Estimation of ferrioxamine and desferrioxamine in urine

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SYNOPSIS A method is described for the estimation of ferrioxamine and of desferrioxamine when either or both are present in urine.

Desferrioxamine is a trihydroxamic acid isolated from a strain of streptomyces (Bickel, von Gäumann, Keller-Schierlein, Prelog, Vischer, Wettstein, and Zähler, 1960), which belongs to the naturally occurring sideramines. It has highly specific chelating activity for trivalent iron, forming the ferric chelate, a red-brown compound, known as ferrioxamine.

of its excretion following injection of desferrioxamine is made by the direct estimation of iron in urine, a procedure which gives wide variations between laboratories (Keberle, 1963).

Korman (1960) suggested that sequestrene might be used to decolorize an iron chelate. A simple method, using such a reaction, is described here for the estimation of ferrioxamine and of desferrioxamine when either or both are present in urine.

Chelating activity has been observed *in vivo* following intramuscular or intravenous injection of desferrioxamine, and the soluble ferrioxamine is excreted in the urine. The highly specific affinity for iron has suggested the use of desferrioxamine to increase iron excretion in haemochromatosis, in other forms of siderosis, and to bind ionic iron in the treatment of acute iron poisoning (Wöhler, 1962; Bannerman, Callender, and Williams, 1962; Smith, 1962).

The current method of estimating desferrioxamine (Keberle, 1962) estimates the total of desferrioxamine plus ferrioxamine. No clinical method is described for ferrioxamine alone, and the assessment

STABILITY OF FERIOXAMINE WITH VARYING pH

Ferrioxamine is highly stable at pH 6 or more ($K = 10^{30}$). The test procedure described below involves two reactions which proceed rapidly only at low pH: 1 The decolorization of ferrioxamine with sodium sequestrene, and, 2, the conversion of desferrioxamine to ferrioxamine with ferric chloride. The stability of colour for ferrioxamine at low pH was therefore investigated.

FIG. 1. Dissociation of ferrioxamine at low pH. A, 20 mg. per 100 ml. ferrioxamine in citric acid-phosphate buffers; B, plus 8 mg. per 100 ml. desferrioxamine; C, plus 24 mg. per 100 ml. desferrioxamine.

A perceptible degree of dissociation and thus decolorization takes place below pH 6. This dissociation is prevented by the presence of excess desferrioxamine or by excess ferric chloride. Figure 1 shows the extinction at $430\text{ m}\mu$ of a solution of ferrioxamine in McIlvain's citric acid-phosphate buffers pH 3 to pH 8 with and without added desferrioxamine, showing the decolorization which takes place at low pH . In a solution of ferrioxamine alone, significant decolorization takes place between pH 3 and pH 6, whereas in the presence of 24 mg. per 100 ml. desferrioxamine, extinction is constant between pH 3 and pH 8. The measurement of ferrioxamine extinction in the test to be described is therefore made in the presence of excess desferrioxamine. The minimum concentration of desferrioxamine required to give consistent results under the conditions of ferrioxamine estimation was empirically determined as 15 mg. per 100 ml. In the case of desferrioxamine estimation, the reagent ferric chloride serves both to convert to ferrioxamine and to stabilize ferrioxamine during the changes of pH .

METHOD FOR FERRIOXAMINE IN URINE

PRINCIPLE The red-brown ferrioxamine is decolorized with excess sodium ethylenediamine tetracetic acid (Na_2 E.D.T.A.) which forms a colourless ferric salt. The reaction proceeds rapidly at pH 2-4 and more slowly at higher pH . A citric acid-phosphate buffer system is used to lower the pH during the reaction and to restore pH before colorimetry.

REAGENTS All solutions are made in ion-free water.

1 *Standard ferrioxamine hydrochloride (Ciba)* 50 mg. per 100 ml.

2 *Standard desferrioxamine methanesulphonate (Desferal, Ciba)* 40 mg. per 100 ml. (If desferrioxamine hydrochloride is being used, the same salt should be used to make the standard.) Both standard solutions should be accurately prepared from weighed samples.

3 *Reagent desferrioxamine* 0.5 g. per 100 ml.

4 *Citric acid, $\text{H}_3\text{C}_6\text{H}_5\text{O}_7\cdot\text{H}_2\text{O}$ (A.R.)* 10.5 g. per 100 ml.

