Agar culture and chromosome analysis of eosinophilic leukaemia

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SYNOPSIS The blood and bone marrow of a 75-year-old woman with eosinophilia were studied in an attempt to characterize further the entity eosinophilic leukaemia (EL). Haemopoietic cell culture in agar gave patterns of colony size and number and cell morphology indistinguishable from those seen in classical chronic granulocytic leukaemia (CGL). Analysis of myeloid cells showed an extra C group chromosome that proved on Giemsa banding to be number 10. These results suggest that some cases of EL represent a chronic myeloproliferative disease that resembles classical CGL but can be distinguished from it by chromosomal analysis.

When all recognized causes for peripheral blood eosinophilia have been excluded, there remains a small group of patients whose disease appears to be idiopathic. In view of the frequent involvement of heart and lungs, organs not primarily involved in acute or chronic leukaemia, some writers have proposed that this group of patients should be regarded as having a non-neoplastic 'hypereosinophilic syndrome' (Hardy and Anderson, 1968; Chusid *et al*, 1975). The more popular view is that some at least of these cases are examples of eosinophilic leukaemia (EL), and the controversy has been well reviewed by Benvenisti and Ultmann (1969) and more recently by Zucker-Franklin (1974).

We report here the results of haemopoietic cell culture and chromosome analysis in a 75-year-old woman with hepatosplenomegaly and a greatly raised peripheral blood eosinophil count. Immature cells of the granulocyte series were present in the peripheral blood and bone marrow. Blood and bone marrow culture in agar gave a pattern characteristic of chronic granulocytic leukaemia (CGL) but chromosome analysis showed the presence of an extra C group chromosome confined to cells of the myeloid series. We believe that the techniques of haemopoietic cell culture in agar and karyotypic

analysis are the most useful approaches to the differentiation of EL from other non-neoplastic conditions and from other types of leukaemia.

Case report

A 75-year-old woman was first seen at the Hammersmith Hospital in January 1975. She had suffered from maturity-onset diabetes mellitus for 10 years for which she was taking chlorpropamide and phenformin. Over the previous two weeks she had noticed increasing dyspnoea on exertion and chest pain not clearly related to effort. There was no history of allergy or parasitic disease. Physical examination revealed a pale obese woman in mild congestive cardiac failure. The pulse was 96/min and blood pressure 120/80 mmHg. The jugular venous pressure was raised 5 cm. A third heart sound was audible at the left sternal edge. There were basal crepitations in both lung fields. The liver and spleen were enlarged to 4 and 10 cm below the respective costal margins. On investigation the haemoglobin was 10.7 g/dl, white cells $80.0 \times 10^9/l$ and platelets $117.0 \times 10^9/l$. The differential count showed blasts 2%, promyelocytes 1%, myelocytes 6%, neutrophils 20%, eosinophils 43% ($34.0 \times 10^9/l$), basophils 6%, monocytes 12%, and lymphocytes 3%. The mature eosinophils showed hypersegmentation, cytoplasmic vacuolation, and occasional basophil granules. The neutrophil alkaline phosphatase score was 5 (normal 40 to 100). The bone marrow showed few fragments with

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36% mature eosinophils and 4.5% blast cells. Urinalysis and stool examination were negative. The blood sugar was 100 mg/100 ml. Urea, electrolytes, and other serum chemistry were normal. The electrocardiogram showed normal sinus rhythm with low voltage. The chest radiograph showed moderate enlargement of the heart.

The patient was treated with digoxin and diuretics. Three units of blood were transfused. Her symptoms improved rapidly. She was given busulphan, 50 mg by mouth in a single dose, and discharged from hospital. A moderate reduction in total leucocyte and eosinophil counts was observed but there was no change in the size of the spleen or liver. She was given a further single dose of busulphan, 50 mg, eight weeks later. Thereafter the total leucocyte, eosinophil, and blast cell counts began to rise rapidly. There was a transient haematological response to 6-thioguanine, 200 mg daily, for 13 days but by 18 June the total leucocyte count was $300.0 \times 10^9/l$ with blasts 3%, neutrophils 3%, and eosinophils 80%. She died the following day. No necropsy was performed.

