Value of plasma chloride concentration and acid-base status in the differential diagnosis of hyperparathyroidism from other causes of hypercalcaemia

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SYNOPSIS  A study is reported of the estimation of plasma chloride concentration and acid-base status in the differentiation of primary hyperparathyroidism from all other causes of hypercalcaemia. In the two groups of patients studied, all of whom had hypercalcaemia, there was complete separation between the two groups on the basis of plasma chloride concentration and acid-base status. In 16 patients with primary hyperparathyroidism the increase in plasma chloride concentration and associated metabolic acidosis could have been accounted for by the known renal tubular effects of parathyroid hormone. In 13 patients with hypercalcaemia due to various other causes the decrease in plasma chloride concentration and associated metabolic alkalosis could be accounted for either by the known effects of an excess of calcium-ion on the renal tubules, or perhaps by suppression of endogenous parathyroid hormone secretion. In patients with hypercalcaemia and hypophosphataemia of 'pseudohyperparathyroidism' associated with non-endocrine tumours it is postulated that the low plasma chloride concentrations and metabolic alkalosis found in these patients were due either to a differing biological activity of the parathyroid-hormone-like polypeptide secreted by the tumour cells, or possibly to simultaneous secretion by these cells of an ACTH-like polypeptide.

Confirmation of the diagnosis of primary hyperparathyroidism has been classically based on the finding of hypercalcaemia in association with a low plasma phosphorus concentration (Albright and Reifenstein, 1948). Hypophosphataemia, however, occurs in only approximately one half of all patients with primary hyperparathyroidism (Pyrah, Hodgkinson, and Anderson, 1966; Strott and Nugent, 1968), and also occurs in hypercalcaemic states other than primary hyperparathyroidism (Strott and Nugent, 1968). We previously reported that the plasma chloride concentration was significantly higher in patients with primary hyperparathyroidism when compared with patients with hypercalcaemia due to other causes, and that there was almost complete separation of the two groups on this basis (Wills and McGowan, 1963; Wills, 1964; Wills and McGowan, 1964a). These findings have since been confirmed by other workers (Heinemann, 1965; Pyrah et al, 1966; Lafferty, 1966; Heffernan and Carty, 1969). Howard and his colleagues had suggested that the plasma bicarbonate concentration tended to be normal, or low in patients with primary hyperparathyroidism, and was often high in patients with hypercalcaemia due to other causes (Thomas, Connor, and Morgan, 1958; Howard, 1962). Such changes were presumably the reciprocal of the changes in plasma chloride concentration. The aetiological mechanism for these findings was considered to represent a fundamental disturbance in the homeostatic acid-base control mechanisms of hypercalcaemic patients (Wills, 1964).

This paper reports a study of electrolyte and acid-base status in patients with hypercalcaemia, due to both primary hyperparathyroidism and various other causes, and the value of these variables in the differential diagnosis of the hypercalcaemia of primary hyperparathyroidism from that due to all other causes.

Subjects and Patients Studied

NORMAL SUBJECTS

Twelve normal subjects were studied: all were volunteers, and were either medical students or laboratory workers. All were healthy and had no evidence of a disturbance of calcium homeostasis.
The group, whose ages ranged from 21 to 36 years, comprised eight males and four females.

**HYPERPARATHYROID PATIENTS**

Sixteen patients with hypercalcaemia due to primary hyperparathyroidism were studied; in all of these the diagnosis was later proven by surgical exploration of the neck and histological examination of the adenoma.

**HYPERCALCAEMIC PATIENTS**

Thirteen patients with hypercalcaemia due to causes other than primary hyperparathyroidism were studied. The final diagnoses in these patients were carcinoma (5), vitamin D overdose (3), multiple myelomatosis (3), sarcoidosis (1), and Paget’s disease (1). In four of the patients with carcinoma the hypercalcaemia was associated with osteolytic bone metastases from a primary carcinoma in the breast. In the fifth patient the hypercalcaemia was associated with a squamous-cell carcinoma of the bronchus, and in this patient there were no bone metastases seen on extensive radiographic survey. This patient may be classified as a case of ‘pseudo-hyperparathyroidism’ due to the secretion of a parathyroid-like polypeptide by a non-endocrine tumour.

