Vitamin K and metabolic bone disease

The report by Vermeer and colleagues that vitamin K may be important in the causation of metabolic bone disease is interesting, but there is an alternative hypothesis that could also explain some of the apparently vitamin K-mediated bone effects. Vitamin B-6 is an essential cofactor for the enzyme ornithine carbamoyltransferase which is the rate limiting enzyme in the formation of putrescine which regulates osteoblast glucose-6-phosphate dehydrogenase activity and thus osteoblast NADPH concentrations. **NADPH** is essential for the vitamin K cycle in which the epoxide form of vitamin K is converted back to the naphthoquinone form which is required for **γ-carboxylation of osteocalcin**. It is therefore possible that vitamin B-6 status could modulate the effects of vitamin K on bone metabolism.

Although the chain of events described above may seem excessively complicated, there is evidence that vitamin B-6 deficiency in rats reduces bone healing and that vitamin B-6, assayed by high performance liquid chromatography, is lower in patients who spontaneously (traumatically) fracture their hips than in patients whose hip fracture is at the hands of an orthopaedic surgeon as an elective procedure. Further research into the interaction of these two vitamins may be indicated.

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Variability of immunohistochemical reactivity on stored paraffin slides

We read the paper by Berthau and colleagues with interest. We have made similar observations in our laboratory while investigating the expression of the androgen receptors (AR) and epidermal growth factor receptors (EGFR) in sections from formalin fixed, paraffin embedded archival prostatic specimens. Studies on the heterogeneity of androgen receptor expression in prostate cancer have focused exclusively on epithelial cells, while reports on the EGFR content of similar tissues have been conflicting results.2,3 We aimed to determine the differential expression of androgen receptors in the stromal and epithelial compartments of prostate cancer glands, and also to scrutinise these neoplasms for the presence of a variant-type EGFR (EGFRVIII). As part of the initial tests to ascertain the validity of our results, we sought to exclude time related antigen degrada-
tion by investigating the effect of storage (at room temperature) on the intensity of staining in serial paraffin sections. During these tests we used five different antibodies which recognised antigens in the nucleus (anti-AR NCL-2F-AR, Novocasta), in the cytoplasm (anti-EGFRVIII; produced by Drs Moscatello and Wong, Kimmel Cancer Institute, Philadelphia, USA), and on the cell membrane (anti-EGFR clone 31G7, Cambridge Bioscience; anti-prostatic specific antigen [PSA], Eurogentec; and anti-prostatic acid phosphatase (PAP), Sigma). Three of these antibodies required pretreatment of the sections (microwave, anti-AR, and anti-EGFRVIII; or protease, anti-EGFR) for antigen retrieval, while the other two (anti-PSA and anti-PAP) did not.

In the androgen receptor studies, we found that the intensity of nuclear staining seen in serial sections from androgen receptor positive prostate cancer patients was dramatically reduced in sections stained after 10 days storage, and was completely lost after three weeks. On the other hand, the intensity of the immunoreac-
tions to the anti-EGFRVIII and anti-PSA were constant for three months but were reduced thereafter, though some staining was still vis-
ible in sections that were a year old. However, the intensity of both anti-EGFRVIII and anti-PAP staining remained virtually unchanged in sections that were stored for a year.

From these results we also concluded that there is a variable degree of antigen degrada-
tion in stored paraffin sections, and that this loss is proportional to the period of storage. The rapidity of decline in the intensity of staining is also dependent on the antigen, and seems to be highest in nuclear steroid receptors. Similarly, we found that the loss of immunoreactivity was not limited to antigens that require pretreatment for the exposure of the relevant epitopes. We would therefore agree with the authors that previous conflicting results from immunohistochemical stud-
ies on archival tissues could be caused in part by differences in the age of stored sections used. We also support their suggestion that the use of unstained paraffin sections that have been in long term storage should be avoided, and that immunohistochemical sys-
tems should be checked for age induced anti-
gen degradation before carrying out both diagnostic and research studies, to ensure better standardisation of results. We have fol-
lowed these protocols in our studies on archi-
val material that have been done after these observations were made.

We would like to thank Ms A Lyett, C Whiteley, and F Wright for their assistance with this project.

