The function of the central nervous system after haemorrhage

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In the first description of the characteristic symptoms following severe physical trauma, Ambroise Paré in 1575 mentioned that the features of this condition are: flaccid, atonic musculature, cold sweat, feeble, quick pulse, unresponsiveness, and general indifference. Defects in nervous function are evident from this description. In 1889, Crile (Crile and Lower, 1899) suggested from experimental results that the central nervous system played an important role in the development of shock. He thought that impulses originating from the injured areas inhibited the medullary vasomotor centres, thus reducing blood pressure and, if lasting long enough, resulting in a definite impairment of the circulation. Opinions in the literature disagree on the role of somatic and visceral nociceptive afferent impulses in the development of irreversible shock (Slome and O'Shaughnessy, 1938; Overman and Wang, 1947; Arshawskaya, 1950; Guthrie, 1957; Popov, 1959). Later, other theories gained dominance and the interest in the nervous changes in shock gradually disappeared. But the regulatory adjustments needed to preserve physiological homeostasis depend on the nervous system so that when a progressive deterioration in homeostatic adjustment develops in response to haemorrhage nervous function must be affected.

This report is concerned principally with investigations carried out in our Institute in Budapest, where one of the chief subjects of investigation has been the functional and metabolic changes in the central nervous system and the significance of altered regulatory processes in the development of haemorrhagic shock.

Biochemical Changes in Brain Tissue after Trauma to the Body

In our earlier investigations on rats in traumatic shock (Kováč, Bagdy, Balázs, Antoni, Gergely, Menyhárt, Irányi, and Kováč, 1952) it was found that the adenosine triphosphate (ATP) and creatine phosphate (CrP) concentrations decreased significantly only in the terminal stages. These findings were contrary to those of McShan, Potter, Goldman, Shipley, and Meyer (1945) but were confirmed by Stoner and Threlfall (1954). Like the last named authors, we have found that severe adynamia and impaired reflexes can be observed in shock while the energy-rich P content of the brain is still normal (Fonyó, Kováč, and Kováč, 1957; Kováč, Fonyó, and Kováč, 1959a). However, normal concentrations of ATP and CrP do not necessarily imply that the rate of oxidative phosphorylation is normal. The actual energy-rich P content depends on the equilibrium between synthesis and utilization. We could demonstrate that the rate of synthesis of energy-rich P in the brain was decreased despite normal concentrations. If the concentration of CrP was reduced by bitemporal electrical stimulation, its rate of resynthesis in the injured rats was very much slower than in normal rats (Kováč, Fonyó, and Kováč, 1958b). It was also found that the incorporation of 32P into the energy-rich P compounds was significantly lower in shock than under normal conditions (Kováč and Fonyó, 1965).

The acetylcholine content of the brain was found to increase considerably after trauma (Kováč, Fonyó, and Halmágyi, 1958a).
More recent investigations have shown that there is a significant increase in the potassium content of the brain after trauma (Kováč, Kellner, and Maklári, 1965a). This is of interest as we had previously found that an increase in the potassium concentration altered the P metabolism of the brain in vitro (Fonyó, Kováč, Maklári, Leszkovszky, and Meszáros, 1958).

**Perfusion of the Isolated Head**

Studying the metabolism of the brain in vivo in tourniquet and haemorrhagic shock, Kováč, Roheim, Irányi, Kiss, and Antal (1958d) observed the effect of perfusion of the isolated head. The circulation to the head of the dog was isolated from the trunk and the head was perfused with blood from donor dogs. Only the spinal cord and the vago-sympathetic trunk remained intact between the head and the body of the acceptor dog (Kováč, 1954). The purpose was to determine whether a normal supply of blood to the head would modify the course of shock. Tourniquet shock was induced by ligating both hind limbs at the inguinal level for five hours. Haemorrhagic shock was induced by a modified Wiggers method, i.e., maintaining the blood pressure at 55 mm Hg for 60 minutes, then at 35 mm Hg for another 60 minutes (Wiggers, 1950).

