Hodgkin’s lymphoma: the pathologist’s viewpoint

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Despite its well known histological and clinical features, Hodgkin’s lymphoma (HL) has recently been the object of intense research activity, leading to a better understanding of its phenotype, molecular characteristics, histogenesis, and possible mechanisms of lymphomagenesis. There is complete consensus on the B cell derivation of the tumour in most cases, and on the relevance of Epstein-Barr virus infection and defective cytokinesis in at least a proportion of patients. The REAL/WHO classification recognises a basic distinction between lymphocyte predominance HL (LP-HL) and classic HL (CHL), reflecting the differences in clinical presentation and behaviour, morphology, phenotype, and molecular features. CHL has been classified into four subtypes: lymphocyte rich, nodular sclerosing, with mixed cellularity, and lymphocyte depleted. The borders between CHL and anaplastic large cell lymphoma have become sharper, whereas those between LP-HL and T cell rich B cell lymphoma remain ill defined. Treatments adjusted to the pathobiological characteristics of the tumour in at risk patients have been proposed and are on the way to being applied.

Hodgkin’s disease (HD) is a lymphoid tumour that forms less than 1% of all de novo neoplasms occurring every year world wide. Its diagnosis is based on the identification of characteristic multinucleated giant cells within an inflammatory milieu. These cells—termed Reed-Sternberg (RS) or diagnostic cells—represent the body of the tumour: they measure 20–60 µm in diameter and display a large rim of cytoplasm and at least two nuclei with acidophilic or amphophilic nucleoli, covering more than 50% of the nuclear area (fig 1A). The tumoral population also includes a variable number of mononuclear elements—Hodgkin’s cells (HCs)—showing similar cytological features to RS cells and neoplastic cell variants, each corresponding to a specific subtype of HD. Molecular studies have recently shown that in most if not all cases RS cells, Hodgkin’s cells, and cell variants belong to the same clonal population, which is derived from peripheral B and T cells in about 98% and 2% of cases, respectively.14 Accordingly, HD has been included among malignant lymphomas and the term “Hodgkin’s lymphoma” (HL) has been proposed.15

Although regarded as “diagnostic”, RS cells are not exclusive to HL because similar elements can be seen in reactive lesions (such as infectious mononucleosis), B and T cell lymphomas, carcinomas, melanomas, and sarcomas.13 Thus, the presence of an appropriate cellular background—along with the results of immunophenotyping—is basic for the diagnosis. The reactive milieu, which can form up to 99% of the total population examined, consists of small lymphocytes, histiocytes, epithelioid histiocytes, neutrophils, eosinophils, plasma cells, and fibroblasts in different proportions, depending on the histological subtype of HL. It is sustained by an autocrine and/or paracrine production of cytokines such as interleukin 2 (IL-2), IL-5, IL-6, IL-7, IL-9, IL-10, IL-13, basic fibroblast growth factor, transforming growth factor β, tumour necrosis factor α (TNF-α), and thymus and activation related chemokine.16 The release of these molecules is also responsible for most of the symptoms recorded in patients with HL, in addition to the ability of the neoplastic cells to escape from growth controls and immunosurveillance. More recently, it has been proposed that hepatic growth factor and c-MET might constitute an additional signalling pathway between RS cells and the reactive cellular background, affecting adhesion, proliferation, and the survival of RS cells.17

HISTOPATHOLOGICAL CLASSIFICATION

In 1832, Sir Thomas Hodgkin provided the first macroscopic description of the process in a paper entitled “On some morbid appearances of the absorbent glands and spleen”. In 1898 and 1902, Carl Sternberg and Dorothy Reed independently described the typical “diagnostic” cells. In 1944, Jackson and Parker proposed the first comprehensive classification of the tumour (table 1).

Abbreviations: ALCL, anaplastic large cell lymphoma; ALCL-HL, ALCL Hodgkin-like type; BNI, British national lymphoma investigation; CHL, common Hodgkin’s lymphoma; DLBCL, diffuse large B cell lymphoma; EBER, Epstein-Barr virus early RNA; EBV, Epstein-Barr virus; EMA, epithelial membrane antigen; FDC, follicular dendritic cell; Fl, follicular lymphoma; HD, Hodgkin’s disease; HIV, human immunodeficiency virus; HL, Hodgkin’s lymphoma; H&RS, Hodgkin’s and Reed-Sternberg; IL, interleukin; LD-CHL, lymphocyte rich large B cell lymphoma; HD, Hodgkin’s disease; HIV, human immunodeficiency virus; HL, Hodgkin’s lymphoma; H&RS, Hodgkin’s and Reed-Sternberg; IL, interleukin; LD-CHL, lymphocyte depletion CHL; L/H, lymphocyctic/histiocytic; LL, Lennert’s lymphoma; LMP, latent membrane protein; LP-HL, lymphocyte predominant HL; LR-CHL, lymphocyte rich CHL; MC-CHL, mixed cellularity CHL; NHL, non-Hodgkin’s lymphoma; NS-CHL, nodular sclerosis CHL; PCNA, proliferating cell nuclear antigen; PCR, polymerase chain reaction; PMBCCL, primary mediastinal large B cell lymphoma; PTGC, progressively transformed germinal centre; REAI, revised European–American; RS, Reed-Sternberg; TCR, T cell receptor; TCRBCL, T cell rich B cell lymphoma; TNF, tumour necrosis factor; WHO, World Health Organisation.
However, this classification was subsequently found to be clinically irrelevant, because most patients belonged to the granulomatous subtype and the response to treatment varied greatly from case to case.

In 1956, Smetana and Cohen identified a histopathological variant of granulomatous HD, which had a better prognosis and was characterised by sclerotic changes: this variant was termed “nodular sclerosis HD” in the classification proposed by Lukes, Butler, and Hicks in 1964 (table 1). This last classification, simplified at the Rye conference in 1965 (table 1) has been used routinely over the past 35 years because of the high interpersonal and intrapersonal reproducibility and good clinicopathological correlations.

