SHORT REPORT

Peroperative frozen section analysis of TTF-1 antigen expression

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Background: The assessment of thyroid transcription factor 1 (TTF-1) expression is a useful way to investigate the origin of lung adenocarcinomas or large cell carcinomas when dealing with a solitary lung nodule in a patient with a history of extrathoracic cancer. However, if immunohistological analysis has not been performed before surgery, a peroperative frozen section may be insufficient to distinguish between a primary pulmonary tumour and a metastatic tumour.

Aims: To develop a technique for the rapid assessment of TTF-1 expression that could improve the ability of frozen section peroperative histological diagnosis to answer such questions.

Methods: A rapid immunohistochemical technique (lasting 30 minutes) to assess the expression of TTF-1 was developed and tested.

Results: Among the 45 interpretable cases, results of frozen section immunohistochemistry were similar to those found by the standard immunohistochemical technique for the expression of TTF-1.

Conclusions: This technique enables TTF-1 to be analysed peroperatively, but further prospective studies are needed to assess its usefulness in routine practice.

The lung is one of the most frequent sites of metastasis for extrathoracic tumours. Among tumours that can metastasise to the lung, some adenocarcinomas (such as colon and renal cell tumours) are of special interest because of the potential benefit of surgery in terms of a cure.^{1–3} Although the most common presentation is multiple nodules, solitary metastasis does occur. In this case, the distinction between solitary metastasis and primary lung cancer remains the major task, because it carries different therapeutic options (lobectomy for primary lung cancer, wedge resection for metastatic lesions). The differential diagnosis is based on clinical (smoking habit, stage, and clinical history of the previous tumour), radiographic, and histological features. In the case of adenocarcinomas or large cell carcinomas, the distinction can be difficult, even at classic histological examination. In such cases, positivity for thyroid transcription factor 1 (TTF1; a protein normally expressed in thyroid and lung parenchyma) is thought to indicate the primary lung origin of the tumour.^{4–6} Our report deals with the technical feasibility and preliminary results of assessment of TTF-1 on peroperative frozen sections.

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MATERIAL AND METHODS

Material

Fifty consecutive cases received in the laboratory for peroperative frozen section examination were analysed (table 1). Fresh tissue was slow frozen, cut into 4 µm thick sections in a cryostat, and routinely stained with May Grünwald Giemsa

Peroperative frozen section TTF-1 expression assessment

An adjacent section to the routine one was used for the peroperative frozen immunohistochemical technique. After drying (under a hand dryer), slides were briefly rehydrated and incubated with the primary antibody raised against the TTF-1 protein (TEBU; Novocastra, Newcastle upon Tyne, UK) at the usual dilution (1/100) for five minutes. A standard streptavidin–biotin–peroxidase complex (SABC) method was applied using a commercially available kit (ABCYS GMR4-61; Biospa, Milano, Italy), with a five minute incubation for both steps (second antibody and SABC). The staining was visualised using diaminobenzidine, and the slides were counterstained with Mayer's haematoxylin. Stained nuclei of normal lung tissue were used as internal positive controls. The technique took less than 30 minutes to perform.

Classic TTF-1 immunohistochemistry assessment

In all cases, TTF-1 expression was also assessed on 4 µm thick sections from formalin fixed and paraffin wax embedded material. The sections were pretreated in a microwave, incubated for two hours with the anti-TTF-1 antibody, and staining was visualised by the standard SABC method. Classic immunohistochemistry was interpreted without knowledge of the peroperative frozen section TTF-1 results.

RESULTS (TABLE 1)

The final pathological diagnoses were: primary lung carcinoma, 34 cases; lung metastasis, 11 cases; malignant mesothelioma, two cases; and non-neoplastic lesion, three cases. Five cases could not be interpreted because of either the absence of neoplastic cell proliferation (three) or non-valid negativity of the tumour cells in the absence of an internal positive control (two). One of this last group was a TTF-1 expressing lung adenocarcinoma. The second was a TTF-1 negative renal clear cell carcinoma metastasis.

Figures 1 and 2 show typical staining patterns for negative and positive specimens, respectively, stained using the preoperative frozen section method.

Among the remaining 45 cases, 23 were positive for TTF-1 on both techniques (peroperative frozen and classic paraffin

Abbreviations: SABC, streptavidin–biotin–peroxidase; TTF-1, thyroid transcription factor 1

Table 1 TTF-1 expression on peroperative frozen and paraffin wax embedded tissue

	Number	Peroperative TTF-1 positive	Paraffin wax embedded tissue TTF-1 positive
Primary lung cancer	34		
Adenocarcinoma	18	17*	18
Large cell carcinoma	4	2	2
Squamous cell carcinoma	8	0	0
Neuroendocrine tumour	4	3	3
Metastases	11		
Colonic	8	1	1
Kidney	2	0*	0
Breast	1	0	0
Malignant mesothelioma	2	0	0
No tumour	3	ND	ND
Total	50	23	24

ND, not done, TTF-1, thyroid transcription factor 1.

*Two cases were not interpreted using the peroperative technique because of the absence of an internal positive control.

wax embedded tissue). All of the positive cases except for one were primary lung carcinomas, namely: 17 of 17 adenocarcinomas, two of four large cell carcinomas, three of four neuroendocrine tumours (two large cell neuroendocrine carcinomas and one typical carcinoid tumour). In contrast, there was no expression of TTF-1 in the eight squamous cell carcinomas.

One metastatic colonic carcinoma was positive for TTF-1 on both the peroperative frozen and classic paraffin wax embedded slides. The diagnoses of pulmonary metastatic lesions were established on history and histological features of well differentiated gland forming adenocarcinoma with characteristic colonic crypts and a CK7-/CK20+ profile.

The intensity of staining for TTF-1 was similar in peroperative frozen and classic paraffin wax embedded tissues. In some cases, wide areas of necrosis were the cause of non-specific staining.

DISCUSSION

Our method of assessment of TTF-1 expression on peroperative frozen sections is rapid and sensitive. We found that this

Figure 1 Peroperative assessment of thyroid transcription factor 1 expression on frozen tissue. Metastatic colonic adenocarcinoma showing negative tumour cells with internal positive controls.

Figure 2 Peroperative assessment of thyroid transcription factor 1 (TTF-1) expression on frozen tissue. Primitive lung adenocarcinoma showing high expression of TTF-1.

Take home messages

- The results of immunohistochemistry for thyroid transcription factor 1 (TTF-1) expression were similar for peroperative frozen sections and standard paraffin wax embedded material
- This technique enables TTF-1 to be analysed, but further prospective studies are needed to assess its usefulness in routine practice

technique was more reliable on peroperative frozen sections than on previously frozen material (data not shown), because of better sensitivity and preservation of cell morphology. The reliability of the method was assessed by internal positive controls and comparison with the adjacent classically stained slide.

“Our method of assessment of thyroid transcription factor 1 expression on peroperative frozen sections is rapid and sensitive”

Peroperative TTF-1 staining must be interpreted taking into account other diagnostic elements (history, radiological aspect) and the histological subtype. TTF-1 is negative in most squamous cell carcinomas, but it is well known that the absence of TTF-1 expression does not exclude a primary lung origin of an adenocarcinoma or a large cell carcinoma. With respect to specificity, our data confirm the good (but not perfect) performance of TTF-1 expression, in agreement with other studies dealing with the classic method of detection.^{7,8} However, further studies need to be performed to answer the question of the usefulness of this technique in the frozen section diagnosis process, and whether such a technique would have an influence on the attitude of the surgeon intraoperatively, when dealing with the differential diagnosis between primary lung or metastatic tumours.

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