Perfusion of the isolated head lengthened the survival time in both tourniquet and haemorrhagic shock. The survival time was, in both cases, significantly longer. Intracarotid perfusion, without isolation of the head, with 50 ml blood/min during the hypovolaemic period also lengthened the survival time of animals in haemorrhagic shock, and in 50% of cases resulted in a complete survival despite the fact that an equal quantity of blood was continuously withdrawn from the jugular vein and femoral artery (Kováč et al, 1958d). Perfusion of the isolated head during the hypotensive period of haemorrhagic shock also completely restored renal function compared with the control shock animals which had anuria (Kováč, Roheim, Irányi, and Kováč, 1958e).

**Electrocorticogram (ECoG)**

Because of all the tissues in the mammalian body the nervous tissue is the least capable of withstanding lack of oxygen, and because it is known that hypoxia changes the electrical activity of the central nervous system (van Liere and Stickney, 1963), we also studied the effect of haemorrhagic and ischaemic shock on the spontaneous cerebro-cortical electrical activity (ECoG).

In the following experiments for inducing haemorrhagic shock a modified Lamson technique (Engelking and Willig, 1958) was used (Fig. 1). As a standard procedure, the dog, under chloralose anaesthesia, was kept on stabilized mean arterial blood pressure levels of 55 and 35 mm Hg respectively (BI and BII). Each period was maintained for 90 minutes. After the oligaeic period all the blood remaining in the bottle was reinfused. Blood coagulation was prevented with heparin (5 mg/kg). The arterial and right atrial pressures, the ECG in standard lead II, respiration, and the ECoG on four leads was recorded on an eight-channel Alvar Visiograph Supra. The cardiac output and the head, forelimb, the splanchic, and the pelvic-hind limb blood flow were measured by the thermodilution method as modified in our laboratory (Fronék and Ganz, 1960; Kováč and Mitsuński, 1964). Physiological saline at room temperature was injected into the aorta at three different
points: in the ascending aorta, at the level of the diaphragm, and below the renal arteries. The thermistor was inserted to the bifurcation of the aorta through a branch of the femoral artery. The dilution curves were calculated with the aid of a Fischer cardiac output computer (Fischer A.G., Göttingen). The respiratory rate was measured with a thermistor in the tracheal cannula. The haemoglobin content and haematocrit value (microhaematocrit) of arterial blood, and in some cases of venous blood, was measured every 15 minutes.

In both haemorrhagic and tourniquet shock, significant changes were found in the ECoG (Kováč and Fonyó, 1960). Activity was impaired at 55 mm Hg blood pressure and after a period of 30 min at 35 mm Hg activity ceased and only isoelectric readings were recorded. When the animals were reinfused the ECoG activity did not return although the blood pressure remained within the normal range for a considerable time. In some cases further blood transfusion was given without improvement in the ECoG. In dogs so bled that the BII period was not longer than 35 minutes (Fig. 1) the ECoG returned almost completely to normal 30-90 min after reinfusion.

Phenoxybenzamine, 5 mg/kg intravenously or 0.5 mg/kg intracarotid before bleeding, protected against the impairment of activity. The ECoG changes in different phases of shock after haemorrhage are summarized in Figure 2. The average wave amplitude analyses are expressed as percentages, the starting wave amplitudes being taken as 100%. The same pretreatment with phenoxybenzamine lengthened the survival time and increased the survival rate of dogs in haemorrhagic shock (Menyhért, Kováč, Kiss, Erdélyi, and Kováč, 1954; Kováč et al., 1958d). The recovery of the hypoxic ECoG changes depended largely on the available oxygen, the blood flow through the brain, and the duration of hypoxia. The loss of ECoG activity could be explained by the fact that during oligaemia the brain lactic acid increases and the extracellular potassium concentration rises to levels at which brain metabolism is depressed (Kováč and Fonyó, 1960).