In 1994, in the light of morphological, phenotypic, genotypic, and clinical findings, HL was listed in the revised European-American lymphoma (REAL) classification and subdivided into two main types: lymphocyte predominant (LP-HL) and common HL (CHL). CHL included the following subtypes: nodular sclerosis (NS-CHL), mixed cellularity (MC-CHL), lymphocyte depletion (LD-CHL), and the diffuse form of the lymphocyte rich CHL (LR-CHL) (table 1). This approach has recently been adopted by the revised European–American lymphoma classification, the tumour was also called “nodular paragranuloma”, a designation coined by the Kiel group, shared by LP-HL and CHL is the low number of neoplastic elements, which is restricted to a single lymph node needs further treatment.

It is noteworthy that HL subtyping should be performed only in lymph node biopsies at the onset of the disease: in fact, chemotherapy and/or radiotherapy modify the histopathological picture by inducing a lymphocyte depleted pattern.

**LP-HL**

LP-HL represents 4–5% of all HL cases, and differs greatly from the common type in terms of morphology, phenotype, genotype, and clinical behaviour (table 2). The only feature shared by LP-HL and CHL is the low number of neoplastic cells. For a long time, after the adoption of the Lukes classification, the tumour was also called “nodular paragranuloma”, a designation coined by the Kiel group, based on the term “paragranuloma” introduced much earlier by Jackson and Parker. This designation intended to underline the differences existing between this type of HL and the remaining ones.

**Clinical findings**

LP-HL displays features that are not generally encountered in CHL, which makes its clinical picture closer to that of “indolent” B cell lymphoma. First, it has a unimodal age distribution, with a single peak in the 4th decade, which contrasts with the two peaks of CHL, one in the 3rd and the other in the 7th decade. The disease usually affects single cervical, axillary, or inguinal nodes rather than groups of nodes. Bone marrow involvement is found only occasionally during staging procedures in patients whose disease appears to be limited to a single node; this pattern of spread differs from the orderly progression classically seen in CHL.

Involvement of the thymus is most unusual, unlike the other types of HL. The tumour has a very indolent course, with prolonged disease free intervals, despite a high rate of late relapses, which usually respond well to treatment. In addition, it can be associated with a diffuse large B cell lymphoma (DLBCL), which has a more favourable outcome than de novo large B cell lymphomas. In general, the prognosis is good and specific treatment protocols are now beginning to be used: it has even been questioned whether a patient whose disease is restricted to a single lymph node needs further treatment. These clinical findings alone justify a clear cut distinction between LP-HL and CHL, a concept that is supported by morphological and phenotypic data (see below).

**Morphological findings**

In most instances, the growth is—at least in part—nodular (fig 1B), with the occurrence of a diffuse variant of the process being very rare. The neoplastic population consists of large elements, called L&H (lymphocytic/histiocytic) or popcorn cells. The former term has almost completely been abandoned in the light of the confirmed lymphoid derivation of the tumour. Popcorn cells show nuclei resembling those of centroblasts, with a polylobular profile, finely dispersed chromatin, and small nucleoli, which are often adjacent to the nuclear membrane (fig 1C). Their cytoplasmic rim is narrow and basophilic when stained with Giemsa. Occasionally, neoplastic elements display the features of RS cells and/or of lacunar cells of NS-CHL and are associated with minimal sclerosis; under these circumstances, immunophenotyping plays a fundamental role in the differential diagnosis between LP-HL and LR-CHL or NS-CHL (table 2). The reactive milieu consists of small lymphocytes with some plasma cells and epithelioid elements, which at times become so numerous as to mimic a histiocytic rich, large B cell lymphoma (HCRBCL).

**Progressively transformed germinal centres**

Progressively transformed germinal centres (PTGCs)—first described by Lennert in collaboration with Müller-Hermelink in 1978—are a peculiar form of follicular hyperplasia, which can be confused with LP-HL.

PTGCs occur in children and young adults, and these individuals reveal a slightly higher risk of developing LP-HL than the average population. PTGCs can precede, concur with, or follow LP-HL.

On morphological grounds, PTGCs are two to three times larger than reactive follicles and predominantly consist of small lymphocytes, mainly mantle cells, intermingled with some centroblasts and follicular dendritic cells (FDCs) (fig 1D). PTGCs can be differentiated from LP-HLs because of the lack of popcorn elements and their cytological composition: they are composed of a mixture of B (CD20+), T (CD3+), histiocytes, and FDCs, which overall produce a “moth-eaten” appearance.

**Phenotypic findings**

The neoplastic cells have a characteristic profile, which differs greatly from that of CHL. In particular, they are CD45+, CD19+, CD20+, CD22+, CD79a+, J chain+, epithelial membrane antigen (EMA)+, and CD15+. CD30 positivity is rare and, when detected, weak. Interestingly, a certain number of extrafollicular reactive blasts (smaller than the popcorn cells) are detected by the anti-CD30 antibodies: in the past, they have been misinterpreted as tumoral elements. Popcorn cells regularly express Oct2 and BOB.1 (fig 1E–J). The transcription factor Oct2 and its coactivator BOB.1 play a basic role in immunoglobulin synthesis by triggering the specific gene promoter, and are excellent tools for the identification of neoplastic cells in LP-HL, in addition to their differentiation from those of CHL, which are negative in almost all instances.

The derivation of the tumour from germinal centres is supported by:

1. The expression of the bcl-6 gene product (fig 1I), CD40 (fig 1K), and CD86 by neoplastic cells. In addition, it can be associated with a diffuse large B cell lymphoma (DLBCL), which has a more favourable outcome than de novo large B cell lymphomas. In general, the prognosis is good and specific treatment protocols are now beginning to be used: it has even been questioned whether a patient whose disease is restricted to a single lymph node needs further treatment. These clinical findings alone justify a clear cut distinction between LP-HL and CHL, a concept that is supported by morphological and phenotypic data (see below).

2. The occurrence of numerous CD4+CD27+ T cells surrounding the popcorn cells, as seen in normal germinal centres and PTGCs (fig 1F,G).

3. The presence of an FDC meshwork (CD21+/CD35+ within the nodules (fig 1L).

Kraus and Haley have recently reported that LP-HL is characterised by Bcl-6/CD57 double stained small lymphocytes resembling atypical typical CD20+/Bcl-6+ popcorn cells. These small lymphocytes correspond to a subset of CD57+ T helper cells found within the germinal centre, which coexpress Bcl-6 (B Falini et al. Presented at the Third International Symposium on Hodgkin’s Lymphoma, Kolne, Germany, September 18–23, 1995). They are very useful for the differential diagnosis with PTGC, LR-CHL, and T cell rich B cell lymphoma (TCRBCL),
which do not generally contain these double stained T cell
rosettes. However, a proportion of TCRBCLs may show a
pattern similar to the one observed in nodular LP-HL, sup-
porting the view of Rüdiger et al that the borders between the two
tumours are not always sharp and the diagnosis needs a combi-
nation of phenotypic features, including the CD21+
FDC pattern and the TIA-1/CD57 ratio. Finally, as revealed by their Ki-67
positivity, most popcorn cells are in cycle.

