pilor, may cause chronic active gastritis. Like C pylori, the number of organisms can probably be suppressed but complete eradication will probably be difficult. Case was 2 endoscoped and assessed symptomatically at a later date. A repeat analysis of serum may well have been detectable. Dr Logan and his colleagues may be right that “Gastrospirillum hominis” causes non-ulcer dyspepsia, but larger studies are needed, and I think it is still premature to draw conclusions from single patient histories.

Lack of significant effect of therapeutic propranolol on measurable platelet function in healthy subjects

Pamphilon and colleagues have shown that propranolol, a non-selective β blocker, does not significantly inhibit platelet function when therapeutic doses are administered to healthy subjects. They suggest that a different response might be obtained in patients with cardiovascular disease and hyperactive platelets. Some additional comments may be of interest.

The authors discuss the possibility that β blockers exert their action in situations where circulating catecholamine concentrations are very high. We assessed the effect of acute hypoglycaemia (during insulin stress tests) on various metabolic variables in healthy subjects who had been given either placebo, nadolol, or propranolol, orally, for 10 days. These non-selective β blockers significantly inhibited some catecholamine-mediated effects (hypokalaemia, a rise in factor VIII), but only propranolol had a marginal inhibitory effect on platelet aggregation.

In another study we found that platelet aggregation induced by adrenaline was significantly decreased in samples obtained from patients with a diagnosis of acute myocardial infarction or ischaemic heart disease who were taking β blockers when compared with a similar group of patients not taking such medication. Beta blockade may, indeed, be associated with platelet antiaggregatory effects but that these may only be elicited in complete blood cell blockage as demonstrated by pronounced platelet hyperaggregability such as myocardial infarction and ischaemic heart disease.

There are also important methodological considerations in assessing the effect of drugs on platelet function (for example, whole blood platelet aggregometry (impedance or “free” cell count techniques) allows the effects of drugs on platelet, red, or white cell interactions to be measured. This has occasionally resulted in a better definition, even at lower doses, of the effects of several real drugs, such as nifedipine, dipyridamole, heparin and ethanol, on platelet aggregation. Mean platelet volume, measured by very sensitive techniques (using a Coulter C256 channeler), may also be another very sensitive method to assess the effect of a variety of agents on platelets.


Dr Pamphilon et al comment:

The comments of Barradas and Mikhailidis are of interest and point to the relevant mechanism whereby β blockers may exert a beneficial effect in patients with myocardial infarction and ischaemic heart disease—that is, modulation of platelet hyperaggregability in susceptible subjects. The observation that propranolol but not metoprolol enhances platelet aggregation and beta-blockers in some patients is interesting. Furthermore, it remains unexplained. Thus it seems likely that blockade of the effects of high concentrations of circulating catecholamines is of central importance. We did not observe significant changes in platelet volume in either group of subjects using the Coulter S Plus 4 rather than the Coulter C256 channeler.


Leukaemic phase of mantle zone (intermediate) lymphoma: its characterisation in 11 cases

In his parody of lymphoma classifications a distinguished editor of the Journal of Clinical Pathology reflected the confusion and cynicism of the average pathologist at the perceived hair-splitting of the lymphomaniacs in their attempts to categorise non-Hodgkin’s lymphomas. The confusion over the classification of low grade non-Hodgkin’s lymphoma is well illustrated in the report on the “leukaemic phase of mantle zone (intermediate) lymphoma by Pombio de Oliveira et al.” The category of intermediate cell lymphoma was first proposed by Berard et al.1 It was noted that this phase has some lymphocytes resembling those of well differentiated lymphocytic tumours and some atypical cells more closely resembling the poorly differentiated lymphocytes of nodular lymphoma.2,3 It is now widely accepted that lymphocytic lymphoma of intermediate differentiation (INT) and mantle zone lymphoma (MZL) are the same tumour, perhaps at different stages of evolution, and Jaffe et al have suggested that MZL should be the preferred term.4

The category of centrocytic lymphoma was introduced into the Kiel classification to describe a diffuse lymphoma of small, slightly irregular lymphoid cells that were originally thought to be of follicle centre derivation (hence the name centrocyte).5 Subsequent studies have shown that centrolymphocytic lymphoma is a distinct entity, clinically, morphologically and immunologically, from centrocytic lymphoma.6 It is unfortunate and confusing that the term centrocytic lymphoma is still applied to this tumour even though it has been shown not to be of centrocytic origin. Many authors have suggested that INT/MZL is the same entity as centrocytic lymphoma. In a review of INT/MZL, Jaffe et al concluded that this tumour, “clinically, morphologically, and immunophenotypically appears virtually identical to centrocytic lymphoma of the Kiel classification”. Pombio de Oliveira et al see the disease slightly from that position and conclude that, “centrocytic lymphoma and INT are closely related morphologically and phenotypically but may not be entirely inter-changeable pathological entities.”3 Dr authors further state that, “perhaps the application of molecular, genetic, or cytogenetic markers may allow such cases to be appropriately classified in future”. In fact, cytogenetic studies suggest distinct differences between INT and lymphocytic lymphoma.6

It is my opinion that the recognition of INT based on the finding of a mixture of cells with round and cleaved nuclei is flawed. It has been recognised for years that quite apart from biological variability, fixation and processing artefacts can induce considerable variation within a single neoplasm. Lymphocytic lymphomas and centrocytic lymphomas have been cell surface markers and histologically identical. It can, however, be difficult to separate these neoplasms on the morphology of the lymphoid cells alone, particularly in suboptimally fixed tissues. There are, however, many other features that assist in the differentiation of these neoplasms, perhaps the most reliable being the identification of paraimmunoblasts which are always present in variable numbers in lymphocytic lymphomas and never found in centrocytic lymphomas. On the basis of this criterion, figs 7 and 8 of the paper by Pombio de Oliveira et al3 show a centrocytic lymphoma and figs 10 and 11 a lymphocytic lymphoma. Clearly, the true INT will not be resolved until a more reliable means of identification, other than variability of nuclear shape, is used to select cases for study.