Spontaneous Activity in the Hypothalamus

Subsequently we investigated the spontaneous bioelectrical activity in the hypothalamus and in the reticular formation in dogs anaesthetized with chloralose (Kováč, Fedina, Mitsányi, Naszlady, and Biró, 1962). The spontaneous electrical activity in these regions disappeared after bleeding at the same time and in the same way as the ECoG.

Cerebral Blood Flow

It has been shown that when the cortical blood flow increases, the mean frequencies in electrocortical activity also increase and vice versa (Lee, Tindall, Greenfield, and Odom, 1966; Baldy-Moulinier and Ingvvar, 1968). The question arises whether a decrease in cerebral blood flow followed by cerebral hypoxia could impair the cerebral bioelectrical activity. Jourdan, Collet, and Masbarnard (1950) studied the changes in the calibre of the cerebrocortical vessels through a window but did not find alterations after haemorrhage. Kováč, Roheim, Irányi, Cserháti, Gosztonyi, and Kováč (1959b) found that in ischaemic limb shock the mean blood flow through the head measured with a rotameter decreased 20-25% but this change alone could not be responsible for the severe cerebral hypoxia and neural impairment because this degree of restriction in the blood flow did not affect the ECoG when tested in separate experiments.

Total cerebral blood flow measurements cannot give information about changes in regional flow so that in our next experiments cerebrocortical and hypothalamic blood flow was measured. Two methods were used on dogs in
The function of the central nervous system after haemorrhage. One method was that described by Hensel and Ruef (1959) based on the measurement of the thermal conductivity of the tissues. Continuous recording was carried out with a direct writing two-channel device (Fluvograph, Hartmann and Braun, Frankfurt). The probes were made according to Betz et al (1961) and were inserted into the cortex or hypothalamus with a stereotactic apparatus.

Blood flow records were evaluated in terms of relative (percentage) thermal conductivity. The difference between the thermal conductivity ($\Delta \lambda$) at the beginning of the experiment and after death is referred to as 100% (Kováč, Mitsányi, and Stekiel, 1965b).

The $\text{H}_2$ washout method described by Aukland,

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**Fig. 3** Blood flow through various organs and tissues during and after haemorrhagic hypotension in dogs measured by the $\text{H}_2$ electrode method except in the case of adipose tissue where flow was measured by the method of Rosell (1966). The initial flow measured by the $\text{H}_2$ electrode is expressed as 100%. The interrupted lines show the changes in dogs pretreated with phenoxybenzamine (Dibenzline) 5 mg/kg i.v.
Bower, and Berliner (1964) was also adapted for the measurement of local blood flow. Two or three platinum electrodes, 0.5 mm in diameter, were introduced by a stereotactic apparatus into the cerebral cortex and hypothalamus (nucleus ventromedialis). The electrodes were insulated with InsI-X (InsI-X Products Corp. Yonkers, N.Y.) leaving 0.8 mm bare at the tip. The indifferent electrode of the circuit was a carbon electrode introduced under the skin of the leg via a polyethylene tubing KCl-agar bridge. A positive polarizing potential of 250 mV was supplied to the measuring electrodes. Hydrogen saturation of the tissues was attained by inhaling the gas. The exponential desaturation curves were recorded on a Kipp BD-3 micrograph and transferred to semi-logarithmic paper; the slope of the line thus obtained is proportional to blood flow which can be calculated in ml/min/g according to the method of Kety (1960).

In the bleeding period I the cerebral cortical blood flow remained unchanged when examined by both methods. In the BII period it fell to 70 to 80% of the original flow level. The blood flow changes were different in the hypothalamic region where the flow fell to 65% in the BI period and to 40% of the original value in the BII period (Fig. 3). In Fig. 3 we can compare these blood flow changes with those in other tissues. It is clear that the hypothalamus is not so well protected against a fall in blood pressure after haemorrhage as the cortex. It is interesting to note that there is no difference in cerebral and hypothalamic blood flow between the control and groups pretreated with phenoxybenzamine after haemorrhage (Kovách et al, 1965b). This finding is especially interesting, because as was shown earlier, such pretreatment protects against the ECoG changes in shock. H₂ desaturation measurements also showed a fall in blood flow like that described with the heat clearance method. These results would suggest that the hypothalamic blood flow autoregulation differs from that in other parts of the brain. The question arises whether or not we are dealing with a defensive or protective mechanism.

