BOOK REVIEWS

All titles reviewed here are available from the BMJ Bookshop, PO Box 295, London WC1H 9TE. Prices include postage in the United Kingdom and for members of the British Forces Overseas, but overseas customers should add £2 per item for postage and packing. Payment can be made by cheque in sterling drawn on a United Kingdom bank, or by credit card (Mastercard, VISA or American Express) stating card number, expiry date, and your full name.


Unfettered by having studied the United Kingdom government Green Paper that provoked this book, I was able to try, like a literary retrovirus, mentally to recreate the original based on the 28 critiques before me. The articles in question all originally appeared in the British Medical Journal.

Essentially it seems that the government is promoting a hots-potch of health care targets, called a strategy, and that the initiative gets no, one, or two cheers depending on your point of view. The Radical Strategies for Health Group kicks off by giving the whole thing a bit of a thumbs down. It points out (very reasonably) that one should be clear about the difference between a plan for improving the nation's health, and opinions that the Green Paper is muddled on this point. The Group is followed by eminent experts in several clinical, political, and management fields which give their various views about what is missing from the consultative document and what would be done if they had their way, most of which is pretty predictable.

What can be said of the whole? On the positive side it is interesting, easy to read, and a good source of quotable health care statistics with which to amaze and fascinate your friends. On the negative side, despite the subtitle, it has no cohesive viewpoint which tends to meander. It is also rather sobering in some ways. For me it generated the worry but irrepressible image of a population of well nourished, well housed, financially secure centenarians gently degenerating without specific disease. Is that utopia?

S A KELLY
E GRADWELL
Department of Pathology,
St Helens and Knowsley Hospitals Trust,
Whiston Hospital, Prescot, Merseyside L35 5DR


Gastroenterology has always derived particular benefit from close cooperation between clinicians and pathologists. This important theme is meticulously explored in this impressive two volume book which brings together a vast amount of updated clinical and pathological data relating to the gastrointestinal tract, including the oesophagus. The well organised text is embellished by numerous illustrations almost exclusively in colour as well as many well constructed tables. The cooperative theme is further developed by a series of perceptive recommendations to pathologists faced with the interpretation of gastrointestinal biopsy specimens and also by illustrative case reports. The authors have not refrained from expressing personal views, which, although at times controversial, are certainly stimulating and informative. This is not, however, a book to be taken up lightly, and the discursive style does not always make for easy reference. All the same, most of the important aspects of gastrointestinal pathology are tackled with confidence and few of the sections could be better. While expensive, this book is lavishly illustrated and comprehensively documented. Its value as a major reference text for both clinical and pathological gastroenterologists cannot therefore be seriously doubted.

F D LEE


The aim of this book is to introduce histopathology to medical and dental students who are covering pathology in the pre-clinical or clinical course. In many centres there is less emphasis on the microscopic histopathology, with a higher proportion of course work on understanding the theory of mechanisms in disease. However, this book would still be a useful supplement to a less practical course in view of the well presented and concise text, illustrated with clinical examples. Over one third of the book covers basic pathological processes, and this would be the most useful part of the book for more theoretical pre-clinical courses. Subjects such as inflammation, neoplasia, atherosclerosis, and other vascular disorders are particularly well presented.

The use of photomicrographs is of most value in the section of the book covering systemic pathology. Large colour plates are used and are of excellent quality. Some of the low power views, always the most difficult to present, are unfortunately rather blurred. All the photomicrographs are supplemented with adjacent text.

The book assumes a good knowledge of the normal histology of organs and tissues, and without this the full benefit of the book will be missed. This second edition will be a very worthwhile book for students, not only medical or dental, but in other disciplines needing a concise book on histopathology. I would also recommend it to junior histopathologists as an introductory text.

E A SHEFFIELD


The incidence of malignant melanoma is rising exponentially. It is a visible disease and therefore may be diagnosed early (even at an in situ stage) and cured by surgery. The contrast between this and the lack of effective treatment in advanced disease is stark.

This book is an informative and thought-provoking collection of articles from a multi-disciplinary group of authors, many of whom are members of the Melanoma Group. This is an association of British specialists set up in the light of the success of the Scottish Melanoma Group. Many of the reviews are up to the minute. Certain chapters overlap, particularly those dealing with clinical aspects. The book is comprehensive, although a serious omission is any discussion regarding ocular melanoma. However, it fulfils its aim of "essential reading for anybody involved in the study or management of malignant melanoma".