Genotypic findings
Further evidence indicating that the tumour is derived from
germininal centre B cells has been provided by recent molecular
studies, based on the single cell polymerase chain reaction
(PCR). These studies have shown that popcorn cells in any
given case represent monoclonal populations derived from
germininal centre B cells, owing to the consistent occurrence of
monoclonal Ig gene rearrangements and the high load of
somatic mutations within variable region genes. Ongoing
mutations are detected in about half of LP-HL cases: this
finding—not observed in CHL—identifies mutating germinal
centre cells as the precursors of the neoplastic elements. The
pattern of mutation within these gene segments suggests that
tumoral cells, their precursors, or both have been selected for
expression of functional antigen receptors.

Figure 1  (A) A typical diagnostic Reed-Sternberg (RS) cell within a composite inflammatory milieu (haematoxylin and eosin; original
magnification, x500). (B) Nodular lymphocyte predominant Hodgkin’s lymphoma (LP-HL): at low power, a neoplastic nodule can be seen as a
densely packed cellular area with a high content of small lymphocytes (Giemsa; original magnification, x40). (C) Nodular LP-HL: at higher
magnification, some popcorn cells and one Reed-Sternberg-like element are detected among small lymphocytes (Giemsa; original
magnification, x450). (D) Nodular LP-HL: at low magnification, a progressively transformed germinal centre looks like a nodule of LP-HL;
however, among small lymphocytes there are some centroblasts and centrocytes, but no popcorn cells (Giemsa; original magnification, x40).
(E) Nodular LP-HL: a popcorn cell and most small lymphocytes within a nodule express the B cell marker CD79a (APAAP technique, Gill’s
haematoxylin counterstain; original magnification, x500). (F) Nodular LP-HL: popcorn cells are surrounded by rosettes of CD3+ T cells (APAAP
technique, Gill’s haematoxylin counterstain; original magnification, x250). (G) Nodular LP-HL: rosetting T cells largely express CD57 (APAAP
technique, Gill’s haematoxylin counterstain; original magnification, x250). (H) Nodular LP-HL: popcorn cells express epithelial membrane
antigen (EMA) (APAAP technique, Gill’s haematoxylin counterstain; original magnification, x250). (I) Nodular LP-HL: popcorn cells (circled)
express the bcl-6 gene product (APAAP technique, Gill’s haematoxylin counterstain; original magnification, x250). (J) Nodular LP-HL: positivity
of neoplastic elements for the Oct2 gene product (APAAP technique, Gill’s haematoxylin counterstain; original magnification, x300). (K)
Nodular LP-HL: popcorn cells strongly express CD40 (APAAP technique, Gill’s haematoxylin counterstain; original magnification, x300). (L)
Nodular LP-HL: neoplastic elements are found within a delicate meshwork of CD21+ follicular dendritic cells (APAAP technique, Gill’s
haematoxylin counterstain; original magnification, x300).
Finally, to date, in situ hybridisation studies with Epstein-Barr virus (EBV) early RNA 1/2 (EBER1/2) probes, in addition to conventional Southern blot, PCR, and immunohistochemistry for the latent membrane protein 1 (LMP-1), have never detected EBV in the popcorn cells of LP-HD, in contrast to the neoplastic component of CHL.

Isolated small lymphocytes from the reactive background carry EBV infection in 25% of cases of CHL.

CLASSIC HD
This variant comprises about 95% of all HL cases and shows a typical bimodal age distribution, with a peak at 10–35 years of age and a second peak in late life. Isolated small lymphocytes from the reactive background carry EBV infection in 25% of cases of CHL.

Clinical findings
CHL usually presents in the laterocervical lymph nodes, with peripheral extranodal involvement being very rare. About 50% of patients are in stage I or II. A mediastinal mass is seen in most patients with NS-CHL, at times showing the characteristics of “bulky” disease. Systemic symptoms—fever, night sweats, and body weight loss—are detected in approximately 25% of patients. In contrast to earlier reports, the histological subtype is not regarded as a major prognostic indicator. Without treatment, CHL has a moderately aggressive clinical course. With the present treatments, 70–80% of cases show long term survival. In the early stages of the disease, extended field irradiation has been the standard for decades and results in excellent cure rates. However, because of fatal longterm effects, especially the high rates of second solid tumours, extended field radiotherapy is now being abandoned by most study groups. Instead, mild chemotherapy for the control of occult disease is combined with involved field irradiation. In intermediate stage CHL, where combined modality treatment is the treatment of choice, extended field irradiation is substituted by involved field irradiation for the same reasons. In advanced stage CHL, eight cycles of polychemotherapy (plus additional radiotherapy for large tumour masses and residual lymphomas) for decades has cured only 50% to 60% of patients. The development of a new dose intensified regimen (such as BEACOPP) for the first time has significantly improved that prognosis. In relapsed CHL, recently published phase III studies suggest an improvement in the relapse free...
survival of patients using high dose chemotherapy. For a comprehensive review see Diehl and Josting.40

### Morphological findings

In CHL, typical Hodgkin’s and Reed-Sternberg (H&S) cells (fig 1A) can be easily detected: their number (from few to many) differs from case to case. They may be associated with peculiar cell variants and are found within an inflammatory milieu, related to the histological subtype (see below). The lymph node structure is largely effaced, although remnants of normal follicles can be detected in some cases. The type of structural alteration is indeed characteristic in NS-CHL.

