An unusual interpodocyte cell junction and its appearance in a transplant graft kidney

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SUMMARY In a case of focal and segmental glomerulonephritis unusual cell junctions were discovered between podocytes. These most closely resembled lesions described in aminonucleoside induced nephrosis in rats and were unlike anything previously seen in our experience. Shortly after renal transplantation nephrotic syndrome recurred and biopsy specimens showed recurrent focal and segmental glomerulonephritis, with the appearance of these unusual interpodocyte junctions in the graft kidney. This may be related to circulating factors in the blood of the patient.

Focal and segmental glomerulosclerosis, with or without mesangial proliferation, is one of the commoner glomerular lesions to recur in transplanted graft kidneys. Patients present with proteinuria, sometimes within hours of transplantation, and may progress to renal failure, without evidence of graft rejection; circulating host factors may be responsible for disease recrudescence. We report a case of focal and segmental glomerulosclerosis with mesangial hypercellularity associated with a previously undescribed type of cell junction between podocytes, which recurred after transplantation and showed formation of these most unusual cell junctions.

Case report

A 62 year old woman presented in 1979 with nephrotic syndrome, her proteinuria was 15 g/day. There was mild renal impairment (urea 10 mmol/l, creatinine clearance 56 ml/minute) but no evidence of systemic disease. Serological screening, including autoantibodies, serum electrophoresis, and complement, yielded negative results. A renal biopsy was performed. This showed a focal and segmental glomerulosclerosis with a segmental increase in mesangial cellularity. No vasculitis was seen and there were only minor tubulointerstitial changes. Immunofluorescence showed IgM and C3 in sclerotic and hypercellular areas, with traces of IgG, IgA, and C4. Electron microscopy confirmed the sclerosis and mesangial increase and showed extensive loss of pedicel structure. The most striking feature was the presence of prominent junctional complexes between podocytes (fig 1), which were characterised by a thickening of the apposed plasma membranes and an

Fig 1 Electron micrograph of biopsy specimen before transplantation showing junctions between apposing podocyte cytoplasmic membranes. Note thickening of apposed membranes and fibrillar material in intercellular space.

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Fig 2  Electron micrograph of biopsy specimen immediately after biopsy showing thickening of apposing cytoplasmic membranes.

Fig 3  Graft nephrectomy electron micrograph with junctions between podocytes similar to those seen in original pretransplant biopsy specimen.

intercellular space of 30 nm containing filamentous material. There was no accumulation of tonofilaments in the cytoplasm apposed to the membrane plaques. These junctions are unlike anything we have seen before at this site and resembled desmosomes. Her renal function deteriorated steadily despite treatment with steroids and cyclophosphamide, and haemodialysis was started in February 1980. In July 1985 she received a cadaveric renal transplant and showed good renal function immediately postoperatively. Within 16 hours her urinary output fell, the graft site was explored, and a haematoma evacuated. A renal biopsy specimen showed no histological lesion, but electron microscopy showed that in several places apposing membranes of podocytes had become thickened, although the intercellular space did not contain obvious filamentous material (fig 2). Urinary excretion improved but it soon became apparent that proteinuria had recurred and she became nephrotic. Repeat renal biopsy specimens showed recurrent focal and segmental glomerulosclerosis with mesangial proliferation, initially with no immunofluorescence positivity but later with IgM and C3 in sclerotic regions. Despite conversion from azathioprine to cyclosporin the proteinuria continued and renal function declined. Graft nephrectomy in June 1986 showed focal and segmental glomerulosclerosis with abundant IgM and C3 in sclerotic regions and traces of IgG, IgA, and C4. Electron microscopy of all these biopsy specimens showed podocyte junctions similar to, but less well defined than, the original pretransplant biopsy specimen (fig 3).

Discussion

In a review of 155 published cases of renal transplants in 140 patients with focal and segmental glomerulosclerosis the overall incidence of recurrent focal and segmental glomerulosclerosis was 23%, with a higher incidence of recurrence in second grafts, although there is wide variation between centres. The uncertain role of immunosuppressive agents, the rapid recurrence of proteinuria, often without positive
Immunofluorescence suggest that immune mechanisms in focal and segmental glomerulosclerosis may not be of primary importance. Indeed, focal and segmental glomerulosclerosis is associated with recurrent reflux and glomerular hyperperfusion in the absence of any apparent immunological role.

The exact nature of these junctions is uncertain, and we are not aware of their description in human glomeruli in other cases of focal and segmental glomerulosclerosis. They most closely resemble the ultrastructural changes reported in aminonucleoside induced nephrosis in rats where there was elongation and displacement of the glomerular slit diaphragm away from the glomerular basement membrane. Slit diaphragms, however, have not been convincingly shown in human glomeruli. In some respects the junctions resemble desmosomes which are not normally present between podocytes. The appearance of desmosomes has been described in reactive synovium of rheumatoid arthritis but not in normal synovium. In desmosomes the associated intermediate filaments are normally cytokeratins which are not present in podocytes.

Changes in slit diaphragms in rats or in the sialoglycoprotein content of glomerular basement membrane result in proteinuria, leading to nephrotic syndrome. In this case a circulating factor might have precipitated ultrastructural and functional changes in the effective glomerular filtration barrier in a transplanted graft kidney, which resulted in recurrence of nephrotic syndrome.

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References


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