**Methods**

All estimations were performed on ‘arterialized-venous’ blood specimens which were collected by the author. The samples were drawn from the back of the hand, after immersion in water (approximately 50°C) for a minimum time of five minutes. The samples were collected anaerobically, without stasis, into a plastic syringe, the dead space of which was filled with heparin (Evans heparin 1,000 units per ml).

\[ \text{pH} \] measurements were made on whole blood at 37°C with a capillary glass electrode (E.I.L.\(^1\) model SHH 33).

\[ \text{PCO}_2 \] measurements were made on whole blood using a Severinghaus \[ \text{PCO}_2 \] electrode (E.I.L.\(^1\) model 9987 100).

Plasma bicarbonate concentrations were measured on a Natelson micro-gasometer (Natelson, 1951).

Plasma calcium concentration (total) was measured in a few of the earlier patients by the method of Wills and Gray (1964) and in the majority of the patients and all the normal subjects by the method of Lewin, Wills, and Baron (1969).

Plasma phosphorus concentration was estimated by the method of Fiske and Subbarow (1925).

Total plasma proteins were estimated by the biuret method of Wolfson, Cohn, Calvary, and Ichiba (1948).

\(^1\)Electronic Instruments Ltd, Richmond, Surrey

Blood urea concentrations were measured by a diacetyl monoxime method on the AutoAnalyzer (method file N-1C).

Plasma sodium and potassium concentrations were estimated by flame photometry (EEL\(^2\) clinical flame photometer model 150).

Plasma chloride concentrations were measured colorimetrically with an EEL\(^3\) chloride meter.

**Results**

The full results obtained in the patients with hypercalcaemia due to primary hyperparathyroidism and in those with hypercalcaemia due to various other causes are given in Tables I and II respectively. The tables also show the values of the mean ± SD for the normal subjects, their comparison with the patients by Student’s t index, and the significance (p) of the t values. In both groups of patients the mean blood urea concentrations were higher than in the normal subjects; in view of the skew nature of the distribution of the values they have not been compared statistically. A comparison by Student’s t index of the two patient groups is shown in Table III, together with the significance (p) of the t values.

In neither of the groups of patients was there a significant difference for the plasma phosphorus concentrations when compared with the normal subjects. In the patients with primary hyperparathyroidism the mean (± SD) plasma phosphorus concentration was 2.81 (± 0.78) mg per 100 ml, which differed significantly from the mean (± SD) of 3.54 (± 0.98) mg per 100 ml for the patients with hypercalcaemia due to various other causes. The individual results for plasma phosphorus concentration in these two groups are shown plotted against plasma calcium concentration in Figure 1. Figure 1 shows that although the mean values for the two groups differed significantly there was no clear-cut difference for the individual values between the two groups on the basis of plasma phosphorus concentration. The failure to demonstrate hypophosphataemia in all of the patients with primary hyperparathyroidism was probably, in part, due to renal damage, as in this group the mean blood urea concentration was higher than in the group of normal subjects. There was also a difference between the two groups of patients for the mean blood urea concentration with a higher value in the group of patients with hypercalcaemia when compared with the patients with primary hyperparathyroidism.

There was a significant difference in the plasma chloride concentration between the two groups of patients, and between both of the groups of patients when compared individually with the normal subjects.

\(^2\)Evans Electroselenium Ltd, Halstead, Surrey

\(^3\)Evans Electroselenium Ltd, Halstead, Surrey
Value of plasma chloride concentration and acid-base status

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<thead>
<tr>
<th>Cases with Primary Hyperparathyroidism</th>
<th>Plasma (mg/100 ml)</th>
<th>Blood Urea (mg/100 ml)</th>
<th>Plasma Total Protein (g/100 ml)</th>
<th>Plasma (m-equiv/l)</th>
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<td>± 0-78</td>
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<td>± 0-77</td>
<td>± 5-6</td>
<td>± 0-60</td>
<td>± 2-46</td>
<td>± 4-46</td>
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Normal Subjects