Cerebral Oxygen Tension

Because we could not find any difference in blood flow changes between the controls and groups pretreated with phenoxybenzamine after haemorrhage, the question arose as to whether there were differences in regional oxygen utilization in the brain. The O₂ tension in the hypothalamus was measured polarographically with platinum micro-electrodes (Beckman). We found a continuous and progressive decrease in pO₂ during the BI and BII periods to below 20% of the initial value (Fig. 4). After reinfusion, the hypothalamic pO₂ did not rise and remained at this low level despite a significant elevation in local blood flow. These results suggest that oxygen utilization is increased in the hypothalamus after bleeding (Kovách et al, 1965b). An elevated cerebral O₂ consumption after limb ischaemia was described in earlier papers (Kovách, Menyhárt, Erdélyi, Molnár, and Kovách, 1958c). In-vitro studies also showed that O₂ uptake by brain slices from rats in shock was significantly higher than by brain slices from normal rats (Kovách, Fonyó, Vittay, and Pogátsa, 1957).

In the group treated with phenoxybenzamine the pO₂ in the hypothalamus showed a smaller fall during the hypotensive period and returned to normal after reinfusion (Fig. 4).

Cerebral A-V Oxygen Difference

Figure 5 shows the arteriovenous O₂ differences in 16 control and 11 dogs treated with phenoxybenzamine in haemorrhagic shock. The sagittal vein was cannulated and blood samples were taken every 15-20 minutes. The arteriovenous O₂ difference rose very considerably after haemorrhage in the untreated dogs. The A-VO₂ difference remained high after reinfusion. Pretreatment with phenoxybenzamine had a definite effect, for in these animals the A-VO₂ difference did not change after haemorrhage.

From the present results we can conclude that the cerebral hypothalamic O₂ utilization increases considerably during haemorrhage so that the reduction in blood flow can result in severe local hypoxia. The increased total cerebral O₂ utilization is maintained after reinfusion while...
the blood flow is normal. Phenoxybenzamine prevented the increase in cerebral O\textsubscript{2} consumption, and, consequently, the pO\textsubscript{2} was less reduced during bleeding. After reinfusion, the hypothalamic pO\textsubscript{2} became normal in animals treated with phenoxybenzamine. This suggests that the protective effect of pretreatment with phenoxybenzamine may be related to a local metabolic effect.

What are the causes of the increase in cerebral uptake in shock?

The increase in O\textsubscript{2} uptake might be due to catecholamines inasmuch as King, Sokoloff, and Wechsler (1952) have shown that adrenaline increases O\textsubscript{2} consumption in human cerebral tissue in vivo. This possibility is underlined by the fact that pretreatment with phenoxybenzamine reduced the elevated O\textsubscript{2} consumption of the brain in shock in the present experiments. Other humoral factors may also play a part.

The significance of an increased flow of afferent nervous impulses has to be taken into consideration. Partial transection of the afferent pathways in the spinal cord (Swingle, Remington, Kleinberg, Drill, and Eversole, 1942), transection of the sinus or Hering nerve (Mylon and Winternitz, 1945), and vagal transection (Erdélyi and Kováč, 1961) all had a favourable effect on shock. On the basis of these results, it can be suggested that after haemorrhage or trauma both catecholamine secretion and nociceptor stimuli increase the metabolism of the central nervous system, which, together with the local tissue hypoxia, leads to functional impairment in the central regulatory functions. In this respect, the early impairment of hypothalamic function is especially important.

