

Cystic neutrophilic granulomatous mastitis: an update

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ABSTRACT

Cystic neutrophilic granulomatous mastitis (CNGM) is a rare subtype of granulomatous mastitis with a highly distinct histological pattern often associated with *Corynebacterium* species. CNGM is characterised by suppurative lipogranulomas that are composed of central lipid vacuoles rimmed by neutrophils and an outer cuff of epithelioid histiocytes. Some of the lipid vacuoles may contain sparse, rod-shaped, gram-positive bacilli that can be easily missed or dismissed. The surrounding mixed inflammatory infiltrate contains Langhans-type giant cells, lymphocytes and neutrophils. CNGM occurs in reproductive age women with a history of pregnancy and typically presents as a palpable mass that can be painful. CNGM has many mimickers, most significantly breast carcinoma. In many cases, CNGM has significant pathological and clinical overlap with other forms of granulomatous mastitis. Given the association with *Corynebacterium* species, early diagnosis of CNGM is essential in offering patients the most appropriate treatment. Prolonged antibiotic therapy specifically directed to corynebacteria is required, sometimes even beyond resolution of clinical symptoms. This comprehensive review of the existing literature on CNGM describes clinical–pathological features, microbiological findings, challenges associated with the microscopic differential diagnosis, clinical implications of this diagnosis and emerging treatment options. Morphological criteria and suggested comments to convey the degree of diagnostic certainty are also proposed for standard pathology reporting.

INTRODUCTION

Cystic neutrophilic granulomatous mastitis (CNGM) is a rare subtype of granulomatous mastitis with a highly distinct histological pattern—suppurative lipogranulomas composed of central lipid vacuoles rimmed by neutrophils and an outer cuff of epithelioid histiocytes. Some of the lipid vacuoles may contain sparse, rod-shaped, gram-positive bacilli (GPB) ([figure 1](#)). The surrounding mixed inflammatory infiltrate contains Langhans-type giant cells, lymphocytes and neutrophils. The definition of CNGM is still evolving and there are no universally accepted diagnostic criteria. Although the current literature suggests strong association with *Corynebacterium* species, evidence of corynebacterial infection can be difficult to prove.

The diagnosis of CNGM is often missed or delayed due to its rarity and many potential mimickers. Clinically, CNGM may be virtually impossible to discern from invasive carcinoma. In the absence of definitive histochemical and/or microbiological evidence of corynebacteria, CNGM can exhibit significant pathological and clinical overlap with

other types of inflammatory conditions. However, given the association with corynebacteria, clinical suspicion of CNGM is essential in ensuring the use of appropriate medium for culture and susceptibility. Prolonged antibiotic therapy directed to corynebacteria is required, sometimes even beyond resolution of symptoms. Therefore, the significance of recognising this entity by general or anatomical pathologists and breast pathologists cannot be overstated.

This review aims to describe the clinical, pathological and microbiological features of CNGM as well as the debate surrounding the definition of CNGM, challenges associated with the microscopic differential diagnosis, clinical implications of this diagnosis and emerging treatment options. In addition, morphological criteria and suggested comments to convey the degree of diagnostic certainty are also proposed for standard pathology reporting.

HISTORICAL OVERVIEW AND HISTOLOGICAL FEATURES

Histological features of CNGM were first noted in a cohort of 24 women with mastitis by Paviour *et al* in 2002.¹ Most patients had biopsy and/or excision (15 cases) or fine needle aspiration (two cases). In 12 of these 17 women, acute and chronic inflammation with granulomas was identified; nine women had lobulocentric inflammation consistent with granulomatous lobular mastitis (GLM); and two women had duct ectasia. Ten of 12 women had what was described as suppurative lipogranulomas—granulomas with ‘an outer cuff of epithelioid histiocytes and giant cells around a central collection of polymorphonuclear leukocytes, which, in turn, surrounded an empty space, which was probably dissolved lipid’. Seven cases revealed coryneform GPB within the empty spaces.¹ No lipogranulomas were seen in the biopsy and cytology specimens, although ‘granulomas’ with acute and chronic inflammation were reported in the biopsy from patient 2.

Paviour *et al* postulated that corynebacteria infection may be involved in the pathogenesis of GLM. The authors argue that the identification of the corynebacteria early in the clinical course, their presence deep in the breast tissue and the evocation of surrounding granulomatous inflammatory reaction is strong evidence for a causal role of *Corynebacterium* species rather than representing normal skin flora secondarily colonising inflamed breast tissue.¹

The same group subsequently presented a clinicopathological review in order to establish a more convincing association of corynebacteria with GLM.² This much larger study includes 34 cases of



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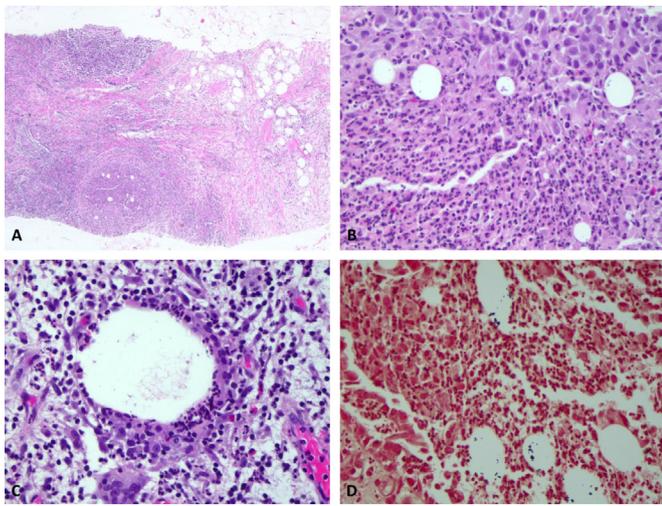


Figure 1 Morphological features of cystic granulomatous neutrophilic mastitis. Breast core biopsy with mixed chronic and acute inflammation and suppurative lipogranulomas (A) composed of cystic spaces rimmed by neutrophils and epithelioid histiocytes including Langhans-type giant cells (B, C) and containing Gram-positive bacilli within cystic spaces (D). H&E stain (A–C), gram stain (D); original magnification: X100 (A), x200 (B), x400 (C, D).

