LETTERS TO THE EDITOR

Immunocytochemical detection of Helicobacter pylori in formalin fixed tissue biopsy specimens

We have read with great interest the many excellent articles published in this journal concerning Helicobacter pylori infections. Several of these reports have used histological examination as a reference standard for the comparison of other methods to identify patients with H pylori infections. Staining of tissue sections with haematoxylin and eosin may not prove sensitive in the identification of small numbers of H pylori organisms. Histochemical stains such as Giemsa and Warthin-Starry can prove difficult to interpret because of unwanted background staining. Additionally, these special histochemical stains do not distinguish H pylori from other spiral Gram negative organisms which have now been reported to occur in the stomach.

Previous reports have shown the usefulness of immunocytochemical methods that use monoclonal antibodies in the identification of H pylori. These antibodies however, are not commercially available nor do they seem to be applicable to formalin fixed, paraffin wax embedded tissue biopsy specimens. Preliminary studies performed in our laboratory using a commercially available monoclonal antibody (Bioproducts for Science, Inc., Indianapolis, USA) which reacts with a formalin resistant flagellar epitope on Helicobacter organisms produced promising results in identifying H pylori in formalin fixed, paraffin wax embedded tissues.

We have now investigated the gastric biopsy specimens from 130 patients for the presence of H pylori with this monoclonal antibody. The use of a sensitive avidin-biotin immunoperoxidase labelling system allows the monoclonal antibody to be used at a dilution of 1/200000, making it very cost effective. Crisp, clean immunoreactivity is obtained which is easily recognised (figure). Immunolabelled sections can be screened under low power magnification due to the high signal:noise ratio. No labelling of other Gram negative bacteria or normal tissue elements has been observed.

In a recently concluded study with Drs Scholes and Santogade at St Luke's/Roosevelt Hospital Center (New York) we had the opportunity to apply our immunocytochemical technique to 115 biopsy specimens from 51 patients where tissue was also cultured for the presence of H pylori. All 24 patients with a positive tissue culture had positive immunoreactivity with Helicobacter monoclonal antibody. Immunoperoxidase labelling identified five additional positive specimens that were culture negative. There were no false positive results.

Immunoperoxidase labelling has now become the routine method for H pylori identification in biopsy specimens at our institution. This method is attractive because all tissue fragments can be submitted to the surgical pathology laboratory in formalin fixative, thereby reducing potential sampling errors. The resulting immunoreactivity is easy to identify, making screening for H pylori less tedious. H pylori organisms can also be distinguished from contaminating bacteria. Based on our experience with this monoclonal antibody and the immunoperoxidase labelling, we recommend immunocytochemistry for the sensitive and specific identification of H pylori in processed tissues.

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AgNOR counts in endometrial neoplasia

Many classifications of endometrial hyperplasia have been suggested, including that of endometrial hyperplasia (IEN I-III). Although this term is not in common use and has been criticised, we have found it to be a simple and reproducible way of describing increasing grades of architectural, cellular, and nuclear atypism in dysplastic endometrial proliferation—that is, confined above the myometrium. Recently we have enumerated the number of silver stained nucleolar organiser regions (AgNORs) in tumour pathology and the two other IEN grades; (4) IEN I and adenocarcinoma; (5) IEN II and adenocarcinoma.

IEN denotes dysplastic intraendometrial growth including adenocarcinoma in situ (IEN III), which is considered to be a precursor to adenocarcinoma. Despite the lack of morphological criteria to predict the outcome of endometrial dysplastic lesions, morphometrical studies indicate that cases with larger and more pleomorphic nuclei progress to cancer. Our results show that AgNOR counts may reflect on increase in nuclear activity with this increase in nuclear atypism and hence IEN grades.

Our conclusion is that despite significant differences, AgNOR counts are of no use for diagnosis of any single case in the studied groups because absolute differences between counts for the various categories were small.

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Immunoperoxidase labelling of Helicobacter pylori within a gastric foveola (formalin fixed, paraffin wax embedded gastric biopsy) specimen.