Methods

CULTURE OF PERIPHERAL BLOOD AND BONE MARROW *in vitro*

Peripheral blood leucocytes and bone marrow nucleated cells were cultured *in vitro* by the two-layer agar technique and in liquid culture. Both techniques have been described in detail elsewhere (Pike and Robinson, 1970; Goldman *et al*, 1974; Golde and Cline, 1973; Golde *et al*, 1974). For agar culture the patient's peripheral blood and bone marrow cells were plated in 0.3% agar with McCoy's 5A medium and fetal calf serum at concentrations of 2, 4, and $8 \times 10^4/ml$ over feeder layers consisting of 1×10^6 normal human peripheral blood leucocytes in 0.5% agar with McCoy's and fetal calf serum. Cultures were incubated in a humidified atmosphere of 7.5% CO₂ and colonies were counted after 10-12 days. Colonies contained more than 50 cells and numbers were standardized and expressed per 1×10^6 nucleated cells. The cellular composition of the colonies was examined at intervals after plating in May-Grünwald-Giemsa stained films. The capacity of the patient's blood to produce CSF was assayed separately by plating 1×10^6 peripheral blood leucocytes as feeder layer under normal human bone marrow cells. In the liquid culture experiments the total viable cell count was assessed by trypan blue dye exclusion, and the cytological composition of the culture was examined in stained preparations at intervals after establishment. Liquid cultures were routinely harvested after 21 days.

CHROMOSOME ANALYSIS

Bone marrow cells were processed by a direct method. After hypotonic treatment in 0.075 M KCl, the material was fixed in methanol and acetic acid (3:1). Peripheral blood cultures were set up in the usual way (Lawler, 1971) using a buffy coat suspension. The cells were maintained for 24, 72, and 120 hours before harvesting.

Giemsa banding patterns of the chromosomes were obtained using the 'ASG' technique (Sumner *et al*, 1971) slightly modified for use with myeloid cells (Reeves *et al*, 1972).

Results

AGAR CULTURE

There was a good linear relationship between colony numbers counted at the three concentrations of cells plated. In one experiment peripheral blood colony numbers were 410 ± 68 (SD), 205 ± 23 , and 112 ± 15 at concentrations of 8, 4, and 2×10^4 nucleated cells respectively. The results of peripheral blood and bone marrow culture are shown in table I in comparison with a group of patients with Ph¹-positive CGL and normal subjects. Mature eosinophils could be identified in colonies after 10 days' culture in both the patient studied and patients with CGL, but in all cases neutrophil polymorphs outnumbered eosinophils. Colony growth was also observed in control plates from which feeder layers had been excluded. Such colonies were generally smaller, more diffuse, and fewer in number than in corresponding plates with normal feeder layers. When the patient's peripheral blood leucocytes were used as feeder layers under normal human bone marrow, the number of colonies cultured after incubation for 12 days was normal.

LIQUID CULTURE

Mature eosinophils constituted 4% of cells at day 10, which compared with 6% in a patient with Ph¹ + ve CGL and 8% in a control bone marrow obtained from a patient with stage II Hodgkin's disease. Cell viability in the patient under study and CGL patient remained high (table II).

CYTOGENETIC ANALYSIS

Chromosomes were studied in the bone marrow aspirate, in short-term unstimulated and stimulated peripheral blood cultures, and in peripheral blood leucocytes harvested after 12 days' growth in liquid culture. The results are summarized in table III. The presence of a hyperdiploid clone was detected in direct bone marrow preparations, in unstimulated blood culture harvested after 24 hours, and in leucocytes obtained from long-term liquid culture.

	Material	Total Leucocytes $\times 10^9/l$	Leucocyte Differential			Colony Numbers ¹ per 1×10^6 Cells	Colony Cell Morphology
			Blasts	Eosinophils ($\times 10^9/l$)	Monocytes		
This patient							
7 Feb. 1975	PB	89.6	0.9 (1%)	43.0 (48%)	5.4 (6%)	4305 $\pm$ 488	15% polymorphs at day 10 (neutrophils 10%, eosinophils 5%)
28 Feb. 1975	PB	51.0	1.0 (2%)	22.4 (44%)	4.1 (8%)	5215 $\pm$ 850	
21 March 1975	PB	84.1	1.7 (2%)	41.2 (49%)	7.6 (9%)	3000 $\pm$ 1060	
21 March 1975	BM	—	(4.5%)	(45%) ²	—	2562 $\pm$ 936	
CGL (Ph ¹ +ve, untreated) ³							
Mean of 13 patients	PB	212.2	9.0	—	2.0	1350 $\pm$ 1262	Neutrophil polymorphs usually more numerous than eosinophils
Mean of 8 patients	BM	224.0	—	—	—	941 $\pm$ 765	
Normal subjects ³							
Mean of 6 donors	PB	—	—	—	—	10 $\pm$ 6	see text
Mean of 21 donors	BM	—	—	—	—	350 $\pm$ 124	

Table I Peripheral blood values and agar culture results from blood and bone marrow in the patient with EL compared with those in CGL and normal subjects

¹Colony numbers are mean values at a plating concentration of 8×10^4 cells/ml. Results are $\pm$ standard deviation.