‘inflammatory breast disease’, with corynebacteria isolated from at least one microbiological specimen and one or more histological and/or cytological specimens. An additional cohort of 28 cases of ‘non-lactational inflammatory breast disease’ with similar histology to the first group but negative for corynebacteria was selected as a control group. Taylor *et al* described five categories of inflammation: GLM, GLM and duct ectasia, acute mammary duct ectasia with suppurative granulomas, granulomatous inflammation not otherwise specified and inflammation not otherwise specified. The first four categories ‘frequently’ include suppurative granulomas or suppurative lipogranulomas, though the exact proportions of the specific granuloma types are not provided. Of the 34 women from this study, 27 had at least one histological or cytological specimen with suppurative granulomas, 15 had GPB identified in histological specimens and one woman had gram-variable bacilli. In the latter 16 women, the bacilli were confined to empty spaces, presumed to be dissolved lipids, surrounded by neutrophils. Although the total number of specimens was not reported, suppurative granulomas and organisms were seen in 14 specimens. In three specimens, the organisms were identified in lipid vacuoles surrounded by neutrophils but no granulomas were present; however, suppurative granulomas were demonstrated in subsequent specimens. The authors again concluded that some cases of granulomatous mastitis are associated with *Corynebacterium* species.

In 2011, Renshaw *et al* coined the term ‘cystic neutrophilic/granulomatous mastitis’ to draw attention to the distinct pattern of corynebacterial infection in the breast that includes ‘enlarged vacuoles within neutrophilic inflammation’ and the presence of GPB within the cystic spaces.³ The authors emphasised that although granulomatous inflammation is common in corynebacterial infection, it is not always present. All three cases reported by Renshaw *et al* showed acute inflammation with cystic spaces and granulation tissue, and two of three cases contained well-formed granulomas. GPB were identified in a single cystic space in each case.

Interestingly, the definition of CNGM has evolved in subsequent case series and reports, whereby the presence of granulomas

becomes essential in defining the entity.^{4–11} Thus, the histological features of CNGM have shifted and are now characterised by most authors, who recognise CNGM as a distinct pattern of granulomatous mastitis, as lobulocentric granulomatous inflammation with cystic spaces rimmed by neutrophils and sometimes containing GPB.

Some authors, while recognising the presence of cystic vacuoles in the centre of granulomas with or without GPB, continue to characterise these cases under the broader category of idiopathic granulomatous mastitis (IGM). For instance, Helal *et al* described 65 cases of IGM, 35 of which (53.9%) showed typical morphological features of CNGM, including six cases with coryneform GPB.¹² However, instead of rendering a diagnosis of CNGM, Helal *et al* suggested adding a comment in the pathology report regarding the association with corynebacterial infection with the CNGM pattern. Furthermore, Oddo *et al* presented 57 women diagnosed with GLM or IGM who all had lobulocentric suppurative granulomas with empty central vacuoles and coryneform GPB in 48 cases.¹³ Oddo *et al* believe these histological features to be ‘a form of evolution of the GLM’ associated with coryneform bacteria rather than representing a distinct entity.

A review of the literature clearly demonstrates the lack of a definitive all-encompassing definition of CNGM. Furthermore, there is also confusion surrounding the terms granulomatous mastitis, IGM or GLM. Some authors use the terms interchangeably, while others see granulomatous mastitis as a descriptive term for the inflammatory changes in the breast, and IGM or GLM as a distinct entity that reflects lobulocentric granulomatous inflammation when all causes of granulomatous inflammation have been excluded. Rarely, ‘idiopathic lobular granulomatous mastitis’ is used^{14 15} (table 1). Renshaw *et al* consider CNGM as a distinctive pattern of inflammation associated with GPB.³ D’Alfonso *et al*, Troxell *et al*, Shoyele *et al*, Wang *et al* and Naik *et al* also describe CNGM as a distinctive histopathological entity that is also a subset of GLM, whereas Johnstone *et al*, Gautham *et al* and Sangoi consider CNGM a subgroup of granulomatous mastitis.^{4–9 11 16} Other authors have described or presented images of histological features consistent with the CNGM pattern without appreciating the association with corynebacteria or using special stains (Gram) for the identification of GPB. Many of these cases are consequently diagnosed as IGM or chronic granulomatous mastitis.^{17–21}

EPIDEMIOLOGY

CNGM is rare accounting <1% of all breast specimens. Since 2002, 141 cases of CNGM have been reported to date, including those presented by Taylor *et al*.^{2–11 16} The mean patient age was 35 years. Among the 104 patients with known ethnic background, 24 (23.1%) were Indian, 23 (22.1%) were Hispanic, 19 (18.3%) were Asian, 16 (15.4%) were Maori, 12 (11.5%) were Pacific Islanders, 9 (8.6%) were Caucasian/European and 1 (1%) was African-American (online supplementary table 1). All patients have been female. The parity status is not reported universally. Of 99 cases where the information is available, 89 (89.9%) were parous. There seems to be an association with pregnancy ranging from women who were pregnant at the time of presentation to those who gave birth years ago.