### Phenotypic findings

In 1982, Schwab et al described a new monoclonal antibody, termed Ki-1, whose reactivity seemed restricted to H&S cells and a small subset of normal lymphocytes with perifollicular location. However, the extensive application of the antibody showed that it was not specific to H&S cells, as originally thought, but reacted with a variety of lymphoid tumours, including a previously unrecognised category, called anaplastic large cell lymphoma.41–44 Other reagents with similar characteristics have also been developed,45 and these reagents were gathered together at the third workshop on leucocyte differentiation antigens (Oxford, UK, 1986) to form the 30th cluster of monoclonal antibodies (CD30). The target recognised by these antibodies is a glycoprotein of 120 kDa, expressed by lymphoid elements after activation and formed by three distinct domains (intracytoplasmic, transmembrane, and external).46 It is encoded by a gene located at 1p36 and represents a member of the TNF receptor superfamily.47 As expected, its ligand (CD30L) belongs to a group of molecules that have homology to TNF. The external domain of CD30 is steadily cleaved by a metalloproteinase so that it can be detected and measured.48 Surface CD30 values seem to correlate with the size and diffusion of the tumour at presentation, thus representing a new possible prognostic indicator.

### Table 1

**Hodgkin’s lymphoma (HL) classification schemes**

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<tr>
<th></th>
<th>Jackson and Parker classification</th>
<th>Paragranuloma</th>
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<tr>
<td>1</td>
<td>Granuloma</td>
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<tr>
<td>2</td>
<td>Lymphocyte and/or histiocytic, nodular</td>
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<td>3</td>
<td>Mixed cellularity</td>
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<td>4</td>
<td>Diffuse fibrosis</td>
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<td>Reticular Rye conference classification</td>
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<tr>
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<th>Lymphocyte predominance nodular/diffuse</th>
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<tr>
<td>1</td>
<td>Classic HL</td>
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<td>2</td>
<td>Nodular lymphocyte predominant HL</td>
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<tr>
<td>3</td>
<td>Classic HL</td>
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<td>4</td>
<td>Lymphocyte and/or histiocytic, diffuse</td>
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<tr>
<th></th>
<th>Lymphocytic depletion Revised European–American lymphoma (REAL) classification</th>
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<tr>
<td>1</td>
<td>Nodular lymphocyte predominance nodular/diffuse</td>
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<tr>
<td>2</td>
<td>Classic HL</td>
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<td>3</td>
<td>Nodular sclerosis</td>
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<td>Lymphocyte depleted HL</td>
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<td>7</td>
<td>Unclassifiable classic HL</td>
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*This includes a nodular (common) and a diffuse (rare) form in contrast to the REAL classification.

### Table 2

**Differential diagnosis between T cell rich, large B cell lymphoma (TCRBCL), lymphocyte predominant Hodgkin’s lymphoma (LP-HL), and common Hodgkin’s lymphoma (CHL)**

<table>
<thead>
<tr>
<th>Diagnostic criteria</th>
<th>TCRBCL</th>
<th>LP-HL Nodular/diffuse</th>
<th>CHL</th>
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<td>Neoplastic component</td>
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<td>Ig gene rearrangement</td>
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| Reactive component                  |        |                        |     |
| T cells                             |        |                        |     |
| T cells with irregular nuclear profile |      |                        |     |
| Bcl-6+/CD57+ rosettes               |        |                        |     |
| Amount of TIA-1+ cells              |        |                        |     |
| Amount of CD20+ small lymphocytes   |        |                        |     |
| Histioctyes                         |        |                        |     |
| FDC                                |        |                        |     |

| Clinical findings                   |        |                        |     |
| Stage                               |        |                        |     |
| Bone marrow involvement             |        |                        |     |
| Orderly progression in the spread   |        |                        |     |

| EMA, epithelial membrane antigen; FDC, follicular dendritic cells; L/H, lymphocytic/histiocytic (popcorn); RS, Reed Sternberg |
|---|---|---|---|
| Weakly positive in some instances; *Negative in rare instances; †Usually overexpressed; §In 1–2% of the cases T cell receptor gene rearrangement. |
independent of age, race, symptoms, and bulky disease. The CD30 molecule has also been proposed as a possible target for specific antibodies conjugated with plant toxins and administered to patients with CHL for therapeutic purposes. Preliminary studies have shown these immunoconjugates to have remarkable cytotoxic activity.

On immunohistochemical analysis, both in paraffin wax embedded and frozen sections, the antibodies against CD30 produce different types of positivity: membrane bound or dot-like in the Golgi area (corresponding to the accumulation of the 90 kDa proteic precursor) and diffuse (fig 1M). The first two patterns are exclusive to lymphoid elements (fig 1M), with the exception of embryonic carcinoma (fig 1N).1-10 whereas the diffuse pattern can occur in a variety of malignant tumours other than lymphomas, including pancreatic carcinoma, nasopharyngeal undifferentiated carcinoma, and malignant melanoma.11 Therefore, the immunophenotypic diagnosis of HL should always be based on the application of a panel of antibodies, including reagents against cytotokerasins, melanoma associated antigens, carcinoembryonic antigen, and placental alkaline phosphatase.12 Expression of the CD30 molecule by H&RS cells is seen in more than 98% of CHLs, although the intensity of the immunostaining can vary from one case to another, and even within the same case. Interestingly, the antigen is masked by fixation,13-15 whereas CD15 is usually negative, with a few reported exceptions in the CHL literature. In addition, the antigen is virtually absent in formalin fixed or fixed in B5; thus very efficient antigen retrieval techniques are required to achieve reliable results in routine material.16 CD15 is another valuable marker for H&RS cells (fig 1O), and is detected in about 80% of patients with CHL.8 17-19 CD15 is characteristic, but not specific, for H&RS cells because it can be detected (although rarely) in B and T cell lymphomas and in non-lymphoid tumours.20 21 22 H&RS cells usually lack CD45 and EMA expression,23-24 whereas B and T cell markers are seen in a proportion of cases.25 In particular, CD20 (fig 1P) is found in 30–40% of CHL (usually EBV negative) and CD79a is found even less often.26 Positivity (usually weak) for one or more T cell marker is detected in a minority of H&RS cells in some cases.27 Under these circumstances, single cell PCR studies have so far shown T cell receptor (TCR) gene rearrangement in only three instances, with clonal Ig gene rearrangements occurring in most CHL cases with T cell marker expression.21 In contrast to that seen in LP-HL, the elements of CHL show variable expression of the Bcl-6 molecule (B Falini et al. Third International Symposium on Hodgkin's Lymphoma, Kolne, Germany, September 18–23, 1995). In addition, they are usually positive for the Bcl-2, p53, p21, and PCNA (fig 1S,T).28-30 Although interesting, these data need to be re-evaluated because it must be confirmed that the CD15+ tumours were not anaplastic large cell lymphomas (ALCLs) and that the CD20- ones were not TCRBCLs.