Cerebral Hypercapnia

It is known that characteristic changes in acid-base balance have been demonstrated in the course of haemorrhagic shock (Root, Allison, Cole, Holmes, Walcott, and Gregersen, 1947; Darby and Watts, 1964; Baubkus and Kirchheim, 1966).

Comparison of the pH, bicarbonate, and pCO\textsubscript{2} in carotid and sagittal venous blood suggests that the central nervous system must be involved in the disturbance of acid-base balance. It was striking to find that a significant increase in pCO\textsubscript{2} in the blood of the sagittal vein develops during bleeding while the bicarbonate level declines in the same manner as in arterial blood. This causes a substantial fall in pH, largely through the increase in pCO\textsubscript{2}. Acidity thus increases in the blood perfusing the brain. To examine the changes in the CO\textsubscript{2} content of the brain tissue in haemorrhagic shock we performed experiments on dogs anaesthetized with chloralose. Both controls and animals treated with phenoxybenzamine were used. Blood samples were taken from the carotid artery and from the sagittal vein before bleeding, at the end of the BII period, one hour after reinfusion, and in the terminal phase of shock. After each blood sampling 10 animals were decapitated by a single blow. The skull was opened immediately, the brain was immersed in paraffin and specimens were excised from the frontal and occipital cortex, thalamus, hypothalamus, pons, and medulla oblongata. The samples were pulverized in liquid nitrogen and their CO\textsubscript{2} content was estimated by the method of Anrep, Ayadi, and Talaat (1936).

The CO\textsubscript{2} content in cerebral tissue obtained from six different parts of the brain ranged between 15 and 20 mmol per kg wet weight before bleeding. At the end of the BII period, the figures had risen to 40 mmol in the hypothalamus and to 30-5 mmol in the frontal cortex, whereas the values found in the thalamus (20-4 mmol) and other regions were not significantly raised. Reinfusion was followed by a reduction of hypercapnia in the hypothalamus and the frontal cortex. With increasing severity of shock the CO\textsubscript{2} content of cerebral tissue increased significantly again. The values as percentages of the prebleeding values are presented in Fig. 6 (Maklári and Kováč, 1966 and 1968).

Brain CO\textsubscript{2} values in dogs pretreated with phenoxybenzamine before bleeding were higher than in the controls. Levels of over 20 mmol per kg wet weight were found in the frontal cortex...
(23.1 mmol) and in the hypothalamus (26.3 mmol). Unlike the untreated animals the CO₂ content of the cerebral tissue diminished but the reduction was not significant. No tissue hypercapnia was found after reinfusion either (Fig. 6).

From these results it may be inferred that haemorrhage affects the different parts of the central nervous system to different degrees. These results also suggest that the reduction in blood flow and the increase in O₂ requirements during the hypotensive phase leads not only to hypoxia, but also to metabolic changes in the hypothalamus and frontal cerebral cortex as reflected by tissue hypercapnia and increasing acidosis. None of the dogs pretreated with phenoxybenzamine presented any of the signs of the severe acidosis found in the untreated dogs during haemorrhage. The pCO₂ of the sagittal venous blood remained constant. This difference between the pretreated and the control animals is emphasized by the fact that as shown above the fall in blood flow during bleeding was the same in both groups. Infusion of buffer solutions has a similar effect (Fig. 7) to phenoxybenzamine, protecting the brain from hypercapnia in the BIT period (Maklari, Kovách, and Nyáry, 1970).

We thought that phenoxybenzamine could exert a direct influence on tissue metabolism, reducing the brain damage (Kovách, Menyhárt, Erdélyi, Molnár, Kiss, Kovách, and Bodolay-Varga, 1961). To investigate the possible metabolic role of pretreatment with phenoxybenzamine, we studied the effect of phenoxybenzamine on isolated rat liver and brain mitochondria (Kovách, Koltay, and Kovách, 1970). It was found that phenoxybenzamine in concentrations of 2.5 μg/ml medium and above reduced the metabolic activity of the rat liver mitochondria so that state IV and state III respiration and the dinitrophenol-activated respiration were reduced (Fig. 8). A dose response effect is demonstrated in Figure 9. These results indicate that phenoxybenzamine has metabolic actions in addition to those of a-receptor blockade which might be concerned in the effect of pretreatment with phenoxybenzamine on the effects of haemorrhage.

