

# Paediatric rhabdomyosarcoma: MyoD1 demonstration in routinely processed tissue sections using wet heat pretreatment (pressure cooking) for antigen retrieval

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## Abstract

**Aims**—To investigate wet heat pretreatment (pressure cooking) as a means of antigen retrieval for demonstration of MyoD1 in paraffin wax embedded tissue.

**Methods**—Routinely processed tissue sections of transmission electron microscope confirmed cases of rhabdomyosarcoma were stained immunohistochemically with the MyoD1 antibody. Antigen retrieval was achieved by wet heat pretreatment of the tissue sections.

**Results**—MyoD1 was stained successfully in all seven cases. The protein was localised to nuclei and cytoplasm depending on the type of tumour cell.

**Conclusions**—Wet heat pretreatment for antigen retrieval from routinely processed tissue sections permits excellent subsequent immunostaining for MyoD1 in rhabdomyoblasts.

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Rhabdomyosarcoma is one of the so-called small round blue cell tumours of childhood.<sup>1</sup> The definitive diagnosis of rhabdomyosarcoma is based on specific transmission electron microscopic (TEM) features, and the immunohistochemical results of a panel of markers.<sup>2</sup> MyoD1 is one of the products expressed early in the lineage of skeletal muscle differentiation.<sup>3-6</sup> The presence of this protein in neoplastic cells is regarded as definitive evidence of rhabdomyoblastic differentiation.<sup>2,7,8</sup>

Wet heat processing (pressure cooking) has recently been described as a means of antigen retrieval in paraffin wax embedded tissue sections.<sup>9-11</sup> Wet heat processing has been used in conjunction with a variety of antisera, and is superior in re-exposing epitopes masked by fixation.<sup>11</sup>

To date, MyoD1 has been demonstrated successfully in frozen tissue sections,<sup>8</sup> as well as in paraffin wax sections subjected to microwave pretreatment for antigen retrieval.<sup>4</sup> The application of wet heat processing in the demonstration of MyoD1 in paraffin wax sections has not been reported previously. In the present study, we investigated the suitability of pressure cooking as a means of antigen retrieval in demonstrating the presence of MyoD1 in

rhabdomyoblasts in routinely processed tissue sections from TEM confirmed cases of rhabdomyosarcoma.

## Methods

All material used in this study was obtained from the archives of the Department of Histopathology, Red Cross Children's Hospital, University of Cape Town, Cape Town. The seven cases presented in this study span 10 years from 1985 to 1994, and were all confirmed as rhabdomyosarcoma by TEM according to the typical and minimal ultrastructural criteria required for this diagnosis.<sup>2</sup> Tissue samples were fixed in 10% phosphate buffered formalin, pH 7.4, for 24-48 hours depending on the size of the specimen. Sections were processed using the Shandon 2LE automated tissue processor. Case 6 had additional routinely processed tissue which had been fixed in B5 fixative. A neuroblastoma, confirmed by TEM, was included as a negative control. The histopathological types of rhabdomyosarcoma and the origin of the tissue specimens are given in table 1.

Sections from routinely processed tissues and the single case of tissue fixed in B5 fixative were mounted on slides coated with 3-aminopropyltriethoxysilane (APES) (Sigma). Sections were then dried at 56°C for one hour, dewaxed using xylene, dehydrated through a descending alcohol series, and collected in distilled water. Sections not to be pressure cooked (negative control for the technique) were prepared simultaneously.

For the wet heat processing procedure, 1.5 litres of 0.01 M sodium citrate buffer, pH 6.0, was brought to the boil (without sealing the lid) in a stainless steel 5.5 litre capacity domestic pressure cooker (Tedelex) heated on an electric hot plate (General Electric). The slides, in metal racks, were lowered into the boiling sodium citrate buffer, after which the pressure cooker was sealed and brought to full pressure of about 100 kPa, at which point timing began. The optimal time was established previously as 80 seconds. The pressure cooker, still sealed, was then placed under running cold water until the pressure indicator dropped to its original position. On removal from the pressure cooker, the slides were immediately immersed in cold distilled water and then transferred to Tris buffered saline (TBS) (0.05 M Tris/HCl, pH 7.6, 0.15 M NaCl).

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Table 1 Clinical and histopathological data

Case number	Diagnosis	Tissue	Site
1	Embryonal	Lymph node	Not supplied
2	Embryonal	Soft tissue	Neck
3	Embryonal	Lymph node	Neck
4	Not specified	Skeletal muscle	Right calf
5	Embryonal	Tumour	Left thigh
6	Alveolar	Tumour	Soft palate
7	Embryonal	Tumour	Right testis
8*	Neuroblastoma	Soft tissue	Nasopharynx

\*Negative control.

Table 2 MyoD1 localisation in rhabdomyoblasts and control tissue after wet heat processing

Case number	Rhabdomyoblast		Small round blue cell	
	Nuclei	Cytoplasm	Nuclei	Cytoplasm
1	Negative	Positive	Positive	Negative
2	Negative	Positive	Positive	Negative
3	Negative	Positive	Positive	Negative
4	Negative	Positive	Positive	Negative
5	Negative	Positive	Negative	Negative
6	Negative	Positive	Negative	Negative
7	Negative	Positive	Positive	Negative
8*	Negative	Negative	Negative	Negative

\*Negative control.