CLINICAL PRESENTATION

CNGM is usually unilateral, although 8.5% of patients have presented with bilateral disease. Breast mass, nipple inversion and sinus formation are the most common manifestations. Of the 122 patients who had their symptoms reported, at least 64

Table 1 Summary of definitions describing granulomatous inflammatory lesions of the breast

Term	Year	Authors	Description/definition
GM	1971 (first use in English literature)	Miller <i>et al</i> ¹¹⁶	'An acute and chronic inflammatory exudate involving mammary lobules with numerous foreign-body giant cells present within the inflammatory exudate', with squamous metaplasia and ulceration in one of the lactiferous ducts
	1972	Kessler and Wolloch ⁸⁷	'A well-defined entity characterised by multiple granulomas and abscess formation in women of childbearing age, 1.5–5 years after their last deliveries'
	2018 (most recent review)	Barreto <i>et al</i> ¹¹⁷	'Characterised by non-caseating granulomas around the lobules and ducts in the breast without specific infectious agents, trauma, or foreign bodies', with variable microabscess formation, 'not all cases have characteristic granulomas, but all cases have epithelioid histiocytes'
GLM	1987 (first use in English literature)	Going <i>et al</i> ¹¹⁸	'Parous young women with diffuse granulomatous inflammation centred on lobular units, emphasising the single most important histological feature and avoids the vagueness of granulomatous mastitis'
	2016 (most recent review)	Zhou <i>et al</i> ¹¹⁹	'An unusual breast benign inflammatory disorder first described by Kessler and Wolloch in 1972. The aetiology of GLM is unknown, but growing evidences suggest that various factors, including microbiology agents, hormonal effect and immunological disorder, played an important role in disease occurrence. Microscopic features show a chronic non-necrotising granulomatous inflammation in lobules of the breast tissue'
IGM	1994 (first use in English literature)	De Sanctis <i>et al</i> ¹²⁰	'Multiple non-caseating epithelioid granulomas in association with zones of necrotic adipose tissue'
	2017 (most recent review)	Lei <i>et al</i> ¹¹³	'Also known as granulomatous lobular mastitis, first described by Kessler and Wolloch in 1972. A benign inflammatory condition of the breast with no obvious aetiology. The clinical manifestations include inflammatory skin changes, lump, ulcer, fistula and so on. The histological features of IGM are non-caseating granulomatous inflammation, centred on breast lobules, with or without microabscesses. A definitive diagnosis should be established based on clinical, radiological, or sonographic appearance, as well as the histological examination'
IGLM	2010 (first use in English literature)	Boarki and Labib ¹⁴	'A chronic necrotising granulomatous lobulitis of unknown aetiology. First described by Kessler and Wolloch'
	2012 (most recent review)	Pereira <i>et al</i> ¹⁵	'First described by Kessler and Wolloch in 1972. Granulomas, epithelioid cells, multinucleated giant cells, acute and chronic inflammatory cells and neutrophilic microabscesses are seen around lobular units. In some cases, the inflammation is sufficiently intense to obliterate the lobular architecture'
CNGM	2011	Renshaw <i>et al</i> ³	'Enlarged vacuoles within neutrophilic inflammation' with discrete, well-formed granulomas and GPB within the cystic spaces in some cases

CNGM, cystic neutrophilic granulomatous mastitis; GLM, granulomatous lobular mastitis; GM, granulomatous mastitis; GPB, gram-positive bacilli; IGLM, idiopathic granulomatous lobular mastitis; IGM, idiopathic granulomatous mastitis.

(52.5%) presented with a breast mass. Other symptoms included pain (at least 11.5%), nipple discharge (10.7%), erythema (10.7%) and abscess (12.3%) (online supplementary table 1).

IMAGING FINDINGS

Radiological findings of CNGM are seldom reported.^{4,7,9} Among patients who had this information available, ultrasound was the preferred imaging modality. The most common presentation was a mass (72.2%), followed by dilated ducts (11.1%), abscesses (5.6%), oedema (5.6%) and fluid collection (5.6%). At mammography, masses and asymmetry were the most common features (online supplementary table 1). Where Breast Imaging-Reporting and Data System score was reported, the vast majority (60%) fell under category 4 (suspicious of malignancy). Some cases (13.3%) were scored as 5 (highly suggestive of malignancy). Scores of 2 (benign) and 3 (probably benign) were seen in 26.7% of the cases.

