In the second section the emphasis is on free radicals with no less than seven chapters dealing with this explosively expanding field. A further seven chapters deal with cytolytic proteins and their role in producing tissue damage and defense. The third section has four chapters devoted to pulmonary aspects, particularly timely with the immense amount of interest that has been aroused recently in this area. The remaining two chapters deal with sarcoidosis and psoriasis. It is interesting how the increased knowledge of the biological properties of the lipoxygenase pathway are being applied to human disease.

The editors are to be congratulated on this book, which will prove valuable to those many devotees of inflammation and it will be useful for those in the pharmaceutical industry and academia alike. We look forward to the next volume with interest.

DA WILLOUGHBY

Silicon Biochemistry. Ciba Foundation Symposium 121. (Pp 264; £27.50.) John Wiley.

This symposium has produced a series of most interesting papers that begin to highlight the importance of silica in biological systems. Those of us who have been involved in the study of the pneumoconioses have always maintained that we have only been on the fringe of a much larger field of investigation. I think that the appreciation of this problem would have been clarified for the readers of this journal if two more basic papers had been included, covering the mineralogical and basic chemistry of silicon dioxide, emphasising the forms of the material in the environment, and structure and surface properties, leading from the chemistry and physics into the biochemistry. The other improvement would have been to have a chapter on the earlier studies on the effects of the inhalation of silica on man and experimental animals showing the investigations of Kettle and King in this country and Leroy Gardner in the United States, which led to the concepts discussed at the symposium.

JC WAGNER


Microscopy of the urine carried out personally by the clinician is an essential step in the diagnosis of urinary tract disease. Sadly, it is all too rarely carried out. This neat pocket sized booklet not only re-emphasises the need for microscopy but gives practical details as to how it should be carried out and contains such superb illustrations that no one should be in any doubt as to what is being looked for.

The only possible criticism of the booklet is the insistence on rather elaborate techniques for the collection of urine samples in both men and women. These techniques have been of great value for research and contributed considerably to the senior author's distinguished work at Stanford University. They are, however, not practical, or in general, necessary for busy urological clinics. It is unfortunate that no mention is made of more generally applicable methods for collecting "clean catch mid stream urine samples" from women. This is a serious omission.

Given these slight criticisms, the book is very highly recommended, although perhaps a little expensive.

WR CATTELL


This book has been produced from camera ready copy quite soon after the meeting in April 1985. Much of it consists of thorough reviews of the present state of knowledge of influenza viruses, their basic structure and epidemiology, and methods used for control, such as inactivated vaccines in the elderly and the young. There are also good reviews on live attenuated viruses, mainly recent United States work with cold-adapted reassortant strains, and on experience with amantadine, rimantadine, and ribavirin, although it is admitted that these have had little impact on the disease as a whole. The following sections summarise experiments on producing influenza vaccines by means of engineered yeast cells or vaccinia, or even synthetic peptides, and a series of papers reflecting a flurry of work on the mode of stimulation and recognition of influenza A by cytotoxic T cells in the mouse. All this was followed up by workshops on related topics, which are briefly summarised. The last section proposes more active and widespread measures to control influenza.

This volume is valuable to anyone in the field as it is a useful blend of general reviews and state of the art views on some viral immunology.

DR TYSRELL

Notices

Fifth European Conference on Clinical Haemorheology, Bordeaux, June 29-30, July 1 1987

The 5th European Conference on Clinical Haemorheology will be held in Bordeaux (France) from June 29 to July 1 1987 (Presidents Professor P Boivin and Professor J -F Stoltz).

The main topic will be the importance of blood methodology to clinical studies and there will be interdisciplinary sessions organised in collaboration with specialist societies for angiology haematoology, neurology, and thrombotic disorders.

For further information from: Professor Michel R Boisseau, Secretariat Scientifique, Laboratoire d'Hématologie, Hospital Cardiologique, Avenue Magellan, 33604-PESSAC—France.
Urinary Sediment and Urinalysis. A Practical Guide for the Health Science Professional
WR Cattell

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