Inflammatory pseudotumour of the liver

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Abstract
Inflammatory pseudotumour is not a common lesion. The first series of 12 cases was described in 1986, to which 37 more cases have now been added. The histology, differential diagnosis, and prognosis of this lesion have been described in detail, but the aetiology is unknown and the mode of treatment remains controversial. A new case is presented and compared with the previously reported cases. Fine needle aspirate yielded a growth of klebsiella organisms. The possibility of this infection as an aetiological agent is considered.

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Case report
A 70 year old female was referred to RIPAS Hospital, Brunei with a history of intermittent low grade fever, progressive weight loss and weakness, and vague abdominal pain on the right side. She looked sick and weighed only 32 kg. Her body temperature was raised to 38.4°C. A tender mass was felt in right iliac fossa. Ultrasonography of the abdomen showed a necrotic mass of 4.0 cm diameter on the inferolateral aspect of the right lobe of the liver displacing the hepatic flexure downwards. Except for a raised erythrocyte sedimentation rate (ESR) of 30 mm in the first hour the rest of her haematological and biochemical profile, including the liver function tests, was within the normal range. α-Fetoprotein (AFP) and carcinoembryonic antigen (CEA) were not raised.

Ultrasonic guided fine needle aspiration of the mass yielded about 2 ml of turbid fluid which showed abundant neutrophils, fibrin, and few degenerating liver cells on a necrotic background. No malignant cells, fungal elements, parasites, or acid-fast bacilli could be seen. Klebsiella spp were cultured from the aspirated material. The lesion was considered to be inflammatory. After six weeks of treat-

In conclusion, our study focuses on the large spectrum of microscopic vascular alterations present in a late stage congestive gastropathy, of which, to the best of our knowledge, this is the first description. The similarity with Dieulafoy-like angiodysplasia emphasises that clear cut criteria to define gastric vascular lesions do not exist yet.

Figure 1 Plasma cells and lymphocytes mixed with prominent aggregates of foamy histiocytes (haematoxylin and eosiin stain, ×31).

Figure 2 Proliferating fibrous tissue arranged in a whorled pattern (Gordon and Sweet reticulin stain, ×31).

ment with an appropriate antibiotic, symptomatic improvement was noted but there was no change in the liver mass. The lesion was excised to exclude a neoplastic process. The specimen received was a wedge of liver 4×4×2.5 cm in which a well capsulated yellowish mass was seen, measuring 3×2.5 cm. The cut surface of this mass was solid, firm, and yellowish white in colour. Microscopic picture was of a poorly vascularised, well defined mass with a fibrous capsule. The mass was composed of oval or spindle shaped cells with vesicular nuclei and prominent nucleoli, cells with foamy cytoplasm (fig 1), multinucleated giant cells, and whorls of fibrous tissue (fig 2). The inflammatory cell component consisted mainly of plasma cells with an admixture of lymphocytes. Plasma cells were polyclonal in nature, secreting mainly IgG and both κ and λ light chains. All the other cells reacted positive to histiocytic markers (lysozyme, α1-antitrypsin). No endophlebitis or granulomas were seen. No organisms were seen on Gram stain. Stains for fungus were non-contributory. The portal tracts in the adjacent liver showed fibrosis and chronic inflammation.

Discussion

Inflammatory pseudotumour is a rare lesion, occurring at all ages.1,2 As the name implies, it is a lesion of inflammatory histology which commonly masquerades as a tumour. The usual presenting features are low grade fever, weight loss, hepatomegaly, jaundice, and leucocytosis. The histology is of a well capsulated mass of proliferating fibrous tissue arranged in whorls. The inflammatory cell component is rich in polyclonal plasma cells, lymphocytes, and histiocytes. CEA and AFP are never raised.3 There is controversy about the pathogenesis of the disease.4,14 Some regard it as an abnormal exuberant tissue response to some external stimulus.5 Others think that it is a sclerosing lesion similar to retroperitoneal fibrosis.1

The present case satisfied most of the above diagnostic criteria of an inflammatory pseudotumour, though leucocytosis and jaundice were absent and the ESR was only minimally raised. However, the important feature was the isolation of klebsiella organisms on smear and culture. There have only been a few reports where organisms have been found and the presence of infection is usually considered to be incidental,1 though Lupovitch et al4,5 found Gram positive organisms in smears from the lesion, suggesting the possibility of a streptococcal infection which finally organised into the pseudotumour. Because of early detection and regular follow up in our patient, the gradual evolution of an inflammatory pseudotumour from an abscess caused by klebsiella was clearly demonstrated. The organisms were not seen in the resected mass, possibly because of the antibiotic treatment. Since the pseudotumour was resected after a relatively short period, the histology showed prominent aggregates of foamy histiocytes.

Our case supports the view that inflammatory pseudotumour arises from a low grade infection which organises early and may not be detectable at the time of presentation. Inflammatory pseudotumour should always be considered in the differential diagnosis of a mass in the liver with normal CEA and AFP levels. A needle aspiration or biopsy should be done to avoid major hepatic surgery.