MACROSCOPIC FINDINGS

Macroscopic findings of CNGM are not well documented in the literature as there is no indication for performing an excision or total mastectomy. Naik *et al* reported a case series including 22 excision specimens where the gross findings demonstrated either solid lesions (59%) or masses with abscess cavities (41%).¹⁶

MICROBIOLOGY

Coryneform bacteria, also known as 'diphtheroids' or 'Corynebacterium species' are aerobic, asporogenous, catalase-positive GPB and part of endogenous skin flora.^{22,23} These bacteria are frequently regarded as contaminants of clinical materials when

recovered from patients but have been increasingly implicated in human infections.²⁴

Two studies found a strong association between corynebacteria and granulomatous mastitis.^{1,2} Paviour *et al* isolated *Corynebacterium* species from the breast tissue, pus or deep wound swabs from 24 women with mastitis. The most common isolates were *Corynebacterium kroppenstedtii*, followed by *C. amycolatum* and *C. tuberculoostearicum*. In a companion study, Taylor *et al* identified *C. kroppenstedtii* in a cohort of 34 cases of granulomatous mastitis. *C. kroppenstedtii* was first isolated from the sputum of a patient with pulmonary disease and was noted to lack the characteristic cell envelope mycolic acid typically found in other corynebacteria.²⁵ It therefore requires a lipophilic environment to thrive. While *Corynebacterium* species were known to cause mastitis in dairy cows and goats,^{26–28} only a few case reports had linked corynebacteria with suppurative breast disease^{29–32} prior to Paviour *et al* and Taylor *et al*'s landmark studies.

Microbiological evidence of *Corynebacterium* species can be difficult to obtain. In most cases of CNGM bacteria can be scarce that can result in under-recognition. Of the 139 CNGM cases reported, 81 (58.3%) had GPB identified in histological sections. However, in 16 of these 81 cases (19.8%) GPB were missed on the initial diagnostic evaluation and only identified retrospectively. At least 16 cases (14 from Taylor *et al*, one from D'Alfonso *et al*, one from Johnstone *et al* and 'many' from Sangoi) contained sufficient number of organisms on Gram-stained slides to be recognised as coryneform bacteria, rod-shaped bacteria arranged in V-shaped forms or palisades like 'Chinese characters'.^{2,4,6,11} Other authors acknowledge the difficulty in ruling out other GPB based on morphological features alone as

the gram-positive bacteria can have varying appearances ranging from bacilli to coccobacilli.^{3,6} One way to improve detection rate and ease of identification is to request 'thick section' for Gram stain. Sangoi's study demonstrates that by using 6 µm thick sections rather than the standard 4 µm, the GPB detection rate increased from 37% to 58% and a higher number of bacteria were seen in positive cases.¹¹

Corynebacterium species can be difficult to culture as corynebacteria are fastidious organisms that require specific cultural medium containing 1% polysorbate (Tween) 80 and longer incubation periods. Taylor *et al* reports isolation of *Corynebacterium* species from 52 of 116 microbiological specimens from 34 patients, a yield of 44.8%.² In two studies bacteria did not grow,^{3,4} while others were able to isolate *Corynebacterium* species in 16.7%–93.3% of the cases with submitted cultures^{6–8} (online supplementary table 1). As corynebacteria can fail or be slow to grow on routine growth media, submitted microbiological samples might not yield results in the most optimal environment.

Not infrequently clinicians may start patients on empirical antimicrobial treatment based on clinical–radiological presentations before considering biopsy and entertaining CNGM in the differential diagnosis. As a consequence, relevant pathogen identification may be lost. Finally, as corynebacteria are part of the normal skin microbiota, they may be reported as contaminants.^{3,4}

The existing literature is in agreement on the fact that histochemical identification of coryneform bacteria and isolation of *Corynebacterium* species using microbiological techniques are challenging and are not done in all cases reported as CNGM. This raises an interesting question regarding means by which an individual can be diagnosed with CNGM. Revisiting Taylor *et al*'s original paper, the only difference between the case and control groups is the presence of GPB. The histological features of the cases and controls were 'virtually identical'.² Subsequent reports also contain examples where GPB were not identified.^{4,5} Should all of these cases also be considered as CNGM? Furthermore, what about the pathogenic significance of GPB that are not *Corynebacterium* species?

In addition to standard biochemical methods, alternative ways of accurately identifying *Corynebacterium* species are being explored, including immunostaining using multiple low-specificity antisera, matrix-assisted laser desorption/ionisation time-of-flight mass spectrometry (MALDI-TOF MS), and 16S rRNA and *rpoB* gene sequence amplification with PCR.^{33–40} Through the development of more sophisticated molecular methods, pathogens can now be detected and identified directly from clinical samples. In MALDI-TOF MS, identification of microbes is through generation of characteristic peptide mass fingerprint spectra and comparing them to sequences of known organisms in the database.⁴¹ Due to the low cost, accuracy and speed, MALDI-TOF MS analysis is increasingly used routinely for *Corynebacterium* identification.⁴² Several studies show that MALDI-TOF MS can accurately identify most *Corynebacterium* species to the genus (up to 99.5%) and species (up to 92.3%) levels.^{35,43,44} The gold standard for *Corynebacterium* species identification is through sequencing of *rpoB* gene and 16S rRNA gene.⁴¹ However, identification of *Corynebacteria* in formalin-fixed paraffin-embedded tissue can be technically challenging due to cross-linking and fragmentation of nucleic acids as well as low sensitivity of molecular methods for the detection of extremely rare organisms in tissue sections.¹⁶ Shorter amplicon may be used which would decrease the specificity of the assay as well as obliterating distinction between closely related genera.¹⁶

Additionally, mixed cultures can prevent accurate species determination. 16S rRNA gene sequencing identified *Corynebacterium* and *Staphylococcus* species in a case of CNGM and the significance of the mixed species is uncertain.⁹

