The advantages of micro-electrophoresis of proteins on filter paper are manifold and have led to a widespread use of this inexpensive and efficient routine method. Flynn and de Mayo (1951) have given a good description of the method. Our experience has led us to the conclusion that this method is particularly useful for examining the proteins in various body fluids, such as the cerebrospinal fluid, oedema fluid, ascitic fluid, and aqueous fluids (Wunderly and Cagianut, 1952). As only 1.5 or 2 mg. of protein is required for the qualitative technique, even normal cerebrospinal fluid can be successfully analysed (Wallenius, 1952; Caspani, 1952). The various protein fractions are completely separated according to their different mobilities in a given electrical field and according to their pH. The separation is then made visible by staining the proteins histochemically in the paper strip. Experience has proved that not only do the various subfractions of normal serum proteins show a different uptake of the stain, but that deviations are even larger when sera from pathological cases are studied (Köiw, Wallenius, and Grönwall, 1952). In order to secure the required accuracy it was necessary to find a stain whose uptake by various proteins was as constant as possible. We therefore compared the three stains most widely used in paper electrophoresis, bromphenol blue, amidoblack, and azocarmine, for their uptake by isolated serum protein fractions.

In disease the concentration of serum lipids often undergoes the biggest deviation of all the serum components, and their characterization makes it possible to furnish new data for diagnosis and prognosis. A simple technique for staining serum lipids is also described.

Method of Staining Serum Protein Fractions on Filter Paper

The isolated serum protein fractions were obtained by making preliminary use of electrophoresis on thick filter paper, whereby 1 ml. of serum is fractionated at 2° C. within 24 hours (Wunderly, 1952). The fractions are then dialysed against distilled water in order to get rid of buffer substances. Dialysis is continued against 10% dextran solution, which has a concentrating effect. Samples are then measured in the Beckman spectrophotometer at wavelength 280 μm and brought to a concentration of 200 mg%. Of these solutions, 0.05 ml. was placed on strips of Munktell filter paper No. 20/150 (Grycksbo, Sweden), which had previously been washed with “propanol.” The dried paper strips were stained as follows:

Azocarmine B (Plückthun and Götting, 1951).—The paper strips remain for 10 minutes in a solution of 0.75% azocarmine B + 10% glacial acetic acid and 50% methanol; they are then washed in methanol + 10% glacial acetic acid for five minutes and 10% glacial acetic acid for another five minutes.

Amidoblack 10 B (same as naphthalene black 12 B 200, I.C.I.) (Grassmann and Hannig, 1950, 1952).—The paper strips remain for 10 minutes in a mixture of 9 parts of methyl alcohol and 1 part glacial acetic acid which is saturated with amidoblock 10 B. Afterwards the paper strips are washed for about four hours with the same solution, but without the dye. The solution is renewed until the paper is only light blue.

Bromphenol Blue (Kunkel and Tiselius, 1951).—The paper strips remain for eight minutes in an ethyl alcohol solution containing 1% bromphenol blue and are saturated with HgCl₂. For washing the stain from the paper, 0.5% acetic acid in 50% methanol and in 50% ethanol were used alternatively. After four such washings the paper appears a bluish white again and is dried at room temperature.

The stained spots (Fig. 1) were cut out and eluted with 50% methyl alcohol containing 4% sodium carbonate. Optical densities of equal volumes were read in the Beckman spectrophotometer on wavelength 570 μm for azocarmine and on 595 μm for amidoblack and bromphenol blue. Blanks were obtained by cutting out discs of paper of the same size as the stained spots of protein and eluting them accordingly. Determination of the blanks are necessary because even an intense washing leaves the paper treated with amidoblack slightly blue and that with bromphenol blue a bluish white: only azocarmine is washed out quantita-
**STAINING OF PROTEINS AND LIPOIDS**

283

<table>
<thead>
<tr>
<th>Author</th>
<th>Stain</th>
<th>Globulin Correction Factors</th>
</tr>
</thead>
<tbody>
<tr>
<td>Esser et al. (1952)</td>
<td>Bromphenol blue</td>
<td>2.36</td>
</tr>
<tr>
<td>Köiw et al. (1952)</td>
<td>Bromphenol blue</td>
<td>2.80</td>
</tr>
<tr>
<td>Present results</td>
<td>Amidoblack</td>
<td>2.30</td>
</tr>
<tr>
<td></td>
<td>Azocarmine</td>
<td>1.98</td>
</tr>
</tbody>
</table>