²Includes eosinophils at all stages of maturation: 36% of BM cells were mature eosinophils.

³Values for CGL patients taken from Goldman *et al* (1974); values for peripheral blood of normal donors taken from Chervenick and Boggs, (1971); values for bone marrow of normal donors are unpublished personal observations.

Duration of Culture	Viable Cells (%)		
	This patient (PB)	Ph ¹ +ve CGL (PB)	'Normal' Control (BM)
Day 6 (or 7)	96	89	72.5
Day 21	60	60	42

Table II Viable cell counts after varying times in liquid culture

PB = peripheral blood; BM = bone marrow.

Tissue	Number of Cells analysed	Chromosome Counts	
		46, XX	47, XX + 10
BM-direct	11	2	9
PB-24 hr	10	—	10
PB-12 days in liquid culture	24 ¹	4	12
PB-72 hr with PHA	15	15	—
PB-120 hr with PHA	10	10	—

Table III Summary of cytogenetic findings

¹Eight cells were polyploids showing chromosome lesions associated with long-term culture.

BM = bone marrow; PB = peripheral blood; PHA = phytohaemagglutinin.

All hyperdiploid cells had a modal chromosome number of 47 and showed an extra C group chromosome. This extra chromosome was identified by Giemsa banding as number 10 (figure). Occasional cells in the bone marrow (2 out of 11) and in the long-term liquid cultures (4 out of 24) had normal diploid karyotypes 46, XX. Peripheral blood lymphocytes had a normal diploid complement.

Discussion

A persistently raised peripheral blood eosinophil count without demonstrable cause suggests a diagnosis of EL (Zucker-Franklin, 1974; Rickles and Miller, 1972). The presence in the blood of immature eosinophil and neutrophil granulocytes and the presence of specific morphological abnormalities in the mature eosinophils have been taken as further evidence that such patients have a leukaemic disorder (Benvenisti and Ullmann, 1969) but the latter alone are often found in eosinophilia of non-leukaemic origin (Yam *et al*, 1972; Moore *et al*, 1973). Though the disease not infrequently terminates in an acute 'blast-cell' phase, its relatively aggressive clinical course from onset, its poor response to busulphan, and the regular absence of the Ph¹ chromosome clearly separate it from classical CGL. On the other hand, the percentage of immature cells of the granulocytic series present in the peripheral blood and bone marrow is usually too low to justify inclusion in the category of acute myeloid leukaemia (AML). For the present it seems reasonable to continue to designate these patients, and the one described here, simply as eosinophilic leukaemia.

Analysis of the chromosomes in this patient revealed a clone of cells with an extra number 10 chromosome in direct preparations of bone marrow cells, in unstimulated cultures of peripheral blood (in which immature myeloid cells were present), and in peripheral blood cells after 12 days in liquid culture. The abnormality was absent from peripheral blood lymphocytes stimulated by phytohaemagglutinin and may therefore be regarded as an acquired chromosomal abnormality confined to cells

Figure Giemsa banding pattern of partial karyotype showing trisomy 10 in a bone marrow cell (BM) and in a peripheral blood cell after 12 days in liquid culture (PB-12d).

of the myeloid series. The finding of a few cells with a diploid karyotype in bone marrow preparations (2 out of 11) and in long-term liquid culture (4 out of 24) reflects the proliferative advantage of the clone of cells with the acquired trisomy 10.

Aneuploidy involving one or other C group chromosome is a common abnormality in bone marrow cells of patients with a variety of chronic myeloproliferative or maturational disorders. An extra number 8 chromosome has been identified in patients with thrombocytopenia, with pancytopenia, and with sideroblastic anaemia (De La Chapelle *et al*, 1972; Jonasson *et al*, 1974). An extra number 9 chromosome was identified as the sole chromosomal aberration in myelofibrosis (Davidson and Knight, 1973) and in association with other chromosomal abnormalities in patients with polycythaemia and thrombocytosis (Rowley, 1973a).