On prognostic grounds, it has also been proposed that chemoresistance and the tendency to relapse are influenced by the expression of Bcl-2, p53, p21, and PCNA (fig 1S,T).21 In general, tumours with H&RS cells showing expression or overexpression of one or more of these molecules seem to have a poor response to the treatment and/or short survival time.

**Genotypic findings**

The origin of the RS cells of HD has long been a mystery.31-35 As previously discussed in the LP-HL section, micromanipulation of single RS cells from tissue sections and PCR analysis of the cells for rearranged Ig genes have shown that most of both LP-HL and CHL cases represent clonal populations of B cell lineage.6-7 In contrast to that seen in LP-HL, ongoing mutations are not detected in CHL.7 Based on the results obtained in a small series of cases, emphasis was instead given to the occurrence of mutations resulting in stop codons within originally functional variable region gene rearrangements.7-8 Such mutations are expected to occur in variable region genes of minimal B cell tumours, but under physiological conditions (crippled) germinal centre cells (incapable of functional antibody expression) rapidly undergo apoptosis. RS cells might also have other mutations that can be crippling but may not be easy to find (for example, replacement mutations interfering with antigen binding or heavy and light chain pairing).1 However, by analysing a large number of cases, Marafioti et al have recently found that crippling mutations are absent from 75% of CHLs, indicating that crippling mutations cannot be responsible for the general absence of the Ig transcripts, which might be the result of downregulation of the synthesis of the transcription factors BOB.1 and Oct2 (see above).2 As mentioned in the previous section, the unusual occurrence of patients with CHL who have clonal TCR gene rearrangements has been reported independently by two groups.36-37 Recently, some studies have pointed to the possibility that the nuclear transcription factor NFκB is involved in the protection of H&RS cells from apoptosis, which would be expected because of their inability to produce immunoglobulins.38 The persistent activation of NFκB in H&RS cells might be caused by defects in members of the IκB family, which are the natural inhibitors of NFκB,39-41 or by the aberrant activation of IκB kinase.37-40 In contrast, despite the frequent expression/overexpression of p53 by neoplastic cells, no mutations of exons 4–8 of the p53 gene have been detected by H&RS cell micromanipulation, DNA amplification, or sequencing.42-43 The search for the ALC1 associated t(2;5)(2p23;5q35) translocation and/or NPM/ALK hybrid gene products is usually negative, with a few reported exceptions in the literature,44-46 although these reports have not been confirmed in larger series, independent of the technique used (Southern blotting, reverse transcriptase-PCR, and immunohistochemical testing with anti-ALK specific antibodies).47-50 This negativity is relevant for the differential diagnosis between HL and ALC1 in problematic cases.

No specific genetic abnormalities have been reported in CHL because aberrations vary from one case to another, with frequent intrachromosomal instability, thus suggesting chromosomal instability.51 Some tumours show 1q4 alterations, as seen in B cell lymphomas, but without the occurrence of the t(14;18) translocation.52 EBV studies reveal viral integration in the genome of CHL tumour cells in a variable proportion of patients (20–80%), depending on the histotype. In particular, in Western countries, 20–40% of NS and LD cases and 50–75% of MC cases show expression of LMP-1 and/or EBER1/2, (fig 1U) but not EBV encoded nuclear antigen 2, thus showing a pattern characteristic of latency type II EBV infection.53-54 Interestingly, these figures can vary greatly according to the
geographical area examined, as recently shown by Leoncini and co-workers, who found significant differences in the incidence of EBV between patients with CHL from Kenya and Italy (92% vs 48%) matched for age and histotype. The type of EBV strain also varies between different geographical areas; in developed countries strain 1 prevails, whereas strain 2 is most prevalent in developing countries. HLs that are positive for EBV at diagnosis are usually also positive at relapse, with persistence of the same EBV strain. The exact role of EBV in the pathogenesis of human immunodeficiency (HIV) negative CHL (transforming agent as suggested by LMP-1 expression or cofactor for the maintenance of malignant growth?) is still open to question (for seropositives see below).

**NODULAR SCLEROSIS**

**Morphological findings**

NS is the most frequent subtype of CHL in Italy and the USA, where it corresponds to 75–80% of all HL cases; however, the incidence of these subtypes varies greatly among other geographical areas. As stated by Lukes et al in 1966, the
tumour is characterised by: sclerosis, lacunar cells, and nodular pattern.

Sclerosis
Fibrotic phenomena always occur in NS-CHL: they more often correspond to the formation of broad collagen bands, which originate from a regularly thickened lymph node capsule (fig 2A) and subdivide the lymphoid parenchyma into large nodules, at times visible at gross examination. Fibrotic tissue displays a typical birefractive green colour at polarised light microscopy (fig 2A, inset), a finding never seen in LD-CHL.

Lacunar cells
These cells are characteristic of NS-HL. Lukes et al originally described them as large elements with polylobular nuclei, small to medium sized nucleoli, and a wide rim of clear or slightly acidophilic cytoplasm, which is very sensitive to formalin fixation. This last factor causes perinuclear condensation of the cytoplasm, which remains connected to the cell membrane via some narrow filaments, forming empty “lacunar” cytoplasmic spaces (fig 2B). In fact, lacunar cells display a much higher degree of pleomorphism than was originally thought: they may be unilobular, multilobular and/or show huge nucleoli, which are indeed similar to those of typical RS cells. This morphological variability seems to depend on the characteristics of the inflammatory component present in each case. Although lacunar cells are easily detected, H&RS cells are rare and their identification may involve a long search. Finally, it should be stressed that some neoplastic elements appear to be “mummified” because of apoptotic changes.

Nodular pattern
The nodules, which should be detected in at least part of the lymph node involved, can contain foci of necrosis and can be very variable in terms of inflammatory cell component (from lymphocyte predominance to lymphocyte depletion).