**Method for Staining Lipoids on Filter Paper**

For the sake of comparison we place on one strip of Munktell paper No. 150/20 0.015 ml. of serum for protein staining (a), and on another strip 0.12 ml. for lipoid staining (b); both paper strips are run in the same apparatus to make sure of strictly comparable mobilities of protein fractions. After electrophoresis, strip (a) is stained by one of the methods described above. For the staining of strip (b) a solution of 40 mg. "ciba," blue and 40 mg. Sudan black in 120 ml. 96% alcohol is warmed to 65°C and poured slowly under slight agitation into 10 ml. of 4% sodium carbonate, which has similarly been warmed to 65°C. The filtrate of these solutions, while still warm, is used for staining. The paper strips remain in it for nine minutes, then they are placed in a bath of 40% alcohol and 5% glacial acetic acid. After an hour all the superfluous fat dyes have been removed and the paper strips are dried in air. Fig. 1 shows the results of such staining with a normal serum and a nephrotic serum. Below this there are the results of the same sera stained with a mixture of phenol-acetic acid-Sudan III as described by Jackson (cf. Glick, 1949). Both methods give comparable results, but if the stains are eluted in order to gain a curve, the "ciba" blue-Sudan black stain gives higher optical densities. The curves of the lipoid stains in Figs. 2 and 3 were obtained by this method. To achieve this the coloured paper strips are cut in small strips of 5 mm. breadth; each of these strips is eluted in 5 ml. of 96% alcohol and 5% glacial acetic acid. The elution is complete after two hours and the optical density of the solution can be read in the Beckman spectrophotometer at the wavelength of 595 mp. Each reading provides a point of the lipoid-

![Image](https://example.com/image.png)

---

**Fig. 1.—Samples of isolated serum protein fractions are stained on filter paper with azocarmine, amidoblack, and bromphenol blue. Below, the staining of serum lipoids in a normal and in a nephrotic serum is shown.**

azo-carmine (see Fig. 1) and leaves the background to the protein stains a pure white.

Cremer and Tiselius (1950) were the first who compared the quantitative results of the classical Tiselius method with those obtained by paper electrophoresis. They found that it was necessary to multiply the globulin values obtained by paper electrophoresis by a factor of 1.6 in order to make them comparable with the albumin values. These findings with bromphenol blue were later re-examined by Esser, Heinzler, Kazmeier, and Scholten (1952) and by Köiw, Wallenius, and Grönwall (1952). Their results (Table I) cannot be directly compared with our factors, because we base our findings on the uptake of stains by separated protein fractions.

It follows from these results that the uptake of azocarmine by the globulin fractions comes nearest to the uptake by albumin, which is set at 1. Therefore adequate reproducibility is best assured by using azocarmine.

Compared with the changes in serum protein composition during disease the changes in the lipoid composition are even more pronounced. In order to characterize them Swahn (1952), Wunderly and Pezold (1952), and Kunkel and Slater (1952) adopted almost simultaneously modern paper methods. The procedure which we describe here is intended for routine purposes and can be executed in any apparatus fit for paper electrophoresis.

---

**TABLE I**

<table>
<thead>
<tr>
<th>Author</th>
<th>Stain</th>
<th>Globulin Correction Factors</th>
</tr>
</thead>
<tbody>
<tr>
<td>Esser et al. (1952)</td>
<td>Bromphenol blue</td>
<td>2.36</td>
</tr>
<tr>
<td>Köiw et al. (1952)</td>
<td>Bromphenol blue</td>
<td>2.80</td>
</tr>
<tr>
<td>Present results</td>
<td>Amidoblack</td>
<td>2.30</td>
</tr>
<tr>
<td></td>
<td>Azocarmine</td>
<td>1.98</td>
</tr>
</tbody>
</table>
TABLE II

<table>
<thead>
<tr>
<th>Composition of Sera on Fig. 2</th>
<th>Total Protein (g% )</th>
<th>Serum Proteins</th>
<th>Cholesterol</th>
<th>Neutral Fats (mg% )</th>
<th>Phospholipids (mg% )</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Alb</td>
<td>$a_1$</td>
<td>$a_2$</td>
<td>$\beta$</td>
<td>$\gamma$</td>
</tr>
<tr>
<td>W.E. Lipoid nephrosis ......</td>
<td>2.95</td>
<td>14.6</td>
<td>1.9</td>
<td>65.5</td>
<td>14.6</td>
</tr>
<tr>
<td>M.R. ........................</td>
<td>3.00</td>
<td>10.9</td>
<td>3.9</td>
<td>67.0</td>
<td>11.2</td>
</tr>
<tr>
<td>A.O. $\gamma$-myeloma .......</td>
<td>7.72</td>
<td>48.9</td>
<td>5.6</td>
<td>8.8</td>
<td>11.2</td>
</tr>
</tbody>
</table>

**Fig. 2**

**Fig. 2.**—Diagrams of protein and lipoid composition of two nephrosis sera and a myeloma serum.

**Fig. 3.**—Diagrams of protein and lipoid composition of the serum and uroprotein of a patient with toxaemia of pregnancy, a patient with generalized osteoporosis, and the serum of a case of hepato-splenomegalic disease.