5 *Disodium hydrogen phosphate ($\text{Na}_2\text{HPO}_4\cdot 2\text{H}_2\text{O}$)* 19.8 g. per 100 ml. This solution tends to supersaturate and precipitate at room temperature. It is redissolved by gentle heat and kept at 37°C . before use.

6 *Disodium ethylenediamine tetracetic acid* Solid (B.D.H. reagent).

CALIBRATION OF STANDARD FERRIOXAMINE HYDROCHLORIDE Set up seven chemically clean test tubes and add the following volumes of standard ferrioxamine: 0, 0.5, 1.0, 2.0, 3.0, 0.5, 3.0 ml. Make up to 5 ml. with ion-free water to give equal volumes of 0, 5, 10, 20, 30, 5, 30 mg. per 100 ml. ferrioxamine respectively. To each tube add 0.15 ml. reagent desferrioxamine (0.5%) and follow with 0.4 ml. citric acid.

To the last two tubes add about 1.5 g. solid sodium E.D.T.A., mix, and allow the tubes to stand for 10 minutes by which time decolorization should be complete. (It may be found more convenient to have the E.D.T.A. in the tubes before the other reagents are added.) Then to all tubes add 1.5 ml. disodium hydrogen phosphate, and, after mixing, tubes 6 and 7 are lightly centrifuged. Measure extinctions in a suitable spectrophotometer at $430\text{ m}\mu$ setting tube 6 to zero. Tube 7 should give zero reading; if not, an inadequate amount of E.D.T.A. has been used and decolorization is incomplete.

When extinction is plotted arithmetically against the concentration of ferrioxamine in the 5 ml. volumes tested, a straight line through the origin is obtained. The same graph is obtained when standard ferrioxamine dilutions are prepared in urine; 25 different urines have given the same result when tested in this way.

FERRIOXAMINE IN URINE Two chemically clean test tubes are required. Measure into each 5 ml. of test urine. Add 0.15 ml. reagent desferrioxamine (0.5%), mix, and follow with 0.4 ml. citric acid. To the second tube add 1.5 g. Na_2 E.D.T.A., stand for 10 minutes, then to both tubes add 1.5 ml. $\text{Na}_2\text{HPO}_4\cdot 2\text{H}_2\text{O}$ reagent. All specimens are centrifuged at 3,000 r.p.m. for 10 minutes or until the supernatants are water clear.

The spectrophotometer is set to zero with tube 2 and the extinction of tube 1 is read directly from the standard calibration curve as a concentration of ferrioxamine in the test urine. Should the ferrioxamine concentration be above the calibration range, the urine is suitably diluted with water and the test repeated.

METHOD FOR DESFERRIOXAMINE AND FERRIOXAMINE IN URINE

PRINCIPLE Ferrioxamine is estimated as described above. In a second aliquot the colourless desferrioxamine is converted to ferrioxamine with ferric chloride and a control obtained by decolorization with sequestrene. By difference the colour intensity due to desferrioxamine alone is obtained and read from a standard graph. Ferric chloride also reacts with small quantities of normal urinary constituents to give coloured products which are also decolorized by sequestrene salts at low pH . This minor reaction requires consideration in arranging a suitable blank.

REAGENTS In addition to the reagents given above:

7 *Ferric Chloride $\text{FeCl}_3\cdot 6\text{H}_2\text{O}$ (A.R.)* 1.5 g. per 100 ml. in ion-free water.

CALIBRATION OF DESFERRIOXAMINE STANDARD Into eight test tubes add aliquots of standard desferrioxamine methanesulphonate (2%) as follows: 0, 0.5, 1.0, 2.0, 3.0, 4.0, 0.5, 4.0 ml. and make up to 5 ml. with ion-free water to give equal volumes of 0, 4, 8, 16, 24, 32, 4, 32 mg. per 100 ml. respectively.

To each add 0.4 ml. citric acid reagent, followed by 0.15 ml. ferric chloride and allow colour to develop for

FIG. 2. FO = calibration graph for standard ferrioxamine hydrochloride; DFO = calibration graph for standard desferrioxamine methanesulphonate. The difference in slope agrees with that required by the molecular weights. The dotted line shows the graph obtained when desferrioxamine is made up in urine (see text on desferrioxamine blank).