Mean   | ± SD | ± p

Mean   | 9-25 | ± 0-52 | 5-3 | ± 0-26 | 2-5 | ± 0-37 | ± 3-0 | ± 1-01 | ± 1-99 < 0-010 | ± 0-010 | ± 0-010 | ± 0-010 |

Table I Results in 16 patients with primary hyperparathyroidism and mean ± SD values for 12 normal subjects

In the patients with primary hyperparathyroidism the mean (± SD) plasma chloride concentration of 106.9 (± 5.4) m-equiv per litre was significantly higher than the mean (± SD) of 99.6 (± 3.0) m-equiv per litre found in the patients with hypercalcemia due to various other causes. The individual results for plasma chloride concentration in these two groups show an almost clear-cut separation between them at a concentration of 102 m-equiv per litre. Among the 16 patients with primary hyperparathyroidism there were two patients with values below that concentration, and none of the values in the 13 patients with hypercalcemia due to various other causes were above that concentration.
The difference in the mean plasma chloride concentration between the two groups of patients was 13.2 m-equiv per litre (Table III), and was in the main part accounted for by the significant difference in the plasma bicarbonate concentration of 6.41 m-equiv per litre. The remaining "gap" was accounted for, in part, by the differences in mean sodium (3.3 m-equiv per litre), potassium (0.34 m-equiv per litre), phosphorus (0.03 mg per 100 ml), and protein concentration (0.37 g per 100 ml), although these differences, with the exception of that for phosphorus, between the two groups were not significant. The absence of a greater increase in the plasma bicarbonate concentrations in the non-hyperparathyroid patients was presumably due to the accumulation of 'organic acid' metabolites, due to renal insufficiency, which was reflected in the higher blood urea concentrations in this group when compared with both the normal subjects and the patients with primary hyperparathyroidism.

The changes in plasma chloride concentration were predominantly represented by a difference in acid-base status between the two groups of patients, and also on comparison with the normal subjects. In the patients with primary hyperparathyroidism the values for both blood pH, PCO2, and bicarbonate concentrations were significantly lower (Table III) than those found in the patients with hypercalcaemia due to other causes. The individual results for blood pH, PCO2, and plasma bicarbonate concentration for the two groups of patients are shown plotted in Figure 2. It can be seen from Fig. 2 that there was a clear-cut difference between the two groups on a basis of blood pH, with an overlap between the two groups in respect of the PCO2 values, and less marked overlap for the plasma bicarbonate concentrations.

**Discussion**

In the patients reported here, all of whom had hypercalcaemia, there was complete separation between those with hypercalcaemia due to primary hyperparathyroidism and those with hypercalcaemia due to all other causes on the basis of plasma chloride concentration and acid-base status. The changes in plasma chloride concentration are in accordance...
Value of plasma chloride concentration and acid-base status

with our previously reported studies (Wills and McGowan, 1963; Wills, 1964; Wills and McGowan, 1964a). The changes in plasma chloride concentrations were associated with a metabolic alkalosis in the patients with hypercalcaemia due to causes other than primary hyperparathyroidism and a metabolic acidosis in the latter group, which confirms our preliminary report (Wills and McGowan, 1964b), although of the patients with primary hyperparathyroidism six of them had blood pH values within the lower half of the range obtained in the normal subjects.

In order to account for changes in acid-base status and plasma chloride concentrations, which ranged in the latter case from normal to high values in the hyperparathyroid group and from normal to low values in the other group, it is necessary to invoke at least two separate factors, one causing a rise and the other causing a fall in plasma chloride concentration. There are several factors which cause changes in plasma chloride concentration with a reciprocal change in bicarbonate concentration and acid-base status, and the case histories of all the patients were examined for the presence of these factors.

**Fig. 2** Values for blood pH, PCO₂, and plasma bicarbonate concentrations for 16 patients with primary hyperparathyroidism (▲) and 13 with hypercalcaemia (●) due to other causes. Also shown is the normal range (mean ± 2 SD) determined from results in 12 normal subjects.

**FACTORS CAUSING AN INCREASE IN PLASMA CHLORIDE CONCENTRATION**

**Chloride administration**
Chlorides were not prescribed for any patient. No information was available about dietary salt intake, and no measurements were made of urinary chloride excretion.