DIFFERENTIAL DIAGNOSIS

Invasive carcinoma is the most important entity to consider in the differential diagnosis when assessing any breast abnormality. Both the clinical presentation and radiological features of CNGM can mimic malignancy. Breast masses, nipple discharge, nipple inversion, pain and erythema can be seen in both breast cancer and CNGM. Similarly, mammographic/sonographic appearances of CNGM overlap with those of malignancy. Histologically, breast neoplasms, including invasive ductal carcinoma of no special type and special subtypes of breast carcinoma, can be associated with granulomatous response or concurrent granulomatous mastitis.^{45–51} Oberman first reported three cases of breast cancer with non-caseating granulomas, whereas Coyne reported four cases with necrobiotic granulomas.^{45,49} Haphazardly arranged amyloid deposition can be seen in conjunction with granulomatous response.^{52,53} Oberman postulated that the granulomas could represent a response to necrotic neoplastic cells; however, the absence of necrosis in some points to other potential mechanisms.⁴⁵ Coyne suggests that granulomatous reaction could be due to type intravenous immune response to tumour antigens.⁴⁹

Once malignancy is ruled out, infectious causes of granulomatous mastitis should be considered. Infectious agents could be of bacterial, fungal or parasitic origin. Special stains and microbial cultures should be performed in all cases of suspected granulomatous mastitis. Bacterial infections are the most prevalent and can be polymicrobial,⁵⁴ although one study identified *Pseudomonas* as the most common genus.²¹ A high degree of suspicion should be maintained for tuberculosis (TB) mastitis, particularly in TB-endemic areas. TB mastitis most commonly affects women aged 20–40 years and presents as a mass, followed by ulceration, pain or abscess without systemic or pulmonary symptoms.^{55,56} Mammographic findings vary from increased density, mass, skin thickening to axillary lymphadenopathy.⁵⁷ Ultrasound features include mass, cystic fluid collections, textural change mimicking inflammatory carcinoma, fistula formation and axillary lymphadenopathy.⁵⁷ Histologically, TB mastitis shows necrotising or non-necrotising granulomas composed of epithelioid histiocytes, Langhans-type giant cells, eosinophils, lymphocytes and plasma cells commonly affecting ducts rather than lobules.^{56,58} Ziehl-Neelsen staining, culture or PCR can be used for establishing the diagnosis.^{59,60} Other unusual pathogens that can cause granulomatous mastitis include *Bartonella henselae*,^{61,62} atypical mycobacteria,^{63–65} *Actinomyces*,⁶⁶ *Brucella*,⁶⁷ fungi^{68,69} and parasites.^{70–73} These unusual infections may be the initial presentation of HIV infection.⁷⁴

Subareolar breast abscesses can mimic CNGM by both the clinical presentation and histology. Abscesses occur as a consequence of obstruction by keratin debris caused by so-called squamous metaplasia of lactiferous ducts (SMOLD). Ducts may rupture resulting in inflammatory reaction against the keratin.^{15,75} Mammographic features include skin thickening, an ill-defined mass and asymmetry. Ultrasound frequently reveals subareolar collections.⁷⁶ In the acute phase, the abscess is composed of mixed inflammatory cells with a predominance of neutrophils. In the resolution phase, chronic inflammatory cells and granulation tissue replace neutrophils and a foreign body giant cell reaction to keratin may be seen.⁷⁵ Subareolar abscess is strongly

associated with cigarette smoking^{77 78} but not with parity.⁷⁹ The bacteria isolated from subareolar abscesses are predominately anaerobes and frequently mixed.^{77 78}

Foreign body granulomas and fat necrosis of the breast can present as a painless mass. Foreign body granulomas result from reaction to foreign materials such as silicone or suture material. Fat necrosis could arise from blunt trauma or prior surgical procedure. Histologically, foreign body granulomas, especially silicone granulomas, could mimic CNGM as the silicone particles may be mistaken for lipid vacuoles. However, the history of implants, the absence of rimming neutrophils and GPB should help differentiate the two entities. Similarly, fat necrosis could show vacuolisation and saponification of the necrotic fat surrounded by lipid-laden macrophages, multinucleated giant cells and possibly neutrophils. The clinical history and careful examination of vacuoles would assist in establishing the correct diagnosis.

Though rare, granulomatous reaction to autoimmune diseases such as granulomatosis with polyangiitis and rheumatoid arthritis has been reported.^{80–83} Granulomatosis with polyangiitis normally manifests as necrotising granulomatous vasculitis in the lungs and kidneys, and may show positive serological studies such as perinuclear and cytoplasmic anti-neutrophil cytoplasmic antibodies (p-ANCA, c-ANCA). In the breast, granulomatosis with polyangiitis can present as a mass, recurrent abscess or ulcers and rarely be the initial symptom of the systemic disease.^{80 81} Histologically, granulomatosis with polyangiitis is characterised by necrotising granulomatous inflammation with central necrosis surrounded by mixed inflammatory cells. Unlike CNGM, vasculitis is a prominent feature and frequently encountered.⁸¹ Patients with rheumatoid arthritis rarely present with breast symptoms.^{82 83} Rheumatoid nodules typically have a central area of fibrinoid necrosis with palisading histiocytes and surrounding lymphocytes and plasma cells.⁸² The combination of joint symptoms, fibrinoid necrosis and elevated rheumatoid factor levels are helpful diagnostic features for rheumatoid arthritis.

