made in Table III. Of 407 specimens (series I) yielding a total of 32 isolations of Salmonellae, 28 (87·5\%) were obtained from undiluted faeces compared with 22 (68·8\%) from faecal material diluted 1 : 1,000.

**DISCUSSION**

The results of this investigation have demonstrated the superiority of Rappaport medium for the isolation of Salmonellae from faeces, thereby extending the work reported by Iveson *et al.* (1964) on desiccated coconut. The relative efficiency of Salmonella isolations for Rappaport medium in the two series was 91·0\% and 88·1\% respectively, in contrast to 75·2\% and 78·8\% for selenite broth, 70·3\% and 70·0\% for tetrathionate broth, and 36·5\% and 46·1\% for direct culture. Using a combination of selenite and Rappaport media, 96·9\% and 96·6\% of all isolations, in series II and III respectively, were achieved.

However, these figures, while holding good for the Salmonella strains listed, were inapplicable to the isolations of *Salmonella typhi* from faeces. The relative efficiency of Rappaport’s medium at 54·5\% compared unfavourably with selenite broth at 95·5\% efficiency, but was still superior to tetrathionate at 40·9\%. This finding was in agreement with the reports of Rappaport *et al.* (1956) and of Anderson and Kennedy (1965). In addition, it may be noted that *Salmonella cholerae suis* was not isolated during these investigations, and the comparative performance of Rappaport’s medium in the recovery of this difficult selenite-sensitive serotype remains to be evaluated. The problems of *Salmonella cholerae suis* isolation have been reported by Williams Smith (1952 and 1959).

While Rappaport *et al.* (1956) and Thomson (1954) reported favourably on the isolation of Salmonella from dilute faeces the findings reported here are more in agreement with those of Collard and Unwin (1958) and Dixon (1961) where the superiority of methods involving the inoculation of media with undiluted faeces, as opposed to diluted faeces, was reported. This study showed that the relative efficiency in the isolation of salmonellae from 407 faecal specimens examined was 87·5\% for undiluted and 68·8\% for 1 : 1,000 dilution of faeces.

It is clear from the above results that, while the greater the number of enrichment methods employed the higher will be the rate of recovery of Salmonellae from faecal specimens, the use of Rappaport’s magnesium chloride malachite green will provide the greatest chance of success in the isolation of a wide variety of Salmonella serotypes when a single method only is employed. However, the relative inefficiency of Rappaport medium in the recovery of *Salmonella typhi* requires the additional use of selenite broth to ensure wide coverage.

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