CASE REPORT

Chronic granulomatous pleuritis caused by nocardia: PCR based diagnosis by nocardial 16S rDNA in pathological specimens

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Nocardiosis is an uncommon infection caused by several species of the aerobic actinomycete nocardia. Identification of the pathogen is essential for the definitive diagnosis and for an effective treatment. This report describes a case of chronic granulomatous pleuritis caused by nocardia. A 59 year old Japanese man had a history of repeated pyothorax. Right pleural decortication and thoracic drainage were performed. Microbiological examinations of the drained fluid failed to identify a pathogen. Pathological examinations revealed Gram positive filamentous and branching bacilli in the granulomatous lesion of the pleura. Sequencing of the 971 bp 16S ribosomal DNA extracted and amplified from paraffin wax embedded sections identified the microorganism as Nocardia sp. IFM 0860. The patient received sulfamethoxazol/trimethoprim and minocycline. Although the presence of a brain abscess was disclosed by systemic examination, the clinical course has been favourable. In this patient, polymerase chain reaction analysis of 16S ribosomal DNA in pathological specimens was useful in making an accurate diagnosis of nocardiosis and in determining the appropriate treatment.

Nocardiosis is an uncommon infection caused by the aerobic actinomycete nocardia. The microorganisms are present in house dust and soil. Infection usually causes acute purulent lesions in the lung as a result of inhalation of contaminated dust and soil. A definitive diagnosis of nocardiosis is dependent on isolation of the microorganism from the clinical samples. Because there is a difference in susceptibility to antibiotics among species of nocardia, identification of the species is necessary to determine the appropriate antibiotics. However, the isolation of the microorganism is often difficult by conventional culture methods.

Recently, we encountered a case of chronic granulomatous pleuritis caused by nocardia. The diagnosis of nocardiosis was made by histopathological examination, and the species was identified by polymerase chain reaction (PCR) analysis of 16S ribosomal DNA (rDNA) using paraffin wax embedded sections.

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CASE REPORT

A 59 year old Japanese plumber was referred to the Hirosaki Central Hospital because of pyothorax and sustained high fever. He had a history of repeated bouts of pyothorax, but no possible causative agent was discovered. He had been treated with wide spectrum antibiotics and drainage. Previously, he was once diagnosed as having diabetes, but no medical treatment was undertaken. His family history was not remarkable. The peripheral white blood cell count was 9070/mm³ (neutrophils, 84.3%; eosinophils, 2.6%; basophils,
0.2%; monocytes, 5.2%; and lymphocytes, 7.7%). Red blood cell and platelet counts were normal. The erythrocyte sedimentation rate was increased to 38 mm at one hour, and C reactive protein was increased to 3.99 (normal, <3.0 mg/litre). The blood glucose concentration was normal, as was the oral glucose tolerance test. A skin test for tuberculin was negative. There was no evidence of immunocompromised status. Computed tomography of the chest revealed thickening of the pleura with effusion in the right thorax (fig 1A). Cytological smears of the pleural effusion demonstrated numerous neutrophils and reactive mesothelial cells. Repeated microbiological examinations by smears and culture of the pleural effusion were negative. The patient was treated with piperacillin at a dose of 1 g/day for five days, but his high temperature continued. The patient then underwent pleural decortication and drainage. The resected pleura was thickened with fibrosis, and there was no apparent neoplastic component. After the operation the patient was treated with flomoxef at a dose of 1 g/day for two weeks. The resected pleura was subjected to pathological examinations, and a diagnosis of nocardiosis was made. At this point, the pleural effusion was cultured in Sabouraud’s dextrose agar for two weeks, but nocardia was not isolated. Treatment with minocycline (200 mg/day) and sulfamethoxazole (1600 mg/day)/trimethoprim (320 mg/day) was then begun. Thereafter, the patient started to complain of a headache. Computed tomography and magnetic resonance imaging of the brain revealed multiple foci suggestive of abscess lesions (fig 1B). Microbiological examinations of the cerebrospinal fluid were again negative for nocardiae. Three weeks later, treatment with sulfamethoxazole/trimethoprim was stopped, because of the appearance of a drug induced skin eruption. The patient is currently being treated with minocycline, and the brain lesions on the image analysis appear to have reduced in size.

Pathological findings
The pleura of the right thorax was fibrous and thickened (fig 2A). There were no neoplastic mesothelial cells. The tissue was granulomatous and there was massive infiltration of lymphocytes, neutrophils, and epithelioid cells with occasional giant cells (fig 2B). Small foci of microabscesses were also present. Gram staining clearly depicted Gram positive bacilli in the granulomatous tissues (fig 2C). They showed filamentous growth with occasional branching. A beaded appearance was also noted. The bacilli were positive using Grocott’s methenamine silver staining, appearing as thin branching hyphae with septae (fig 2D). They were negative on routine acid fast staining by the Ziehl-Neelsen method, but they showed weak acid fast reactivity when stained by the Fite-Faraco method (fig 2E). They were only weakly stained by the periodic acid Schiff method (fig 2F).
PCR analysis of pathological specimens

Nocardial 16S rDNA genes in the paraffin wax embedded sections were amplified by PCR. To ensure the effective retrieval of bacterial DNA from the paraffin wax embedded sections, extraction was carried out according to the method described by Laurent et al., using a modification for the paraffin wax sections. A surgical specimen of bullous emphysema from the same hospital was used as a positive control. Briefly, five 4 μm thick sections were put into 1.5 ml tubes and dewaxed with xylene and ethanol. They were lysed in 500 μl of 10mM Tris/HCl (pH 7.5), 1mM EDTA, 150mM NaCl, 1% sodium dodecyl sulfate, and 800 μg/ml proteinase K and incubated at 56°C. Next, NP-40 and Tween-80 were added to a final concentration of 1%, and the samples were incubated at 100°C for 30 minutes. DNA was purified by phenol/chloroform and precipitated in ethanol.