**Respiratory alkalosis**
Respiratory alkalosis is associated with a fall of plasma PCO₂, a compensatory fall of plasma bicarbonate with a reciprocal rise of plasma chloride concentration. The acid-base findings exclude this as an aetiological factor.

**Renal tubular acidosis**
This is associated with a relative inability to secrete an acid urine so that an acidosis develops with a fall in plasma bicarbonate and a reciprocal rise in plasma chloride.

**FACTORS CAUSING A REDUCTION IN PLASMA CHLORIDE CONCENTRATION**

**Vomiting**
Vomiting was not reported in any of the patients with primary hyperparathyroidism, and in only three of the other hypercalcaemic patients (cases F, I, and L). In only one of these (case F) was it severe and probably accounted, in part, for the low plasma chloride concentration (84 m-equiv per litre) found in this patient.

**Alkali administration**
None of the patients in either group was either being given alkalis or was noted as having taken 'antacids'.

**Potassium depletion.**
The difference in the mean potassium concentration was small and in no way could account for the difference between the two groups.

**Bone rarefaction**
Bone salts are relatively alkaline and release of bone salts may be a factor in causing low chloride values.

**Renal tubular alkalosis**
There is evidence that hypercalcaemia causes the excretion of a relatively more acid urine and such an action, if continued for some time, could be expected to cause a metabolic alkalosis.

**Respiratory acidosis**
This is associated with a rise of PCO₂, a compensatory fall of plasma bicarbonate with a reciprocal rise in chloride concentration. There was no clinical
evidence to suggest that this factor was operative in either group, which is also excluded by the acid-base findings.

From a consideration of these factors it would appear that the changes in plasma chloride concentration and acid-base status are due either to some alteration at the renal tubular level or are possibly related to the liberation of bone salt. Heinemann (1965) postulated that the metabolic bone alkalosis found in patients with hypercalcaemia due to neoplastic disease, was due to the increased liberation of phosphate base from bone. In the hyperparathyroid patients with bone disease bone salts would presumably also be released, and the higher plasma chloride concentrations in this group may simply be due to the opposing action of a renal tubular acidosis. It is also possible that in these patients the rate of bone resorption is relatively slower than that in the patients with hypercalcaemia due to other causes. If release of bone salts was a major factor in the aetiology of the chloride and acid-base changes, a difference would be expected between the patients with bone disease in primary hyperparathyroidism when compared with those with renal stones. A comparison of the mean values for pH, PCO₂, bicarbonate, and chloride concentration between these two types of primary hyperparathyroidism is shown in Table IV; there was no significant difference between any of these variables in the patients studied. It would seem doubtful, therefore, that liberation of bone salt is of importance as an aetiological mechanism for these observations.

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<td>Chloride (m-equiv/l)</td>
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<td>106-9</td>
<td>&gt;0.9</td>
</tr>
</tbody>
</table>

Table IV Mean values in patients with primary hyperparathyroidism classified according to clinical presentation

1Comparison of the two groups by Student's t index and significance (P) of the t values

The most likely explanation is therefore that the findings in the patients with primary hyperparathyroidism are due to an action of the parathyroid hormone on the renal tubular cells producing a hyperchloreaemic acidosis. This explanation is supported by experimental work showing that the injection of parathyroid extract, or of purified parathyroid hormone, causes the urine to become more alkaline (Nordin, 1960; Hellman, Au, and Bartter, 1965). Hellman et al (1965) studied the effects of the intravenous administration of parathyroid extract and of a purified parathyroid hormone on urinary acidification and on solute excretion in normal human subjects and thyro-parathyroidectomized dogs. In all their subjects there was an immediate rise in urinary pH and bicarbonate excretion with a fall in titrable-acid-minus-bicarbonate and ammonia following the intravenous injection, and this was usually associated with a rise in the urinary excretion of sodium and potassium. They considered that parathyroid hormone probably inhibited sodium for hydrogen-ion exchange in the renal tubules, perhaps by directly interfering with the ability of the kidney to maintain a hydrogen-ion gradient between the body fluids and the tubular urine. This tubular effect of parathyroid hormone on the hydrogen-ion gradient presumably accounts for the metabolic acidosis in the patients reported here.

