Detection of Borrelia burgdorferi in patients with Lyme disease by the polymerase chain reaction

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Abstract

*Borrelia burgdorferi*, the causative agent of Lyme disease, was detected in patients' serum by DNA amplification using the polymerase chain reaction (PCR). *B burgdorferi* was pelleted from serum samples by centrifugation (10 000 × g for 10 minutes) and lysed by treatment with ammonium hydroxide (100°C for 15 minutes). Two pairs of “nested” PCR primers complementary to the gene encoding a major outer surface protein (OSP A) of *B burgdorferi* were used in DNA amplification under standard PCR conditions (Perkin-Elmer Cetus). Two out of five patients with erythema migrans, the characteristic primary skin lesion associated with early Lyme disease, were positive by the PCR. This method could form the basis of a useful routine laboratory test in those cases of early Lyme disease where conventional serological testing commonly yields equivocal or false negative results.

The early diagnosis and treatment of Lyme disease can prevent progression to the later, more serious neurological and arthritic complications. Unfortunately, the serodiagnosis of early Lyme disease is difficult due to the absence or barely detectable antibody response in the first weeks of infection. Furthermore, isolation of *Borrelia burgdorferi*, the causative agent of Lyme disease, from specimens is notoriously slow and difficult. We report a method, based on the polymerase chain reaction (PCR), for the direct detection of *B burgdorferi* in the serum of patients manifesting the primary skin lesion of Lyme disease, erythema migrans.

Methods

Two pairs of “nested” PCR primers were constructed complementary to the gene encoding the *Osp-A* protein of *B burgdorferi* strain B31. Primer pair 1, *OspA-N1* (5'-GAGCTTAAAGGAACCTTCTGATA-3') *OspA-C1* (5'-GTATTTGTGTACTGTAATTGT-3'), and primer pair 2, *OspA-N2* (5'-ATGGATCCTGAGTACCTGAA-3') *OspA-C2* (5'-CTTAAAGTAACAGTTCCCTTCT-3'), correspond to nucleotide nos 334–356, 874–894, 362–381 and 693–713, respectively, of the *OspA* gene. The primers chosen are complementary to regions of the gene that are highly conserved between strains B31, ACA1,

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and ZS7 (personal communication, S Bergstrom, University of Umea, Sweden). In addition to strains B31 (USA) and ACA1 (Swedish), strains DK1 and DK6 (Denmark) and a recent United Kingdom isolate of B burgdorferi (kindly supplied by D J M Wright and S J Cutler, Charing Cross Hospital, London) were also amplified in the PCR using these primers. The related human pathogens Borrelia hermsii and Treponema pallidum, however, are not detected (E C Guy, unpublished data).

Serum (100 μl) from five patients with a clinical diagnosis of erythema migrans confirmed by positive serology, previously stored at −20°C, was centrifuged at 10 000×g for five minutes. The supernatant was discarded and samples were incubated in the presence of 100 μl ammonium hydroxide (0-5 mol/l) at 100°C for five minutes in a sealed 0.5 ml microfuge tube, followed by 10 minutes at 100°C with the tube open.

Each sample (25 μl) was added to a standard PCR reaction mix (Amplitaq Kit; Perkin-Elmer Cetus) of final volume of 50 μl containing 1.25 mmol/l MgCl₂, and 1 μmol/l each of primers OspA-N1 and OspA-C1. PCR amplification was carried out for 40 cycles using a denaturing temperature of 94°C, annealing temperature of 37°C, and extension temperature of 72°C. Each sample (0.5 μl) was transferred to a second PCR reaction mix in which the starting primers were replaced with primers OspA-N2 and OspA-C2 and amplified for a further 25 cycles.

**Results**

Two of the five samples tested were found to be positive by the PCR. The patients’ details are summarised in the table.

**Discussion**

The failure to detect B burgdorferi in three of the five specimens tested could be a reflection of the transient spirochaetemia that has been suggested in early Lyme disease. In this preliminary study, however, only small samples of serum, originally stored for other purposes, were available. Therefore it is possible that a persistant but low level of spirochaetes in the blood could not be detected due to the 100 μl volumes available for testing. Furthermore, in view of reports showing B burgdorferi adherence to a number of eukaryotic cell types, it could be that a proportion of any spirochaetes present adhere to blood cells or platelets. We therefore propose to undertake a prospective study in which several samples of whole blood, taken from each subject over a period of time, are investigated.

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