Peroperative frozen section analysis of TTF-1 antigen expression

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SHORT REPORT

MATERIAL AND METHODS

Background: The assessment of thyroid transcription factor 1 (TTF-1) expression is a useful way to investigate the origin of lung adenocarcinomas or large cell carcinomas when dealing with a solitary lung nodule in a patient with a history of extrathoracic cancer. However, if immunohistological analysis has not been performed before surgery, a peroperative frozen section may be insufficient to distinguish between a primary pulmonary tumour and a metastatic tumour.

Aims: To develop a technique for the rapid assessment of TTF-1 expression that could improve the ability of frozen section peroperative histological diagnosis to answer such questions.

Methods: A rapid immunohistochemical technique (lasting 30 minutes) to assess the expression of TTF-1 was developed and tested.

Results: Among the 45 interpretable cases, results of frozen section immunohistochemistry were similar to those found by the standard immunohistochemical technique for the expression of TTF-1.

Conclusions: This technique enables TTF-1 to be analysed peroperatively, but further prospective studies are needed to assess its usefulness in routine practice.

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wax embedded tissue). All of the positive cases except for one were primary lung carcinomas, namely: 17 of 17 adenocarcinomas, two of four large cell carcinomas, three of four neuroendocrine tumours (two large cell neuroendocrine carcinomas and one typical carcinoid tumour). In contrast, there was no expression of TTF-1 in the eight squamous cell carcinomas.

One metastatic colonic carcinoma was positive for TTF-1 on both the peroperative frozen and classic paraffin wax embedded slides. The diagnoses of pulmonary metastatic lesions were established on history and histological features of well differentiated gland forming adenocarcinoma with characteristic colonic crypts and a CK7+/CK20+ profile.

The intensity of staining for TTF-1 was similar in peroperative frozen and classic paraffin wax embedded tissues. In some cases, wide areas of necrosis were the cause of non-specific staining.

**DISCUSSION**

Our method of assessment of TTF-1 expression on peroperative frozen sections is rapid and sensitive. We found that this technique was more reliable on peroperative frozen sections than on previously frozen material (data not shown), because of better sensitivity and preservation of cell morphology. The reliability of the method was assessed by internal positive controls and comparison with the adjacent classically stained slide.

**Take home messages**

- The results of immunohistochemistry for thyroid transcription factor 1 (TTF-1) expression were similar for peroperative frozen sections and standard paraffin wax embedded material.
- This technique enables TTF-1 to be analysed, but further prospective studies are needed to assess its usefulness in routine practice.
- Our method of assessment of thyroid transcription factor 1 expression on peroperative frozen sections is rapid and sensitive.

Peroperative TTF-1 staining must be interpreted taking into account other diagnostic elements (history, radiological aspect) and the histological subtype. TTF-1 is negative in most squamous cell carcinomas, but it is well known that the absence of TTF-1 expression does not exclude a primary lung origin of an adenocarcinoma or a large cell carcinoma. With respect to specificity, our data confirm the good (but not perfect) performance of TTF-1 expression, in agreement with other studies dealing with the classic method of detection. However, further studies need to be performed to answer the question of the usefulness of this technique in the frozen section diagnosis process, and whether such a technique would have an influence on the attitude of the surgeon intraoperatively, when dealing with the differential diagnosis between primary lung or metastatic tumours.

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