NS-CHL: cellular phase
In NS-CHL, the amount of collagen fibres varies greatly from one case to another. In the so called cellular phase, there is a clear cut tendency to nodule formation without overt collagen band deposition (fig 2C). However, there are typical lacunar cells, often located at the periphery of the nodules or around residual follicles. The reactive component mainly consists of small lymphocytes bearing the phenotype of mantle B cells (CD20+, CD79α+, CD5-, IgM+, IgD-, CD3-). The secretion of cytokines by neoplastic cells is currently believed to cause the progressive attraction of T cells, histiocytes, plasma cells, and...
**Table 3** Differential diagnosis between anaplastic large cell lymphoma Hodgkin’s-like (ALCL-HL) and classic Hodgkin’s lymphoma (HL)

<table>
<thead>
<tr>
<th>Morphological characteristics</th>
<th>ALC-HL</th>
<th>HL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Neoplastic component</td>
<td>Usually cohesive</td>
<td>Usually dispersed</td>
</tr>
<tr>
<td>Reactive component</td>
<td>Often minor</td>
<td>Usually prevalent</td>
</tr>
<tr>
<td>Reed-Sternberg cells</td>
<td>May be present</td>
<td>Always present</td>
</tr>
<tr>
<td>Intrasinusoidal diffusion</td>
<td>Typical</td>
<td>Exceptional</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Molecular characteristics</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>CD45</td>
<td>+</td>
<td>+*</td>
</tr>
<tr>
<td>CD15</td>
<td>-/+</td>
<td>-</td>
</tr>
<tr>
<td>EMA</td>
<td>+/-</td>
<td>-</td>
</tr>
<tr>
<td>CBF.78</td>
<td>+/-</td>
<td>-</td>
</tr>
<tr>
<td>BHN.9</td>
<td>+/-</td>
<td>-</td>
</tr>
<tr>
<td>CD3</td>
<td>-/+</td>
<td>10%</td>
</tr>
<tr>
<td>T cell rosettes</td>
<td>-</td>
<td>+/-</td>
</tr>
<tr>
<td>p53</td>
<td>+/-</td>
<td>+</td>
</tr>
<tr>
<td>EBV</td>
<td>+/-</td>
<td>or +/-</td>
</tr>
<tr>
<td>Clonal TCR gene rearrangement</td>
<td>+</td>
<td>¶</td>
</tr>
<tr>
<td>Clonal Ig gene rearrangement</td>
<td>-</td>
<td>+</td>
</tr>
<tr>
<td>PAX5 gene product/BSAP</td>
<td>-</td>
<td>+</td>
</tr>
<tr>
<td>t(2;5)/ALK protein</td>
<td>+</td>
<td>§</td>
</tr>
</tbody>
</table>

*The intensity of immunostaining may vary within the same case; †results can vary depending on the fixative used; ‡membrane bound and/or dot-like positivity; §some cases with morphology and phenotypic profile consistent with ALC-HL (including BSAP negativity) can lack t(2;5)/ALK protein expression; these cases need further studies to assess their definitive inclusion among anaplastic large cell lymphomas; ¶in 1–2% of the cases T cell receptor gene rearrangement occurs.

EBV, Epstein-Barr virus; EMA, epithelial membrane antigen; TCR, T cell receptor.

**Histological grading of NS-HL**

The British national lymphoma investigation (BNLI) group has repeatedly proposed that NS-CHL should be subclassified into two grades: grade II tumours seem to represent 15–25% of all NS-CHL cases and to run a more aggressive clinical course, as suggested by the occurrence of mediastinal bulky disease and stage III/IV in 88% of the patients. At light microscopy, it is characterised by large sheets of neoplastic cells (partly with a lacunar appearance), which may undergo central necrosis (fig 2D). In the past, similar cases have been diagnosed as non-Hodgkin’s lymphoma, metastatic melanoma, carcinoma or sarcoma, thymic carcinoma, or germ cell tumour. The differential diagnosis requires the application of an adequate panel of antibodies, which allows the identification of the characteristic phenotype of the tumoral cells: CD3, CD15, CD20, CD30, CD45, CD79α, cytokeratin negative, PLAP, protein S-100, HMB.45 melanoma associated antigen negative, EMA, and ALK.

**Differential diagnosis**

Anaplastic large cell lymphoma

The borders between HL and ALC-L are not always sharp: this had led to the creation of the category of ALC-L-Hodgkin’s-like (HL), which presents in about 85% of cases with a mediastinal mass and stage II disease. On practical grounds, this distinction is relevant because ALC-L can be cured in 80% of cases by the administration of third generation chemotherapy regimens, whereas HL usually requires different therapeutic approaches. The problems in the differential diagnosis result from the fact that ALC-L shares architectural and cytological features with NS-CHL, including the fibrotic reaction and nodule formation (fig 2F,G). In our experience, the diagnosis of ALC-L-HL should be considered only in those cases that have nodules consisting almost exclusively of basophilic blasts, with a minimal reactive cell component, which also display the phenomenon of intrasinusoidal spreading (fig 2H). When these morphological criteria are applied, most of the cases in the past diagnosed as ALC-L-HL would be now reclassified as NS-CHL (grade II or syncytial) and might tentatively be termed “ALC-like Hodgkin’s disease.”

**Primary mediastinal (thymic) large B cell lymphoma**

Primary mediastinal large B cell lymphoma (PMLBCL) is a distinct clinicopathological entity, which makes up about 2.4%
of malignant lymphomas, and more often affects young women. The presence of a certain number of T cells, eosinophils, and RS-like elements, together with sclerosis, possible nodularity, and frequent CD30 expression by neoplastic cells, may lead to a misdiagnosis of HL (fig 2J,K); the differentiation between the two processes becomes even more problematical in small biopsies obtained during mediastinoscopy or mini-thoracotomy. PMLBCL cells regularly express B cell markers (CD19, CD20, CD22, and CD79a), and in about 75% of instances the recently discovered MAL protein, although they are negative for CD15; these findings are useful for the differential diagnosis with HL.

Undifferentiated nasopharyngeal carcinoma

This variant occurs in young patients, producing early metastatic involvement of laterocervical nodes, which are the usual site of biopsy. On morphological grounds, neoplastic cells can resemble H&RS cells and give rise to nodular growth with sclerosis, plasmacytosis, and eosinophilia. Because the primary tumour may remain occult, morphological features can contribute to a misdiagnosis of NS-CHL. However, immunohistochemistry allows the straightforward differentiation of undifferentiated nasopharyngeal carcinoma from HL by showing positivity of the neoplastic cells for cytokeratins, EMA, and LMP-1. Positivity for LMP-1 results from the regular integration of EBV into the genome of the tumour cells, as confirmed by in situ hybridisation with EBER1/2 probes and PCR techniques.