3 Maddy S, Chisholm G, Busuttil A, et al. Epider-
5 Humphrey P, Wong A, Vogelstein B, et al. Anti-
synthetic peptide antibody reacting at the fusion junction of deletion-mutant epidermal growth factor receptor in human glioblastoma. Proc Natl Acad Sci USA 1990;87:5207–11.
6 Olapade-Olaopa E, MacKay E, Sandhu D, et al. Mechanisms for hormone resistance in pros-
and who become infected with H pylori, IL-1 mediated activation of the sympathetic nervous system may provide the trigger for fatal arrhythmias leading to SIDS.

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Epithelial-myoepithelial carcinoma?

In the July edition of this journal, McCluggage et al describe a myoepithelial carcinoma arising in a pleomorphic adenoma.1 The report is interesting but raises the question as to whether the original tumour was in fact an epithelial-myoepithelial carcinoma, with the subsequent recurrences representing overgrowth of the malignant myoepithelial component.

In their description of the original tumour, McCluggage et al describe the epithelial element as being set in a hyalinised stroma with other areas showing myoepithelial cells in a myxoid stroma. It is not clear from the illustration, but could the former be the sclerotic pattern of epithelial-myoepithelial carcinoma as described by Simpson et al?2 The encapsulated nature of the first tumour would not be against this diagnosis as this is an accepted feature of epithelial-myoepithelial carcinoma.1 The subsequent recurrences could then be interpreted as overgrowth of the myoepithelial element, again a well recognised feature of epithelial-myoepithelial carcinoma; this would be supported by the presence of ducts and tubules in the first recurrence.

Although I would not dispute that malignant transformation occurs within pleomorphic adenomas the slightly atypical appearance of the original tumour in this case should perhaps raise the possibility of an epithelial-myoepithelial carcinoma.

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Authors’ response

We thank Dr Cavill for his letter concerning our recent case report of myoepithelial carcinoma arising in a pleomorphic adenoma. We are confident that the original diagnosis of a pleomorphic adenoma (albeit with some atypical features) was correct and that this neoplasm does not represent an epithelial-myoepithelial carcinoma. Epithelial-myoepithelial carcinoma is characterised by tubules with a double layer of inner epithelial and outer myoepithelial cells. The ducts and tubules in the original tumour and in the first recurrence in the case we describe had a single cell lining. These cells were morphologically and immunohistochemically (AE1/AE3, EMA, and CEA positive; S-100 protein, α smooth muscle actin, and vimentin negative) characteristic of epithelial cells.

We agree that from the illustration (fig 1A) it is not entirely clear whether the tubules have a single or double cell layer but we consider that the impression of more than one cell layer is due to plane of section artefact.

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P G TONER
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CD-ROM

Peripheral Blood—Tutor (CD-ROM).


The advent of computer graphics has led to an explosion in material available for teaching, and this is another potential candidate for the list. How does this CD-ROM fair? Does it fulfill its promise of helping you make the right call when looking at peripheral smears? It is aimed mainly at the laboratory technical staff and possibly junior doctors. Illustrations and concise relevant text give a good overall flavour of morphology but it is not of sufficient depth to be particularly useful aid to higher specialist training. An accompanying atlas is available but was not reviewed.

A general introduction covers sampling and film preparation, with useful examples of preparation artefacts. Sections on cell morphology and disease associations follow. It is easy to use; however, the menu based format is at times a little cumbersome. A quiz and two final examinations provide an interactive approach. The answers, as promised, provide a rationale for the correct response but the lack of a differential diagnosis detracts from the potential educational value. As with all such products the computer graphics are one of the main limiting factors; some of these images are excellent but others lack clarity, with poorer resolution occurring with image enlargement.

There is no doubt that a CD-ROM is a useful educational tool given the cost, however, one addition does not offer any

major innovations over material already available and is only a first step on the way to making the right call. ANGELA WOOD

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**Book reviews**

**Electron Microscopy for the Fine Needle Aspiration of Tumors: A Primer.**

This book is meant to offer a complete and comprehensive review of the neoplastic cell and tumor stroma for beginners in ultrastructural tumour diagnosis. It differs from other publications by being shorter and simpler. Unfortunately, however, the book suffers from various shortcomings that make it poorly suited to its goal.