Sections were stained immunohistochemically in a moist chamber. After washing in TBS, the sections were incubated at room temperature for 15 minutes in Dako normal goat serum diluted 1 in 2 with TBS, followed by incubation at 4°C overnight in NCL-MyoD1 (Novacastra Laboratories, UK) monoclonal antibody (clone 5.8A) diluted 1 in 30 with TBS. After washing, the sections were incubated at room temperature for 20 minutes in Dako biotinylated goat anti-mouse antibody diluted 1 in 300 with TBS. After washing, the sections were incubated at room temperature for 20 minutes in Dako StreptABComplex/AP prepared as described by the manufacturer. Dako new fuchsin substrate was used as the chromogen and 1% light green as the counterstain. The sections were mounted in glycerol and, using light microscopy (Olympus) with  $\times 10$  and  $\times 40$  objectives, MyoD1 immunostaining was sought within the small round blue cells and the larger rhabdomyoblasts. Cells were regarded as MyoD1 positive when there was diffuse staining of either the nucleus<sup>5</sup> or the cytoplasm.

### Results

Using the wet heat processing method of antigen retrieval, the antibody directed against MyoD1 stained all seven rhabdomyosarcomas. Signal visualisation was optimal and the protein could be readily localised to the nuclei and cytoplasm (fig 1). The B5 section (case 6) showed better preservation of cellular details, facilitating cellular localisation of the protein. The neuroblastoma tissue sections did not stain. The immunohistochemical staining profile is shown in table 2.

### Discussion

Small round blue cell tumours of childhood include a variety of neoplasms, such as non-Hodgkin's lymphoma, neuroblastoma, rhabdomyosarcoma, and primitive neuroecto-

dermal tumours.<sup>8</sup> Correct histopathological diagnosis is very important for subsequent treatment and prognosis. Panels of various combinations of both mono- and polyclonal antibodies are used with the view to eliminating some diagnoses, and to confirm or suggest the most likely diagnosis. However, some antibodies lack specificity and sensitivity when applied to the small round blue cell tumours, mostly because of the absence of differentiation in the neoplastic cells. The presence of MyoD1 is accepted as diagnostic evidence of rhabdomyosarcoma, being absent in other childhood solid tumours.<sup>8</sup> MyoD1 is a nuclear phosphoprotein and the product of the MyoD1 gene on chromosome 11p.<sup>3-5</sup> This gene is a member of the MyoD family of myogenic regulatory genes which express DNA binding proteins that control the initial genetic events leading to the transcription of DNA sequences encoding myogenic proteins, such as desmin, creatinine kinase and myosin.<sup>4 6 12</sup>

Fixing tissue in formalin and embedding it in paraffin wax can mask antigens, and thus some kind of unmasking procedure is required. Enzymatic digestion has been used by many laboratories for this purpose. Microwave heating has been used to retrieve antigens<sup>13 14</sup> and



Figure 1 MyoD1 staining in rhabdomyoblasts. (A) and (B) Nuclear staining. Note the absence of staining in skeletal muscle cells in (B). (C) Cytoplasmic staining.

although a microwave processor has been designed specifically for laboratory use, many workers report success using a domestic microwave oven.<sup>15</sup> The technique is quick, reproducible, cost efficient, and facilitates antigen detection in tissues by markers which previously worked only in frozen tissue.<sup>15</sup> MyoD1 has been detected successfully in microwave pretreated paraffin wax sections.<sup>4</sup> However, the microwave technique is not without drawbacks. These include hot and cold spots in domestic ovens which result in batch inconsistencies and less than acceptable antigen recovery.<sup>11</sup> The number of sections accommodated is limited and constant monitoring is needed during the procedure; alteration in nuclear morphology has also been claimed.<sup>16</sup>

Wet heat processing has emerged as an alternative to overcome these drawbacks. It is similar to microwave pretreatment, both being dependent on superheating to denature the protein and rupture some of the aldehyde crosslinks.<sup>10</sup> Only a proportion of the nuclei of the poorly differentiated rhabdomyoblastic cells in our material stained positively (figs 1A and 1B). This phenomenon may be related to the findings of other workers that MyoD1 gene expression is down regulated when other members of the MyoD family are up regulated—for example, myogenin and myf-5.<sup>17</sup> Positive cytoplasmic immunostaining for MyoD1 has been reported previously, but no explanation has been forthcoming.<sup>8</sup> In our study, cytoplasmic immunostaining was noted specifically in large polygonal, often multinucleated, neoplastic cells (fig 1C). Members of the MyoD gene family activate their own transcription and transactivate the transcription of other members of the family. The antagonism between growth factor inducible immediate early gene products and those of the MyoD family can be overcome by the excess production of, for instance, MyoD1.<sup>18</sup> As an excess of MyoD1 can apparently cause transactivation of myogenin, present in the latter stages of myogenesis,<sup>3</sup> it is conceivable that nuclear MyoD1 is replaced by nuclear myogenin, and that excess MyoD1 appears temporarily in the cytoplasm of the bi- and multinucleated syncytia.

In conclusion, wet heat processing is an alternative method of antigen retrieval in routinely processed paraffin wax sections. Using this method, MyoD1 can be stained readily, thereby facilitating the diagnosis of rhabdomyosarcoma in small round blue cell tumours of childhood.

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