TABLE III

<table>
<thead>
<tr>
<th>Composition of Sera on Fig. 3</th>
<th>Total Protein (g% )</th>
<th>Serum Proteins</th>
<th>Cholesterol</th>
<th>Neutral Fats (mg% )</th>
<th>Phospholipids (mg% )</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Alb</td>
<td>$a_1$</td>
<td>$a_2$</td>
<td>$\beta$</td>
<td>$\gamma$</td>
</tr>
<tr>
<td>B.F. (Toxaemia/Serum of pregnancy)</td>
<td>5.5</td>
<td>38.0</td>
<td>7.6</td>
<td>24.8</td>
<td>13.1</td>
</tr>
<tr>
<td>Uroprotein .................</td>
<td>4.0</td>
<td>65.5</td>
<td>8.8</td>
<td>11.1</td>
<td>9.1</td>
</tr>
<tr>
<td>B.F. (Gen. osteoporosis/Bence-Jones)</td>
<td>6.8</td>
<td>66.7</td>
<td>7.7</td>
<td>9.4</td>
<td>11.4</td>
</tr>
<tr>
<td></td>
<td>2.4</td>
<td>4.2</td>
<td>2.2</td>
<td>56.3</td>
<td>37.3</td>
</tr>
</tbody>
</table>
STAINING OF PROTEINS AND LIPOIDS

curve (see grey areas in Figs. 2 and 3). The point of departure on the paper strip is marked with ←O or ↑; if a paper strip is marked with P it has been stained with bromphenol blue for proteins; and if it is marked with L it has been stained with “ciba” blue-Sudan black for lipoids. The diagrams in Figs. 2 and 3 are of sera selected for their marked alteration in lipid composition. The diagrams of both cases of lipoid-nephrosis shown in Fig. 2 have a similar protein composition, and should be compared with Table II, where their lipid composition is obviously different. The technique compares favourably with the time-consuming procedure for chemical lipid analysis, although the latter methods are necessary when a quantitative estimate of the different lipid components is required. Attempts at a differentiation of lipid components by staining were not successful, although Nile-blue sulphate (Roulet, 1948) was also tried.

In Fig. 3 (uppermost) a case of toxaemia of pregnancy (cf. Table III) with a prominent lipid-content of α₂ and β globulins is shown. In spite of this finding we were not able to stain any lipoids in the uroprotein of the same patient (Fig. 3, right upper corner) even when 20 mg. of uroprotein was applied to the paper strip. The same was true for Bence-Jones protein from a patient with osteoporosis (Fig. 3). The lowest diagram is characteristic for a highly turbid serum with a high content of neutral fat. This component is not moved by the electrical field, but remains on the spot where the serum has been applied. Evidently it would be wrong to describe it as a lipid-component of γ globulin, which in this instance is almost free of lipoid. In fact this serum was so turbid that the cadmium reaction was not visible. It appears that other lipid components, like phospholipids and fatty acids, migrate to the same places as α and β globulins.

Summary

By staining isolated serum protein fractions on filter paper with bromphenol blue, amidoblack, and azocarmine it has been proved that the last dye stains them most effectively. A simple method is described for staining the lipoids on filter paper after electrophoresis. Examples are given where the combined stain with “ciba” blue and Sudan black reveals different lipid composition.

REFERENCES

Grassmann, W., and Hannig, K. (1950). Naturwissenschaften, 37, 397, 496.
Springer, Vienna.
The Staining of Proteins and Lipoids After Electrophoresis on Filter Paper
W. Loeffler and C. Wunderly

doi: 10.1136/jcp.6.4.282

Updated information and services can be found at:
http://jcp.bmj.com/content/6/4/282.citation

**Email alerting service**

*These include:*

Receive free email alerts when new articles cite this article. Sign up in the box at the top right corner of the online article.

**Notes**

To request permissions go to:
http://group.bmj.com/group/rights-licensing/permissions

To order reprints go to:
http://journals.bmj.com/cgi/reprintform

To subscribe to BMJ go to:
http://group.bmj.com/subscribe/