Included in the differential diagnosis with any granulomatous process is sarcoidosis. Less than 1% of patients have breast involvement and clinical evidence of systemic disease is usually present.⁸⁴ Breast symptoms can present as a mass, skin dimpling and peau d'orange changes.^{85 86} The granulomas seen in sarcoidosis are classically described as 'naked' non-necrotising epithelioid granulomas with Langhans-type giant cells and few surrounding lymphocytes. Asteroid bodies, star-shaped cytoplasmic inclusions, can sometimes be seen. Schaumann bodies, concentrically lamellated calcified nodules, are occasionally identified within the cytoplasm of multinucleated cells.

GLM is closely related to CNGM and was first described by Kessler and Wolloch in 1972.⁸⁷ The patient demographics, clinical presentation and imaging features of GLM are similar to CNGM, partly attributed to the fact that a distinction between the two is often not made. Patients affected by GLM are typically parous woman in their 20s–40s with a breast mass which may be accompanied by overlying skin changes and even lymphadenopathy and thus mimicking malignancy.^{15 88} Histologically, GLM is characterised by lobulocentric non-caseating epithelioid granulomas associated with mixed inflammatory infiltrate.⁵⁸ By definition, GLM is a diagnosis of exclusion with negative microbiological examination and without known aetiology.

IgG4-related sclerosing mastitis (IgG4-RSM) was first described in 2009 by Cheuk *et al* as painless breast masses featuring dense lymphoplasmacytic infiltrates with lymphoid follicle formation, extensive sclerosis, large numbers of IgG4+

plasma cells and elevated serum IgG4 concentration.⁸⁹ However, one of the control cases showed typical GLM morphology accompanied by large numbers of IgG4+ plasma cells. Subsequently Ogura *et al* observed two cases of IgG4-related mastitis with histological features of GLM and diffuse infiltration of IgG4+ plasma cells, though IgG4:IgG ratios were not calculated.⁹⁰ The authors proposed that GLM might be subdivided into IgG4-RSM and non-IgG4-RSM. Troxell *et al* reported two CNGM cases with increased concentration of more than 30 IgG4+ cells per high power field, one of which contained GPB.⁵ Troxell *et al* argue that the presence of IgG4+ plasma cells is not specific for IgG4-RSM. Similarly, Cheuk *et al* do not consider their case as IgG4-RSM due to the predominance of histiocytes and granulomas and absence of stromal fibrosis. They emphasised that an increase of IgG4+ plasma cells can be non-specific and the diagnosis of IgG4-RSM must be based on a constellation of morphology and increased IgG4+ plasma cells in the appropriate clinical context.⁸⁹ Allen *et al* created the Michigan Classification as a way of differentiating IgM and IgG4-RSM.⁹¹ The diagnostic criteria of IGM depend on the presence of epithelioid histiocytes, vague or well-formed granulomas and giant cells, irrespective of the number of IgG4+ plasma cells or IgG4:IgG ratio or the presence of other histological characteristics of IgG4-RSM.

The aforementioned entities in the differential diagnosis of CNGM should be excluded before a diagnosis of CNGM can be rendered. If features are suggestive but not diagnostic, it would be prudent for the pathologist to raise the possibility of this diagnosis and recommend microbiological cultures (see the Recommendations section).

MANAGEMENT

The management of patients with CNGM is highly variable and largely comparable to treatment options for GLM. Despite GLM being a diagnosis of exclusion, historically treatment has been directed at suspected causes such as infectious agents and autoimmune responses.⁹² Common management options include observation, antibiotics, steroids, surgery ranging from incision and drainage, excision to mastectomy and combined therapies (online supplementary table 1).

Empirical antimicrobial therapies are frequently started prior to histological diagnoses to cover more conventional causes of breast inflammation such as *Staphylococcus* species.⁷ Furthermore, because of the infrequency of corynebacteria infections, current clinical antimicrobial susceptibility testing methods for many *Corynebacterium* species lack validation with correlation to clinical outcomes.^{5 24} Renshaw *et al* observed good clinical response to antibiotic therapy targeting lipophilic corynebacteria, such as extended courses of tetracycline or doxycycline.³ It has been postulated that lipophilic antibiotics with a high volume of distribution such as doxycycline, trimethoprim-sulfamethoxazole as well as clarithromycin and rifampicin are more effective in reaching adequate bactericidal concentrations within lipogranulomas.⁹³ Brownson *et al* reported success with 6 weeks of metronidazole and amoxicillin/clavulanic acid, 10 weeks of doxycycline and a combination of 3 weeks of metronidazole and 5 weeks of ciprofloxacin in three separate cases.⁹⁴ *C. kropenstedtii* is the most commonly seen species in CNGM; however, only a few cases have been tested for antimicrobial susceptibility.²⁴ Furthermore, published reports lack information about dosage and duration of the antibiotic treatment. Susceptibility to penicillin, vancomycin, linezolid, gentamicin and rifampin have been reported.⁹⁵ Multidrug-resistant *C.*

kroppenstedtii strain has also emerged.⁹⁵ Resistance to penicillin, imipenem, erythromycin, tetracycline, ciprofloxacin, moxifloxacin and clindamycin has been described.^{24 95} Shoyele *et al* suggest that in cases of CNGM, corynebacteria isolates should be identified at the species level and antibiotic susceptibility test should be performed.⁸ In a review of 88 *C. kroppenstedtii* breast infection cases, Saraiya and Corpuz found some studies that demonstrate treatment duration of 3 weeks to up to 1 year provide better outcomes in some patients, whereas 1–2 weeks of antibiotic treatment, even if repeated, not only do not show favourable outcome, but also may lead to antibiotic resistance.⁹⁶

