

**CASE REPORT**

Candida albicans peritonitis in a patient with Felty’s syndrome

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A 53 year old man with Felty’s syndrome presented with abdominal pain and fever. He underwent a laparotomy after starting broad spectrum antibiotics. An intestinal biopsy showed skip ulcers with fungal hyphae. Peritoneal exudates grew Candida albicans. He was started on intravenous fluconazole and then switched to liposomal amphotericin to which he showed a good clinical response. After one month at home he was readmitted with candidosis and died of a myocardial infarction.

A 53 year old man presented with abdominal pain lasting one week. The pain started in the epigastrium, localising to the right iliac fossa. He had fever and rigors and complained of vomiting and diarrhoea for four days. The oropharynx appeared to be normal.

Rheumatoid arthritis was diagnosed 10 years previously, with uncomplicated Felty’s syndrome for three years. His median neutrophil count during this time ranged from 0.7 to 1.6 x 10⁹/litre. He also had asthma and ischaemic heart disease and was taking aspirin, diclofenac, amoxicillin, digoxin, and salbutamol and becotide inhalers. On presentation his neutrophil count was zero. He was started on ceftazidime and gentamicin. His fever continued to spike and alterations in gastric pH predispose to invasive disease.6

Because he remained unwell, antibiotics were changed to meropenem and vancomycin and a laparotomy was performed. At surgery, skip lesions were seen in the small bowel. A section of small bowel was removed. Purulent peritoneal fluid was cultured.

Blood cultures were negative, but peritoneal fluid grew Candida albicans, sensitive to fluconazole and amphotericin. Oropharyngeal candidiasis was then noted.

Histopathological examination of the ulcerated intestinal mucosa showed fungal hyphae and spores (fig 1) with Gram positive cocci.

Fluconazole was started for the candida infection, and because the fever did not settle, liposomal amphotericin was added. After a week the fever started to abate. His neutrophil count ranged from 0 to 15.6 x 10⁹/litre without granulocyte colony stimulating factor. After two weeks of Ambisome all intravenous antimicrobials were stopped and oral fluconazole was started at 200 mg daily. He was well when discharged home, without fever and with a neutrophil count of 2.1 x 10⁹/litre.

One month later he was readmitted with a neutrophil count of zero. Gross oropharyngeal candidosis and signs of abdominal sepsis were noted. Fluconazole had been discontinued in the community two weeks before admission. His abdominal wound had dehisced and was partially necrotic. Methicillin resistant Staphylococcus aureus was cultured from a wound swab. His clinical condition deteriorated despite treatment with amphotericin and vancomycin. He died of a myocardial infarction within two weeks of readmission.

**DISCUSSION**

Felty described a syndrome in 1924 consisting of rheumatoid arthritis, splenomegaly, and neutropenia. There is a high incidence of severe infection associated with this syndrome, with a 66% overall five year survival.2 This increased risk of serious infection is greater when the neutrophil count falls below 1 x 10⁹/litre. In one of the larger reported series of this complication there were 12 major and 32 minor infections over a three year period in 15 patients.3

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In this case, the clinical presentation and the appearances of the bowel biopsy suggest that the gut was overgrown with Candida spp, which exist in three forms, namely: yeast/spores, elongated forms without hyphae (pseudohyphae), and true hyphae with septa. The transition from yeast to hyphae is important for fungal virulence.7 Hyphae appear able to exit from the cells that engulf them and avoid phagocytic death. The mucosa of the mouth, gut, and vagina may be colonised in up to 80% of normal individuals. When host defences are compromised, invasive disease may occur. Corticosteroids, antibiotics, and alterations in gastric pH predispose to invasive disease.

In this case, the clinical presentation and the appearances of the bowel biopsy suggest that the gut was overgrown with Candida albicans, which invaded the mucosa and penetrated the gut wall directly into the peritoneal cavity. This invasion may have been made possible by mucosal bacterial infection or ulceration from longterm non-steroidal anti-inflammatory drug treatment. Kopelson et al described two patients with intra-abdominal malignancy who developed isolated C albicans peritonitis. They presumed that the tumour facilitated the passage of fungi into the peritoneum. Most cases of candidal peritonitis are documented in patients on chronic ambulatory peritoneal dialysis where there is direct inoculation through the skin.

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Cases of spontaneous peritonitis with C albicans are rare.4 This case report appears to be the first spontaneous C albicans peritonitis in Felty’s syndrome, and illustrates that the diagnosis may not be clear at the initial presentation. The case also demonstrates the difficulty in clearing these infections. Although the immediate cause for his death was ischaemic heart disease, the disseminated candidosis and methicillin resistant Staphylococcus aureus infection made an important contribution to the patient’s morbidity. In view of
the initial poor response to intravenous fluconazole, it is not clear whether continued use of oral fluconazole would have altered the outcome.

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