Mixed cellularity

This histotype was originally described by Lukes et al as intermediate between LP and LD-CHL. Later, Lukes included in this category all the cases that according to his criteria remained unclassified, transforming it into a “basket”. About 15–25% of CHL cases belong to this category. The histological picture is characterised by diffuse growth with a frequent paracortical location. The capsule is not often involved and necrosis seldom occurs. The term MC-CHL reflects the cellular composition of the reactive milieu, which consists of plasma cells, epithelioid histiocytes, eosinophils, and T cells (CD3+, CD57+), which form rosettes around neoplastic elements (fig 2L). The tumour cells correspond to H&RS cells, and are numerous and easy to find, without lacunar or popcorn variants. Some neoplastic elements, as in the NS subtype, appear to be “mummified” because of apoptotic changes (fig 2M).

Morphological variants of MC

Interfollicular variant

This variant is rarely seen and probably represents partial lymph node involvement by HL. It is characterised by the occurrence of numerous H&RS cells around reactive follicles, which display germinal centres either in the second phase of development or in regressive transformation (fig 2N). These germinal centres usually resemble those seen in hyaline-vascular Castleman’s disease and are probably related to the release of cytokines, such as IL-6, by H&RS cells. This unusual variant of MC-CHL should be taken into consideration to avoid possible confusion with follicular hyperplasia or Castleman’s disease.

Epithelioid cell rich variant

This variant is relatively common and shows a prominent epithelioid cell reaction with granulomatous formation and occasional Langhans cells (fig 2O). In this context, typical H&RS cells are always detected, at times after a laborious search. It should be differentiated from the so-called Lennert’s lymphoma (LL) (fig 2P) because of the dramatic differences in terms of treatment between the two entities.

Differential diagnosis

Lennert’s lymphoma

LL is a peripheral T cell lymphoma with a high content of epithelioid elements and some blasts resembling RS cells. Some of the past cases diagnosed as atypical HD correspond to peripheral T cell lymphomas with a high content of epithelioid elements. The following elements are of paramount importance for the recognition of LL: (1) pronounced irregularity of the nuclear profiles of the lymphoid component, as opposed to the regular nuclear outline of reactive lymphocytes in HL; (2) The phenotypic profile of the atypical population, which is CD3+; CD45−, occasionally CD30+ and CD15−; although some cases can partially lack T cell markers. (3) Higher mitotic index.

T cell/histiocyte rich large B cell lymphoma

TCRBCL, first described in 1984, is an aggressive tumour, usually presenting in stage III–IV with splenomegaly, bone marrow involvement, and mesenteric lymphadenopathy—findings that are rare at the onset of HL. Table 2 summarises the main differences between HL and TCRBCL (fig 2Q).

Lymphocyte depletion

This variant is very rare, accounting for about 1% of HL cases, and shows the worst clinical behaviour and prognosis. In most instances, it presents in stage III–IV, with B cell symptoms and bone marrow involvement being detected in 50% of cases. At microscopic examination, it is characterised by paucity of the lymphoid component, absolute or relative abundance of RS cells, and variable fibrotic reaction. According to Lukes and Butler, two subtypes of LD-CHL can be distinguished: fibrotic and reticular/sarcomatous.

Fibrotic variant

This results in complete effacement of the nodal structure with possible capsule preservation. At microscopic examination (fig 2T), it shows the following distinctive features: (1) low cellular density with scarce, although variable, amounts of small lymphocytes; (2) prominent diffuse reticulin fibre formation without organised birefringent collagen bands, which tends to include single neoplastic elements and is associated with the deposition of amorphous material (precollagen) around sinusoids; (3) a high variability in the number of H&RS cells, the detection of which sometimes requires a long and labourious search. At low power, the histopathological picture can resemble the depletion phase of HIV lymphadenopathy; therefore, careful node examination is needed to make a firm diagnosis.

Reticular or sarcomatous variant

This is characterised by extremely large numbers of H&RS cells, some of which appear to be “mummified” (fig 2U). The growth results in diffuse effacement of the normal lymph node structure; small lymphocytes, plasma cells, histiocytes, and granulocytes are scanty; foci of necrosis are usually encountered, although their extent varies from one case to another.

Diff erential diagnosis

As a result of the extensive application of immunohistochemistry and molecular biology techniques, it is now evident that most of the cases diagnosed in the 1970s and early 1980s as sarcomatous LD-CHL were in fact examples of ALCL, peripheral T cell lymphoma, TCRBCL, PMLBCL, or the syncytial variant of NS-CHL. In our experience, the differential diagnosis should also include some non-lymphoid tumours, such as inflammatory fibrosarcoma, atypical Langerhans cell histiocytosis, inflammatory and giant cell malignant fibrous histiocytoma, lymphocyte rich well differentiated
lyposarcoma, and undifferentiated nasopharyngeal carcinoma. Under these circumstances, immunophenotyping is essential for a correct diagnosis.

Lymphocyte rich classic Hodgkin’s lymphoma

Several reports have underlined the existence of HL cases with a lymphocyte predominant background, but differing from the prototypic description of LP-HL because of the presence of some eosinophils, sclerosis, typical H&RS cells, or aberrant phenotypic features, such as the expression of CD30 and CD15. In 1994, the ILSG included in the REAL classification a provisional entity called lymphocyte rich common Hodgkin’s disease, which was thought to have a diffuse growth pattern in most instances (table 1). Following two workshops held by the European Association for Haematopathology in 1994 and the European lymphoma task force in 1995, the existence of LR-CHL has been accepted and expanded by the recognition of two subtypes of the tumour—nodular and diffuse (fig 2V—which should be differentiated from LP-HL and TCRBCL (table 2).

On morphological grounds, most LR-CHL cases are characterised by a nodular background, with admixed histiocytes and absent neutrophils and eosinophils closely resembling nodular LP-HL, particularly at low power. Furthermore, a varying proportion of the neoplastic cells can exhibit features of popcorn elements. However, in contrast to LP-HL, many lymphomatous cells have the cytomorphological features of classic H&RS cells, and the nodular structures frequently show small germinal centres at their periphery. Focal areas of sclerosis can sometimes be seen.