In addition to the presence of the Ph¹ chromosome there are occasional reports of chromosomal aberrations involving an extra C group chromosome in bone marrow cells of patients in the chronic phase of CGL (Goh *et al*, 1964; Tough, 1965; de Grouchy *et al*, 1966; Whang-Peng *et al*, 1968). Moreover, chromosome gain in the C group frequently occurs in patients with Ph¹-positive CGL in association with acute 'blast-cell' transformation; acquired trisomy in this situation has so far been identified in chromosome numbers 7 (Kaffe *et al*, 1974), 8 (Rowley, 1973b), 10 (Massachusetts General Hospital, 1973), and 12 (Kaffe *et al*, 1974). Thus the only example of trisomy 10 so far described in chronic myeloproliferative disorders was found in a

Ph¹-positive cell population. When one considers that patients with Ph¹-negative CGL usually have a normal karyotype (Sandberg and Hossfeld, 1970; Mitelman *et al*, 1974) the finding of an acquired trisomy for chromosome 10 suggests that this case of EL should be regarded as a chronic myeloproliferative disorder that appears cytogenetically distinct from both Ph¹-positive and Ph¹-negative CGL.

In Ph¹-positive CGL the number of colony- and cluster-forming cells in the blood is far higher than normal and there is a corresponding though less impressive increase observed in cultures of bone marrow cells (Goldman *et al*, 1974; Moore *et al*, 1973; Moberg *et al*, 1974). Similar increases in circulating and bone marrow colony- and cluster-forming cell numbers have also been reported in three patients with Ph¹-negative CGL (Moore, 1974). Colony formation remains dependent on an exogenous source of CSF without which the colonies cultured are few and small. In the patient reported here agar culture of blood leucocytes in the presence of CSF gave colony numbers higher than the mean value but well within the range of that seen in CGL. The size of the colonies was also typical of those seen in CGL. In the bone marrow cultures colony numbers were three times higher than the mean values for CGL, but this discrepancy might to some extent have been accounted for by contamination of the patient's bone marrow aspirate with peripheral blood which can spuriously increase colony numbers. Thus the number of colony-forming cells (CFUc) in the peripheral blood in CGL and in this case of EL is in general 100 to 500 times higher than in normal sub-

jects; in the bone marrow CFUc numbers are increased three or more times in comparison with normal.

Though CSF has not so far been shown to play a role in the maintenance of granulocyte or monocyte homeostasis *in vivo*, its principal source in the agar culture system is the peripheral blood monocyte. In CGL, monocyte numbers are reduced in comparison with the greatly increased granulocyte counts, and the peripheral blood leucocytes are a poor source of CSF when used in conventional concentrations (Goldman *et al*, 1974). In this patient the percentage of monocytes in the peripheral blood was normal, and peripheral blood CSF production was accordingly maintained. This difference between this patient and classical CGL would also explain our finding of spontaneous colony formation in the absence of feeder layers.

Eosinophil precursors grow well in the agar system, and eosinophils may predominate in colonies grown from the blood of normal persons (Chervenick and Boggs, 1971). In colonies cultured from CGL blood and bone marrow eosinophils are also seen but are generally inconspicuous, and in this patient the number of mature neutrophils in colonies examined after 10 days in culture always exceeded the number of mature eosinophils. It is of note that eosinophils were absent from the colonies grown from the blood of a previously reported patient thought to have an eosinophilic variant of AML (Paran *et al*, 1970). Eosinophils need not therefore predominate in colonies cultured from patients with EL.

We do not believe that the agar colony pattern seen in this patient is typical of all cases of EL. Preliminary results in two further cases studied very recently suggest that peripheral blood CFUc numbers are not always raised, but at least one of these patients was regarded as an eosinophilic variant of AML. It seems likely that just as EL may stand at the 'leukaemic' end of the hyper-eosinophilic spectrum, so EL may itself comprise a continuum in which some cases are eosinophilic variants of AML and others are forms of a chronic myeloproliferative disease. The patient described in this report comes into the latter category.

The findings of a specific chromosomal abnormality in this patient's myeloid cells and the failure to demonstrate a predominance of mature eosinophils in culture suggest that the granulocytic stem cell is involved in the leukaemic process. Why the manifestations of this process should primarily involve cells of the eosinophilic series *in vivo* is not clear. Nevertheless we conclude that the techniques of chromosome analysis and *in vitro* haemopoietic cell culture are among the most useful for the characterization of EL.

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