Nocardial 16S rDNA was amplified in two segments (fig 3A). The primers specific for the 16S rDNA of genus nocardia were forward (NG1): 5'-ACC GAC CAC AAG GGG G-3' and reverse (NG2): 5'-GGT TGT AAA CCT CTT TCG A-3'. The sequences of these primers were reported by Laurent et al., and they also reported the presence of a Sac I restriction site in this fragment of 16S rDNA from non-nocardial aerobic actinomycetes (fig 3A). Another set of primers was designed by the authors based on the sequence of Nocardia asteroides (GenBank ×80606), and the PCR products of these primers also include the Sac I restriction site (fig 3A). The constructs of these primers were forward (NF): 5'-CGT GCT TAA CAC ATG CAA GT-3' and reverse (NR): 5'-TTC ACC GCT ACA CCA GGA AT-3'. Two rounds of PCR were carried out. In the first round of the PCR, 200 ng of extracted DNA was used as template and in the second round, 1 μl aliquots of the first round PCR products were used as template. The amplified PCR products were sequenced by the dye terminator direct sequencing method. To differentiate nocardial 16S rDNA, the PCR products amplified with NF and NR primers were digested with Sac I restriction enzyme, whereas non-digested products were present in our patient (fig 3C; white arrowhead). The length of the remaining products was 625 bp. The combined sequence of the above two products was 971 bp in length and matched the sequence from base 28 to 998 of Nocardia sp. IFM 0860 16S rRNA (GenBank/EMBL/DDBJ; Accession number, AB092570).

DISCUSSION

Chronic granulomatous inflammation of the pleura caused by nocardia is rare, although up to a quarter of cases of...
pulmonary nocardiosis involve the pleura, often presenting as empyema. In immunocompetent subjects, the infection may run a chronic course and show a granulomatous reaction. Because tuberculosis, fungal and bacterial infections, and mesothelioma also cause granulomatous lesions in the pleura, a careful differential diagnosis should be made with the aid of histopathological staining. Both Gram staining and Grocott’s methenamine silver staining are useful for the demonstration of nocardia in pathological specimens. In addition, nocardiae show weak acid fast reactivity in the Kinyoun or Fite-Faraco methods.

A definitive diagnosis of nocardiosis is usually dependent on the microbiological isolation of nocardia from clinical samples, such as pleural effusions or pus discharge. Nocardia are not human commensals, and isolation from clinical samples should be regarded as evidence of active infection. The growth of the microorganism is very slow, and it may be overlooked by overgrowth of other rapidly growing aerobic bacteria in mixed flora. Prolonged treatment with various antibiotics may make it difficult to culture the microorganism. When isolation of the microorganism is not feasible, alternative means to identify pathogenic nocardia are required.

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PCR analysis of 16S rDNA is a useful tool to identify the species of nocardia. The application of this method has enabled the identification of nocardia in pathological specimens. The sequencing of 16S rDNA determined the species of nocardia in our current patient. The 971 bp sequence of two segments matched the 16S rDNA gene sequence of Nocardia sp. IFM 0860. The 16S rDNA sequence of this species was recently registered by Kageyama and Mikami. The microorganism was isolated from soil. Based on these sequence structures, our current case is possibly the first case of disseminated infection of this species, suggesting its high virulence in humans. Obviously, further cases are needed to confirm our conclusion and to clarify the pathogenicity of this strain.

Identification of the species of nocardia by 16S rDNA analysis is useful for determining the most appropriate and effective treatment. There are differences in antibiotic susceptibility among species of nocardia. Nocardia sp. IFM 0860 has no significant resistance to antibiotics except for the third generation of cephalosporins (A Kageyama and Y Mikami, personal communication, 2003). Our patient was treated with minocycline after the diagnosis was made and has made an uneventful recovery. It usually takes about two weeks for the microbiological isolation and antibiotic susceptibility test in cases of nocardiosis, but PCR analysis of 16S rDNA can be completed in a few days.

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NOTE IN PROOF
It has been proposed that Nocardia sp. IFM0860 should be named Nocardia asiatica by Kageyama et al (Int J Syst Evol Microbiol, in press).

Take home messages

- We report a case of chronic granulomatous pleuritis caused by nocardia in which an accurate diagnosis was made by polymerase chain reaction analysis of 16S ribosomal DNA in pathological specimens.
- This enabled the most appropriate and effective antibiotic treatment to be determined and instituted.

REFERENCES