The most likely explanation for the low plasma chloride concentration and alteration in acid-base status in the patients with hypercalcaemia due to causes other than primary hyperparathyroidism is renal tubular alkalosis. It has been shown that the acute intravenous infusion of calcium, either as chloride or gluconate, causes an increase in urinary hydrogen-ion excretion in both animals (Verbanck, 1965) and in man (Richet, Ardaillou, Amiel, and Lecestre, 1962 and 1963). Richet and his colleagues (1963) reported that following a single intravenous injection of calcium salt, either as chloride or gluconate, in 16 adults the mean urinary pH fell from 6.75 to 5.11; this change was rapid in onset and continued for more than four hours after the injection. They postulated that this effect was due to an activation of renal tubular carbonic anhydrase activity by calcium (Ardaillou, Amiel, Lecestre, and Richet, 1963). Such a factor, operating over a long period, could possibly cause a metabolic alkalosis of renal tubular origin. It is of considerable interest that in patients with hypocalcaemia due to hypoparathyroidism it has recently been reported that there is a metabolic alkalosis (Barzel, 1969) which was attributed to the absence of parathyroid hormone. Barzel proposed that in the absence of parathyroid hormone there might be a failure in either the tubular reabsorption of hydrogen ions and/or citric acid formation. These two factors either individually or in combination resulting in a reduction of extracellular hydrogen-ion concentration. Such a hypothesis could also be postulated as playing a role in the aetiology of the metabolic alkalosis found in the patients with hypercalcaemia due to causes other than hyperparathyroidism in whom, presumably, endogenous parathyroid hormone secretion would be suppressed.
It is a possibility that calcitonin, which has an opposite action to parathyroid hormone on bone, may also have an opposite effect on the renal tubules and play a role in the production of the renal tubular alkalosis. On the kidney, however, calcitonin has a phosphaturic action similar to that of parathyroid hormone but does not affect the renal excretion of hydrogen ions in a reproducible manner (Ardaillou, Vuagnat, Milhaud, and Richet, 1967; Singer, Woodhouse, Parkinson, and Joplin, 1969; Cochrane, Peacock, Sachs, and Nordin, 1970). Calcitonin would not appear therefore to play a role in the aetiology of metabolic alkalosis in the patients with hypercalcaemia due to causes other than primary hyperparathyroidism.

The biochemical combination of hypercalcaemia and hypophosphataemia may occur in patients with non-endocrine-tissue hormone-secreting tumours, and this has been termed 'pseudo-hyperparathyroidism' (Fry, 1962; Snedecor and Baker, 1964; Lafferty, 1966). Although immunologically similar to the naturally occurring hormone the parathyroid-like-polypeptide secreted by malignant tumours would appear to have some differing biological properties, as in these cases the hypercalcaemia is associated with a metabolic alkalosis. One of the patients reported here (case A) was classified as a case of 'pseudo-hyperparathyroidism'. The hypercalcaemia was associated with a low plasma chloride concentration and metabolic alkalosis (see Table II). All of these biochemical abnormalities returned to normal values after radiotherapy and regression in tumour size. Reports in the literature with full simultaneous details of electrolyte and acid-base status in patients with hypercalcaemia of 'pseudo-hyperparathyroidism', associated with non-endocrine tumours are relatively few, and those that have been reported are detailed in Table V. From an inspection of Table V it can be seen that in only two of the 19 cases reported did the plasma chloride concentration exceed a value

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**Table V** Details of patients with 'pseudo-hyperparathyroidism' from the literature