At phenotypic analysis, the neoplastic cells usually express CD30 and CD15. CD20 and CD79a positivity is found in 32.5% and 8.7% of cases, respectively—figures that are much lower than those observed in LP-HL. In addition, there is a complete absence of J chain in all instances and a weak expression of EMA in only a few cases. About 50% of the examples of LR-CHL harbour EBV positive H&RS cells. The reactive component consists of abundant mantle B cells, with surface IgD and IgM expression, and variable amounts of CD3+ T cells, which produce rosettes around neoplastic elements, but seldom express CD57. CD21 immunostaining reveals a loose, ill defined meshwork of FDCs, which becomes much denser and sharper around the small residual germinal centres, when present.

The clinical characteristics of this variant of CHL, which accounts for about 6% of all HL cases, has been the object of several studies, including those promoted by the international project on lymphocyte predominant Hodgkin’s disease and the German Hodgkin’s lymphoma study group. These studies have shown that patients with LR-CHL differ from those with NS-CHL or MC-CHL: they are usually older than 50 and display a higher incidence of stages I–II and a subdiafragmatic location. In contrast, they rarely have bulky disease, B cell symptoms, or mediastinal or extranodal involvement. Thus, the clinical profile of LR-CHL is closer to that of LP-HL, although it has a lower frequency of stages I–II and splenic infiltration is more common. When compared with other types of CHL, LR-CHL gives rise to more frequent late relapses, although these do not behave aggressively.

Owing to its peculiar clinicopathological features, LR-CHL has been quoted as an accepted entity in the recently developed WHO scheme.

Unclassifiable HL

In cases with lymph node partial involvement, small amounts of tissue available, or extranodal location, the classification of HL can be difficult or even impossible. In the past, these problematic cases were usually included in the MC subtype. Because it is useful to keep the subtypes of HD as homogeneous as possible for prospective clinicopathological studies, both the REAL classification and the WHO scheme list cases with ambiguous features or insufficient biotic material as HL unclassified.

EXTRANODAL INVOLVEMENT BY HL

Although the onset is typically nodal, HL can secondarily affect extranodal organs and tissues. The criteria for the diagnosis of HD at extranodal sites vary greatly depending on the clinical history and the type of tissue involved. In fact, in needle biopsies taken from the bone marrow (fig 2X) and liver during staging procedures, the diagnosis of HL can confidently be made according to “minimal criteria”; that is, by the detection of HC in the appropriate cellular milieu. In contrast, the diagnosis of HL at other extranodal sites needs the recognition of typical “diagnostic” cells and appropriate phenotypic markers, especially in patients with no previous history of HD.

TREATMENT RELATED HISTOLOGICAL CHANGES

Relapses of HL at previously treated sites may show morphological findings that totally differ from those seen at the time of disease presentation. Under these circumstances, the historical picture is characterised by numerous atypical Hodgkin’s cells, rare RS cells, and severe lymphocyte depletion, which can make the differentiation from a diffuse large cell lymphoma difficult.

In patients with bulky disease, a residual mass is often detected after chemotherapy and radiotherapy, challenging the efficacy of the administered treatment. In our experience, histological examination of the residual mass frequently shows a fibrotic reaction with sclero-jaline changes and epithelioid cell palisades around necrotic foci, but no active tumour.

Chemotherapy and radiotherapy can produce toxic damage in organs not primarily involved in the process, such as postradiation interstitial pneumonitis, thyroid fibrosis, cardiomyopathy, or bone marrow aplasia. In addition, patients treated for HL show an increased risk of developing acute leukaemias, malignant lymphomas, and more rarely non-lymphoid tumours. This concept especially applies to individuals who have undergone MOPP chemotherapy.

In general, necropsies performed on subjects with a previous history of HL often show that the cause of death was a treatment related complication in the absence of detectable residual disease.

RELATIONS BETWEEN HL AND AIDS

HIV positive patients are more at risk than the normal population of developing HL, especially of the LD or MC subtype. At presentation, the tumour frequently shows extensive subdiafragmatic and extranodal involvement, whereas a mediastinal mass is less common than in HIV negative individuals. Liver and bone marrow lesions may be detected in the absence of splenic colonisation. Analogously, skin and lung infiltrates can occur without regional or mediastinal node involvement. In general, HL behaves differently in HIV positive patients than in HIV negative subjects, showing diverse dissemination, a more aggressive clinical course, and worse prognosis, thus requiring specific therapeutic protocols. Neoplastic elements in HIV positive HL are more often CD20+ and Bcl-6-syn-1 (CD138/syndecan-1). This last finding differs from that usually seen in HIV negative LP-HL (which is regularly Bcl-6-/syn-1) and CHL (which is characterised by a mixture of Bcl-6-/syn-1 and Bcl-6+/syn-1 RS cells). In addition, most if not all HIV positive HL cases display positivity of neoplastic cells for EBV, as shown by LMP-1 expression and in situ hybridisation studies. This observation suggests an active role for EBV in the process of lymphomagenesis in HIV positive HD, especially in the light of the well known transforming ability of LMP-1. In particular, in 89% of HIV positive cases (8 32% of the seronegative
Hodgkin’s lymphoma

ASSOCIATION OF HL WITH NON-HODGKIN’S LYMPHOMA

The occurrence of HL and a synchronous or metachronous form of non-Hodgkin’s lymphoma (NHL) in the same patient is rare. The most frequent combination of the two is a DLBCL that develops after LP-HL. However, CHL has been reported in conjunction with different types of NHL, including follicular lymphoma (FL), DLBCL, B cell chronic lymphocytic leukaemia, and even peripheral T cell lymphoma.

There are three possible explanations for the occurrence of this association: (1) both neoplasms arise coincidentally from two unrelated lymphoid elements; (2) the HL progresses from a previous lymphoma; or (3) both lymphomas derive from a previous history of FL.

ACKNOWLEDGEMENTS

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REFERENCES


ADDENDUM

After the completion of the present review article, an interesting contribution appeared in the literature focusing on the differences of PU.1 expression in LP-HL and CHL. This transcription factor, which is regularly expressed in LP-HL, may be used for the differentiation of LP-HL not only from CHL, but also from TCRBCL.


Hodgkin’s lymphoma