First and most importantly, the author has chosen to “ignore references to specific entities.” As a result, numerous structures are extensively described without even the slightest reference to their possible diagnostic meaning. To name a few examples: what is the use of reading detailed descriptions of Birbeck granules and Weibel-Palade bodies, to look at no less than 22 illustrations of nuclear characteristics, or to read that mitochondrial cristae can be lamellar, tubular, or vesicular without any further information or discussion?

Second, the quality of the illustrations is extremely poor, even taking account of the fact that they are from routine clinical material. As a result, many features are hard to distinguish or are not distinguishable at all. Examples are the mast cell granules which do not display any trace of the “characteristic banding” mentioned in the text, and the collagen fibrils in which the “characteristic banding” is virtually invisible.

Third, there are numerous small and large omissions and mistakes of various kinds. Thus, structures like anchoring fibres, desmosomes, hemidesmosomes, and so on are described in an inconsistent and careless way and therefore have lost all diagnostic meaning. Also, the importance of measuring structures is stressed, but the author himself frequently fails to mention, for example, the periodicity of the striations found in melanosomes or that of the banding of fibrin. In other instances, the author apparently forgot to apply his own methods to measure structures, according to the magnifications given, the “long spacing” collagens depicted in two micrographs have periodicities of about 30 and 65 nm, respectively!

In conclusion, this booklet cannot be recommended as a primer in the field of diagnostic electron microscopy, not even (or especially not?) for beginners.

K P DINGEMANS

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**Histological Typing of Kidney Tumours.**

This is the second edition of the volume that Dr Mostofi published in 1981. That book was widely recognised as one of the most comprehensive and useful accounts of renal tumour pathology available, becoming the reference book for many pathologists. The new book corrects some of the previous deficiencies in the classification of benign and malignant tumours. This book is illustrated throughout in colour. The new figures are well chosen and make their points clearly and well. The text has been brought up to date. It is organised into sections that deal with each of the major tumour groups and tumour-like lesions of the renal parenchyma and pelvis. Several new entities unrecognised in 1981 have been discussed, including metanephric adenoma, chromophobe carcinoma, and renal medullary carcinoma. Renal adenosomas have been presented in more detail. More extensive discussion of nephroblastic lesions is given, including mesoblastic nephroma and cystic nephroma. Two new entities are included: clear cell sarcoma and rhabdoid tumour. A list of miscellaneous tumours is also added. Various new tumour-like lesions have been included. The definitions and explanatory notes are very clear and easy to understand by pathologists not familiar with the English language.

The second part of the book includes 145 colour photomicrographs that cover most of the morphological spectrum of the lesions described in the first part. These are of good quality and useful for a quick reference and consultation in routine work. I have had this book by my microscope for several weeks and can confirm its value in day to day practice. Anyone who works in renal tumour pathology will want to get a copy without delay. In addition to this, I have used this book as a teaching tool for renal pathology for the undergraduate medical students. They have found it very useful because of the clarity of the definitions and explanations and, above all, for the wealth of images.

R MONTIRONI

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**Cytopathology for Histopathologists.**

1–8 February 1999

Northwick Park Hospital, Harrow

An intensive course in basic cytopathology suitable for candidates preparing for the MRCPath examination in histopathology, and for established histopathologists requiring revision. It is given by the Department of Cellular Pathology, Northwick Park Hospital (Dr Ketan A Shah). Limited to 25 participants. Approved for 30 CME points. Course fee £350.

Further details from: Debbie Booth, Postgraduate Courses Coordinator, Room 6V017, Medical Education, Northwick Park hospital, Harrow, Middlesex HA1 3UJ; tel 0181 569 2254

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**Practical Pulmonary Pathology**

Imperial College School of Medicine, London

14–15 April 1999

Further details from: Professor B Corrin, Brompton Hospital, London SW3 6NP, UK. Fax +44 (0)171 351 8293; email: b.corrin@ic.ac.uk

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**The Brighton Histopathology Course**

(Histopathology for the MRCPath)

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For further details and application form, contact Dr N Kirkham, Histopathology, Royal Sussex County Hospital, Brighton BN2 5BE; tel 01273 664501; fax 01273 481012; email: nigeli@pavilion.co.uk
Cellular and Molecular Pathology Update
University of Liverpool, UK
16–19 June 1999

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