DeHertogh *et al* first proposed the use of prednisolone for the treatment of granulomatous mastitis in 1980.⁹⁷ Additional reports demonstrate effective response to steroids.^{98–101} Some studies show positive serological tests used in autoimmune disorders in patients with GLM. In one study, six out of eight GLM patients had positive rheumatoid factor. In addition, two of the six rheumatoid factor-positive patients had detectable antinuclear antibody and anti-double stranded DNA antibodies.¹⁰² Several cases of erythema nodosum and arthritis have been reported in patients with GLM.^{103–107} The favourable response to steroids and the association with autoimmune diseases led to the hypothesis that GLM has an autoimmune aetiology. Immunosuppressive drugs such as methotrexate and mycophenolate have been used in the treatment of GLM.^{108–110} While there is no specific association with autoimmune disorders in the reported cases of CNGM, steroid treatment alone or in combination

with other therapies has been employed. The limited number of CNGM cases, the absence of prospective randomised studies, and the difficulty in determining the true efficacy of individual and combined treatment options all suggest that a definitive role for steroid use remains uncertain.

Traditionally surgery is one of primary treatment options for GLM. Recurrent GLM cases can even lead to mastectomies.^{111 112} In a systematic review, Lei *et al* show that surgical managements with or without oral steroids achieved a high complete resolution rate (90.6%–94.5%) and low recurrence rate (4%–6.8%).¹¹³ However, increasingly more studies recommend managing GLM conservatively. In a study of 34 GLM cases, patients who had wide excision had a higher recurrence rate (25%) compared with the steroid and drainage group (7.1%) and developed extensive scarring.¹¹⁴ In a recent study involving 120 women with IGM, where six patients underwent excision and the remaining 114 patients were observed and managed with drainage after biopsy-confirmed GLM, IGM was found to be self-limiting and resolved spontaneously in an average of 5 months.¹¹⁵ CNGM not infrequently presents as an abscess or a draining sinus (online supplementary table 1). Percutaneous drainage or open incision and drainage is a valid treatment if an abscess is present. The efficacy of treatment with wide local excision has yet to be established.

Optimal treatment regimens for CNGM remain elusive. The existing literature only consists of small retrospective case series or case reports. The lack of uniformity in reporting treatment

Table 2 Suggested diagnostic criteria for CNGM (A) and canned comments (B) to convey degrees of diagnostic certainty in pathology reports

A			
1. Histology	2. Gram stain on tissue section	3. Microbiology (culture or molecular testing)	
1.1. Lobulocentric inflammation	2.1. Coryneform GPB	3.1. Positive for corynebacteria	
1.2. Cystic spaces rimmed by neutrophils	2.2. Non-coryneform GPB	3.2. Positive for organisms other than corynebacteria	
1.3. Granulomas	2.3. Gram negative organisms	3.3. Negative for organisms	
	2.4. Mixed Gram positive and negative organisms		
	2.5. Negative for organisms		
B	Diagnostic criteria	Interpretation	Pathology report
A	(1) 2–3 of 3 features AND (2) 2.1 OR (3) 3.1	Characteristic morphology with GPB or positive culture	Diagnosis: Findings consistent with CNGM (see comment). Comment: The morphology combined with GPB on Gram stain is consistent with CNGM. Microbiological culture for corynebacteria may be considered. (include results of culture if performed)
B	(1) 2–3 of 3 features AND (2) 2.2 to 2.5 OR (3) 3.2 to 3.3	Characteristic morphology without GPB or positive culture	Diagnosis: Findings suggestive of CNGM (see comment) Comment: The morphological features are suggestive of CNGM. However, Gram stain shows no evidence of GPB indicative of <i>Corynebacterium</i> species typically associated with CNGM. As corynebacteria are fastidious organisms, the absence of supportive microbiological evidence should not immediately exclude infection as a cause. The differential diagnosis includes other granulomatous diseases of infectious and non-infectious aetiology. Clinical and microbiological correlation is required. Microbiological culture for corynebacteria may be considered. (include results of culture if performed)
C	(1) Any of the 3 features AND (2) 2.1 OR (3) 3.1	Suspicious clinical and morphological features with GPB or positive culture (limited sample, for example, core biopsy)	Diagnosis: Granulomatous inflammation with bacterial forms (see comment) Comment: The morphological features are suggestive but not diagnostic of CNGM. Gram stain shows evidence of GPB indicative of <i>Corynebacterium</i> species typically associated with CNGM. The differential diagnosis includes other granulomatous diseases of infectious and non-infectious aetiology. Clinical correlation is required. Microbiological culture for corynebacteria may be considered. (include results of culture if performed)
D	(1) Any of the 3 features AND (2) 2.2 to 2.5 OR (3) 3.2 to 3.3	Suspicious clinical and morphological features without GPB or positive culture (limited sample, for example, core biopsy)	Diagnosis: Granulomatous inflammation (see comment) Comment: The morphological features are those of granulomatous mastitis. Special stains (Gram, GMS, PASD, ZN) show no evidence of micro-organisms. The differential diagnosis includes CNGM and other granulomatous diseases of infectious and non-infectious aetiology. Clinical and microbiological correlation is required. Microbiological cultures, including corynebacteria, may be considered. (include results of culture if performed)

.CNGM, cystic neutrophilic granulomatous mastitis; GMS, Grocott's Methenamine Silver; GPB, gram-positive bacilli; PASD, Periodic acid-Schiff diastase; ZN, Ziehl-Neelsen.