Overall, the standard of the contributions is very high indeed. Particularly outstanding are those on histological diagnosis and of histopathological differentiation. Diagnosis. Those on familial melanoma, prognosis, surgery and isolated limb perfusion are also excellent. That on systemic treatment is thorough but makes depressing reading and serves to highlight how readily and early diagnosis are. It is a pity, therefore, that the colour clinical photographs are indistinct; some of them have been published elsewhere, and show relatively advanced cases.

P A Riley writes encouragingly by presenting a stimulating chapter on prospects for new therapeutic targeting strategies for disseminated melanoma. Clinicians can all too often underestimate the psychological impact of the diseases they treat and the chapter by
Lesley Fallowfield serves as a timely reminder which should be essential reading for clinicians. Algorithms are discussed, but we would question their usefulness. The way to learn to diagnose malignant melanomas is to see them and to be taught about them in a clinical setting.

E HIGGINS
A DU VIVIER


The new Simmers volume on haematopathology is a brave attempt to encompass all you need to know about the subject in a little short of 1000 pages. The stage is set with a short introductory essay on basic immunology and this is followed by what is essentially a comprehensive textbook on the thymus. Three chapters are devoted to the normal lymph node and non-neoplastic lymphadenopathies and are followed by a chapter on the spleen which, curiously, hardly addresses lymphoma. The following chapter of some 350 pages, while entitled "neoplastic disorders of lymphoreticular tissue," deals essentially with lymph node neoplasms with only the occasional mention of extranodal lymphomas. A section on immunohistochemistry rounds off the haematopathology, but is followed by a quite irrelevant chapter on lymphatics which surely belongs elsewhere.

There is much to be recommended in this book. With few exceptions, including the extranodal lymphomas referred to above, its coverage is encyclopaedic, it is comprehensively illustrated, and the index is unusually good. It is appropriately easy to use and, consequently, will be a useful bench book. The chapter on the thymus is especially valuable because there is no other comparable text on this subject. It is a pity, however, that the Müller-Hermelink classification of thymomas, although praised, is not used.

However, this book cannot be recommended to those seeking enlightenment about this difficult, but sometimes controversial branch of pathology. The two short chapters at the beginning and end of the book, on basic immunology and immunohistochemistry, respectively, comprise the only gestures to "science". Molecular genetics, which has contributed so much to recent advances in our understanding of haematopathology, does not feature at all. It is, surely, inexusable not to have mentioned immunoglobulin light chain restriction, CD10 positivity, immunoglobulin gene rearrangement and the (14;18) translocation in the 25 pages and 42 illustrations devoted to follicular lymphoma. Pathologists are now much less exercised about the classification of non-Hodgkin's lymphomas than this book would suggest, having settled for either the working formulation or the updated Kiel classification. Developments in immunophenotyping and molecular genetics are beginning to stimulate new thoughts about lymphoma classification, but in this respect the book moves decisively backwards to the largely abandoned classification of the British National Lymphomas Investigation.

The publishers of this series have, for some reason, chosen to persist with the same dull format as that of the first (1966) edition. The illustrations are also rather flat and grey. The aim seems to be to present British pathology as a dignified, conservative descriptive discipline; this accentuates the faults of this book and masks its strengths. The authors deserve better.

P G ISAACSON


I must admit to being a little sceptical when this compact volume of just under 400 pages arrived on my desk. This scepticism arose from my doubt that a book purporting to cover biopsy pathology of the skin could be easily carried in my overcoat pocket.

I had a pleasant surprise. Not only did I find this book easy to read (probably due to Dr Kirkham's rather anecdotal and idiosyncratic style) but also when put to the acid test of lying next to my microscope for a few weeks I found myself referring to it rather more often than some of the larger texts on my shelf. Obviously a book of this size cannot and does not claim to be comprehensive. I think that the balance of the various sections is about right and some of the more contentious areas of dermatopathology, such as the melanocytic lesions, are given ample consideration. Any shortfalls in the included material are to some extent compensated by the remarkably up to date references. The photomicrographs, both colour and black and white, are good and the index appears to work pretty well. All in all this book is good value and is yet another worthwhile addition to this series.

S HUMPHREYS

Corrections

An author's name was accidentally omitted from the list on a piece of correspondence: Current views on cervical neoplasia (J Clin Pathol 1992;45:643). We apologise to Dr R A Burnett.

In the same issue the legend of the following figure was incomplete (Misbah et al, J Clin Pathol 1992;45:624-7). The correct version is reproduced below:

Figure 1 Serial lymphocyte counts. Normal ranges: — total lymphocytes (2-0-4-0) × 10⁹/l, CD3 (0-6-1-5), CD4 (0-4-1-0), CD8 (0-2-0-7), B cells (0-1-0-5).