**Hypothalamic Stimulation**

That the cardiovascular mechanisms controlled by the hypothalamus are greatly affected by
haemorrhage is also shown by the following results. In 17 dogs in chloralose anaesthesia we studied the effect of stimulation of the hypothalamus and reticular formation during the course of haemorrhagic shock and after reinfusion. Stimulating electrodes were inserted either immediately or one week before the bleeding, using stereotactic apparatus. Before bleeding stimulation produced a marked cardiovascular effect (Fig. 10) which was abolished during bleeding and the stimulating voltage had to be increased to get a response in the BI period. The threshold level rose. In the BII period hypothalamic stimulation was without effect. In some cases reinfusion produced a short-lasting recovery but later the response to hypothalamic stimulation disappeared (Kováč et al., 1962). To be sure that peripheral disturbances were not responsible for these results we stimulated the medulla directly and obtained blood pressure responses (Fig. 11).

Evoked Responses in the Hypothalamus

Hypothalamic neural impairment could also be demonstrated by studying the evoked responses (Kováč, Dóra, and Nyáry, 1970). These experiments were carried out on dogs anaesthetized with chloralose. Electrodes were inserted with a stereotactic device into the fornix and the nucleus ventromedialis. The first electrode was used for stimulation, the second for recording the evoked response. In Fig. 12 we can see the control evoked response. After bleeding the animals to 55 mm Hg for 30 minutes the evoked response changed, the positive wave disappearing. Reinfusion of the shed blood did not fully restore the response. Bleeding the dog again to 55 mm Hg and holding the blood pressure at this level
Fig. 10  The effect of stimulation of the reticular formation of a dog under nembutal anaesthesia on the blood pressure before, during, and after haemorrhage. The figures below the tracings give the total cardiac output (ml/min) and the volumes going to the head and forelimbs, the splanchnic region, and the hindquarters (see text).

Fig. 11  The effect of stimulation of the medulla oblongata of a dog under chloralose anaesthesia on the blood pressure during and after haemorrhage. The figures below the tracings give the total cardiac output (ml/min), and the volumes going to the head and forelimbs, the splanchnic region, and the hindquarters (see text).
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Fig. 12 The effect of haemorrhage on the evoked response in the ventromedial nucleus of the hypothalamus following stimulation of the fornix in a dog under chloralose anaesthesia.

for 30 min led to complete disappearance of the evoked response. The electrocortical activity, as seen in the right lower record of Fig. 12, was still normal. These results would suggest that evoked responses in the hypothalamus are impaired before the spontaneous cortical activity, and that the hypothalamus is extremely sensitive to bleeding.

Conclusions

In summary, we can conclude that the central nervous functions are seriously affected in standardized haemorrhagic shock.

The impairment of the central nervous system is not equal in all regions. The hypothalamic and perhaps the frontal cortex are specially sensitive.

Blood flow autoregulation seems less well developed in the hypothalamus, which is perhaps more vulnerable than other regions.

Cerebral, cortical, and the hypothalamic O2 utilization is raised in shock. This, together with the fall in blood flow, increases the degree of local hypoxia. In addition to the loss of circulatory control shown in these experiments the hypothalamic impairment can involve other regulatory mechanisms such as those for temperature regulation and neurohormonal secretion. The results are of interest in relation to the changes in thermoregulation after trauma described by Dr Stoner in his paper (pp. 47-55).

The protective action of phenoxybenzamine in haemorrhagic shock may be due to the metabolic as well as the pharmacological effects of the drug.

References


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