10 minutes. Subsequent procedure is as for ferrioxamine calibration: to tubes 7 and 8 add 1.5 g. solid $\text{Na}_2\text{E.D.T.A.}$ and after decolorization, to all tubes add 1.5 ml. disodium hydrogen phosphate. Tubes 7 and 8 are lightly centrifuged. Extinction of each solution is read against tube 7 as zero. Again tube 8 acts as an indicator of complete decolorization. The graph of extinction against desferrioxamine concentration is a straight line through the origin (Fig. 2).

When standard desferrioxamine is made up in normal urine and the aliquots made up to 5 ml. with the same urine, the resulting curve is also a straight line which does not, however, pass through the origin, but is parallel with the graph produced in distilled water (Fig. 2). This displacement of the origin results from the minor reaction of ferric chloride with normal urinary constituents referred to above. A correction is therefore required when estimating desferrioxamine in urine, which is considered below.

DESFERIOXAMINE AND FERIOXAMINE IN URINE A pre-

test specimen of urine is obtained from the patient for use as a desferrioxamine blank. It is treated in the same way as the test urine for desferrioxamine estimation (Table, tubes 5 and 6). Tube 5 is read against tube 6 as zero and represents the reaction of normal urinary constituents. Its extinction is therefore subtracted from subsequent desferrioxamine values.

The test urines are collected in chemically clean containers. For each test urine, four tubes are set up. The procedure followed is summarized in the Table. All tubes are finally centrifuged at 3,000 r.p.m. for five to 10 minutes.

Read the extinction of tube 1 supernatant at 430 $\text{m}\mu$, setting tube 2 to zero, and convert to ferrioxamine concentration directly from the standard ferrioxamine graph, as described above. Read the extinction of tube 3 setting tube 4 to zero. The reading of tube 3 is corrected by subtraction of the desferrioxamine blank (tube 5). The corrected reading represents the combined value for desferrioxamine converted into ferrioxamine, plus the ferrioxamine originally present. From the corrected value, therefore, subtract the extinction of tube 1 to obtain the reading due to urinary desferrioxamine alone, from which its concentration in milligrams per 100 ml. is read from the standard desferrioxamine graph.

A SOURCE OF ERROR There is a small potential error in the method for desferrioxamine since the blank urine is not the same specimen as the test urine: the content of ferric-chloride-reacting substances (other than desferrioxamine) may be different in the two specimens. A comparison of morning and afternoon specimens obtained on the same day from each of 25 patients showed that the mean difference between extinction readings (read at 430 $\text{m}\mu$, 1 cm. cell) of the two specimens, when treated as described for the desferrioxamine blank, amounted to 0.011 with a standard deviation of 0.007, corresponding to a difference of approximately 0.2 ± 0.1 mg. per 100 ml. desferrioxamine. This is small compared with the errors inherent in the collection of urine specimens and may be disregarded.

A more serious source of error arises when the patient is excreting drugs which give coloured compounds with ferric chloride *e.g.*, salicylates, P.A.S., isoniazid, oxy-tetracycline, chlorpromazine, and the estimation cannot be done accurately in these circumstances. Urinary blanks which give extinction values greater than 0.07 (430 $\text{m}\mu$ 1 cm.) should be suspect. These potential sources

TABLE

Tube Number	Ferrioxamine Test		Desferrioxamine Test		Desferrioxamine Blank	
	1	2	3	4	5	6
Test urine (ml.)	5.0	5.0	5.0	5.0	—	—
Pre-test urine (ml.)	—	—	—	—	5.0	5.0
Reagent desferrioxamine (ml.)	0.15	0.15	—	—	—	—
Citric acid (ml.)	0.4	0.4	0.4	0.4	0.4	0.4
Ferric chloride (ml.)	—	—	0.15	0.15	0.15	0.15
			Stand 10 minutes			
$\text{Na}_2\text{E.D.T.A.}$ (g.)	—	1.5	—	1.5	—	1.5
			Stand 10 minutes			
Na_2HPO_4 (ml.)	1.5	1.5	1.5	1.5	1.5	1.5

of error apply only to desferrioxamine estimation. Ferrioxamine estimation is unaffected by the naturally occurring substances or drugs which react with ferric chloride.

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