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<td>2.5</td>
</tr>
<tr>
<td>Turkington, Goldman, Ruffner, and Dobson (1966)</td>
<td>Squamous-cell Ca, bronchus</td>
<td>15.1</td>
<td>3.2</td>
</tr>
<tr>
<td>Strickland, Bold, and Medd (1967)</td>
<td>Anaplastic Ca, bronchus</td>
<td>16.4</td>
<td>—</td>
</tr>
<tr>
<td>Cabau, Dubost, and Leprat (1968)</td>
<td>Retropitoneal fibrosarcoma</td>
<td>10.7</td>
<td>5.2</td>
</tr>
<tr>
<td>Ross and Shelley (1968)</td>
<td>Mesonephric Ca, ovary</td>
<td>15.3</td>
<td>1.2</td>
</tr>
<tr>
<td>Dean, Lambe, and Shivas (1969)</td>
<td>Squamous-cell Ca, kidney</td>
<td>13.4</td>
<td>—</td>
</tr>
<tr>
<td>Menguy (1969)</td>
<td>Melanosarcoma</td>
<td>14.6</td>
<td>'Low'</td>
</tr>
</tbody>
</table>

1Cases in which a parathyroid-like-polypeptide was identified in either the primary tumour or a metastasis.
2Estimation not mentioned in case report.
of 102 m-equiv per litre (values of 103 m-equiv per litre in both cases). In one of these two cases (that of Goldberg, Tashjian, Order, and Dammin, 1964) there was a proven metabolic alkalosis (arterial blood pH 7.47, PCO₂ 36.5 mmHg and plasma bicarbonate concentration of 26.8 m-equiv per litre). In two of the other reported cases the metabolic alkalosis was proven by blood pH values. In the case reported by O’Grady, Morse, and Lee (1965) the arterial blood pH was 7.54, and bicarbonate concentration 38 m-equiv per litre on the third day in hospital, the values shown in Table V being the values on admission. In all of the other cases detailed in Table V the findings were consistent with a metabolic alkalosis as shown by a low plasma chloride and increased bicarbonate concentration, the latter in many of the cases despite an increased blood urea concentration. In their recent study of eight patients with bronchial carcinoma and hypercalcemia, none of whom had bone metastases, Azzopardi and Whittaker (1969) reported that in six of them the hypercalcemia was associated with a hypocalcaemic alkalosis, as reflected by low plasma potassium and high bicarbonate concentrations. No values were reported for the concentration of other plasma electrolytes or blood pH or PCO₂ status in their study. From the findings in the patient reported here and those from the literature it could be postulated that the parathyroid-hormone-like substance identified in malignant tumours either differs in its biochemical activity from the naturally occurring hormone or is associated with other polypeptide hormone production which allows the hypercalcemia it causes to be differentiated from that due to primary hyperparathyroidism. Metabolic alkalosis is an established biochemical feature of Cushing’s syndrome and the excessive endogenous secretion of cortisol, and, in patients with this syndrome associated with carcinoma of the bronchus, this has been attributed to the secretion by the tumour cells of a polypeptide with an ACTH-like activity. However, in these patients the primary neoplasm is most commonly an oat-cell carcinoma of the bronchus (O’Riordan, Blanshard, Motham, and Nabarro, 1966), while parathyroid-hormone-like polypeptide activity is usually associated with tumours of squamous cell origin (Table V). Verification of the hypothesis that the tumour cells in patients with “pseudo-hyperparathyroidism” secrete two substances would require assay of tumour extracts from these patients for polypeptides with both parathyroid-hormone-like and ACTH-like activity.

The differential diagnosis of hypercalcemia is based essentially on biochemical criteria as the symptoms of hypercalcemia are the same irrespective of the aetiological mechanism. Of the wide variety of tests that are available for differentiating the hypercalcemia of primary hyperparathyroidism from that due to all other causes (Wills, 1970) the only one that we have found of value is the cortisone suppression test (Dent, 1956; Dent and Watson, 1968). Even this test is, however, not completely reliable as both suppression of the hypercalcemia of primary hyperparathyroidism and non-suppression of that due to other causes has been reported (Dent, 1962; Pyrah et al., 1966; Avioli, 1968; Strott and Nugent, 1968; Garcia and Yendt, 1968). The changes in plasma chloride concentration and acid-base status in patients with hypercalcemia appear to offer a valuable index in the differentiation of the patients with hypercalcemia due to primary hyperparathyroidism from those with hypercalcemia due to all other causes.

References
Value of plasma chloride concentration and acid-base status