Dr. Jaffe and Gatovsky comment: Professor Wright is critical of our report on the leukemic phase of intermediate mantle zone IN MZL. Lymphoma. The main object of our paper was to describe the peripheral blood features of this lymphoma in its leukemic phase and to draw a distinction from chronic lymphocytic leukemia; not to discuss the relation of IN MZL and centrocytic lymphoma. We are confident that his comments and this letter will clarify any remaining confusion.

We have not departed from the view proposed by Jaffe et al that IN MZL is essentially the same entity as centrocytic lymphoma. As the article by Jaffe et al was an editorial comment and opinion piece, however, we felt that some caution was warranted regarding this conclusion. While the term IN MZL is used, it would encompass all cases recognised as centrocytic lymphoma, which are not sure that the converse would apply for those pathologists who use the category “centrocytic”—that is, some cases which we would classify as IN MZL others might not feel compatible with the diagnosis of centrocytic as they use it. Thus we did not wish to conclude that these lesions are “entirely interchangeable pathologic entities”.

We agree with Professor Wright that varying degrees of nuclear irregularity may be difficult to detect in routinely processed paraffin wax sections, particularly if they are performed in competent laboratories with different fixation and sectioning techniques. We would also agree that the lymph node shown in figs 9–11 would not be classified as INT, and that the overall features are more compatible with the diagnosis of SLL CLL. These cases (12–16) were classified as by us as small lymphocytic with cleaved cells, rather than INT (see table 3). As we noted in our description, the presence of pseudofollicular growth centres and paraimmunoblasts (‘primary lymphoid cells with prominent central, often eosinophilic, nuclei’) were the principal criterion in this distinction. Thus we would agree with Professor Wright that figs 7 and 8 show a centrocytic lymphoma and figs 10 and 11 a small lymphocytic lymphoma. When relying solely on the peripheral blood film, however, it may be difficult to distinguish INT from small lymphocytic lymphoma as the paraimmunoblasts do not usually circulate in large numbers. Cases 12–16 were included in the study because in the peripheral blood film they were indistinguishable from INT and would have been classified in the lymph nodes as INT using the criteria of Weisenburger (personal communication).2

We stated that the application of molecular genetic or cytogenetic markers might allow such cases to be appropriately classified in the future. We still believe this statement to be correct. While the paper by Weisenburger et al does suggest a close relation between INT and lymphocytic lymphoma,1 we believe those authors who concluded that conclusion because they included within INT cases similar to those illustrated in figs 9–11. Thus while Professor Wright and we both recognise that cases 12–16 are not appropriately included within IN MZL, this opinion may not be universally held. In fact, we would conclude that the study by Weisenburger supports the conclusion that we reached—namely that cases 12–16 are more appropriately included within small lymphocytic lymphoma CLL and not INT MZL. Hopefully, further studies will help bear out this conclusion, providing support for the distinction between INT (cases 1–11) and small lymphocytic lymphoma with cleaved cells (cases 12–16).


Lupus cofactor phenomenon

I read with interest the recent paper by Mathey et al about a case of familial antiphospholipid syndrome.1 We have shown1 that the lupus anticoagulant could not be confirmed in the father, although the APTT did not correct with normal plasma. The results showed that the addition of normal plasma further prolonged the APTT by 5 seconds, making it seven seconds prolonged. This is an example of the lupus cofactor phenomenon.

Although the exact nature of this cofactor is unknown, it cannot exert its effects unless the lupus anticoagulant is present.2 This is indirect confirmation that the lupus anticoagulant is present in this patient. The fact that the dilute Russell’s viper venom time (DRVVT) was equivocal does not change this conclusion as a recent study has shown that the DRVVT will not detect all lupus anticoagulants.1 Perhaps a further confirmatory test would have been useful for this patient—a tissue thromboplastin inhibition test or platelet neutralisation procedure.

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Dr. Machie et al comment: We stated that the APTT was performed as a screening test, using control plasma, patient plasma, and a 50/50 mixture, and that the presence of a lupus anticoagulant was confirmed by a more specific technique. The APTT alone is generally not suitable for determining the presence or absence of lupus anticoagulant because even if a sensitive reagent is used, it is not specific, and may be influenced by factor deficiency, increased concentrations of coagulation factors, as well as by various inhibitors, including antiphospholipids, antibodies, thrombomodulin, and heparin.

We used the DRVVT as a confirmatory test with a platelet neutralisation procedure, using freeze-thaw, lysed, washed normal platelets. Tissue thromboplastin inhibition tests are less sensitive and give false negative results in many patients, especially those with IgM lupus anticoagulant. Most recent confirmations of lupus anticoagulant tests have found that the DRVVT and kaolin clotting times are the most sensitive and reliable, although no single test has a 100% detection rate. Unfortunately, it is not always possible to perform more than one of these tests.

In the family described the APTT did not correct in the father, but APTT tests are notoriously erroneous, and this result did not fulfill our criteria for the presence of lupus anticoagulant. As the father was asymptomatic, there was no justification for further studies at this stage, and the question of whether he had a lupus anticoagulant remains academic. On the basis of an abnormal, though equivocal DRVVT result, and positive anticardiolipin antibodies, with his family history it is very likely that future samples would give unequivocally positive lupus anticoagulant tests, and development of suitable clinical criteria would classify him as a true antiphospholipid syndrome patient.