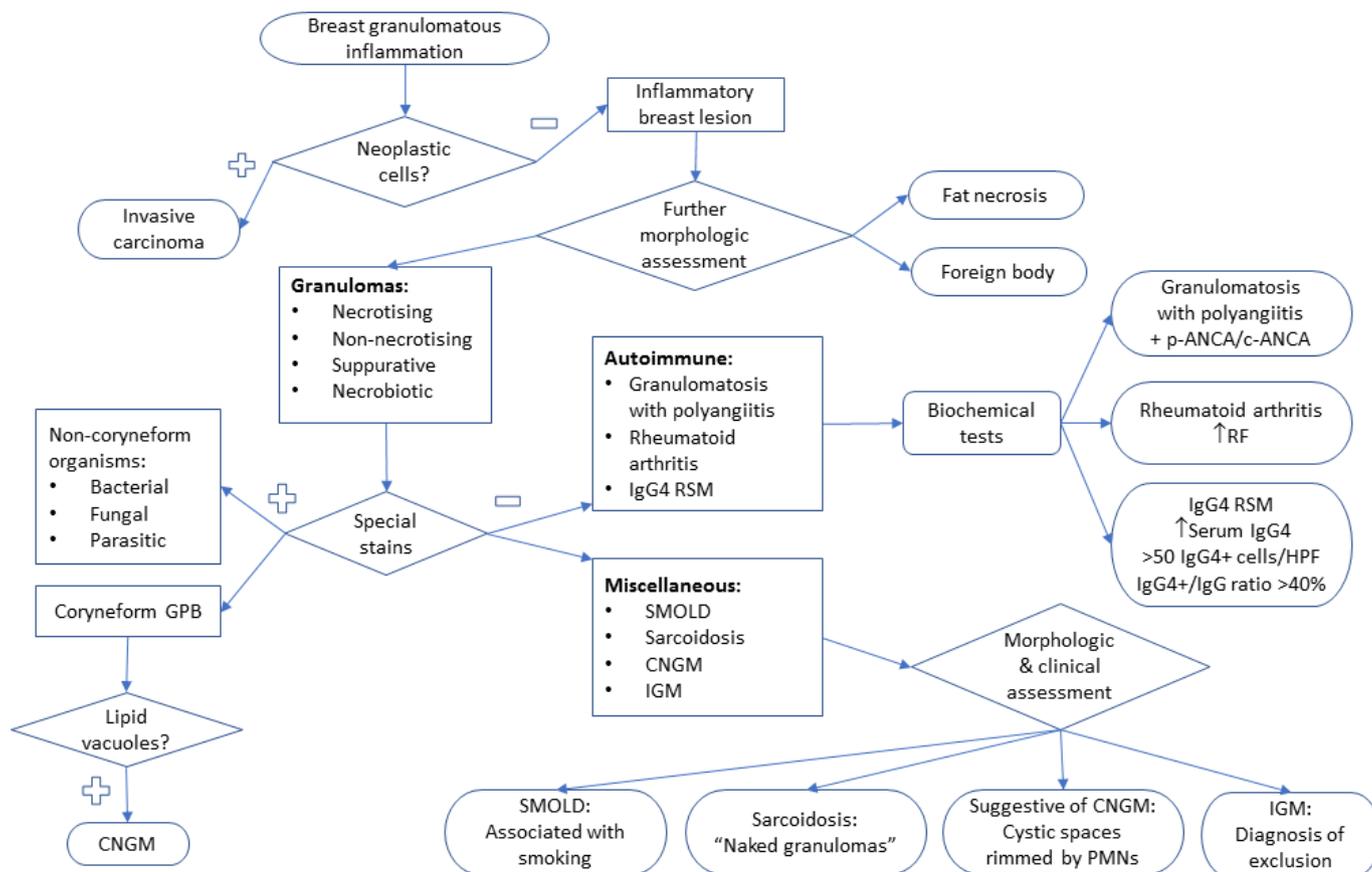


Figure 2 Stepwise assessment of granulomatous inflammatory lesions of the breast. c-ANCA, cytoplasmic anti-neutrophil cytoplasmic antibody; CNGM, cystic neutrophilic granulomatous mastitis; GPB, Gram-positive bacilli; HPF, high power field; IgG4-RSM, IgG4 related sclerosing mastitis; IGM, idiopathic granulomatous mastitis; p-ANCA, perinuclear anti-neutrophil cytoplasmic antibody; PMN, polymorphonuclear neutrophil; RF, rheumatoid factor; SMOLD, squamous metaplasia of lactiferous ducts.

regimens and treatment response also hinders efforts to determine efficacy of individual and combined treatments.

RECOMMENDATIONS

No universal consensus currently exists for the definition of GM, GLM, IGM and CNGM. We propose using GM as a strictly descriptive term for a histological tissue reaction pattern in breast tissue that is characterised by a spectrum ranging from loose collection of histocytes admixed with inflammatory cells to well-formed granulomas, and can be associated with a variety of causes such as infectious (fungus, tuberculosis, rare infections) and non-infectious (vasculitis, sarcoidosis, foreign body exposure etc). GLM likely represents a subset of GM that exhibits a lobulocentric disease pattern with relative sparing of interlobular stroma. IGM is a clinical diagnosis that should be reserved for cases in which extensive work-up has been done and secondary causes have been excluded.

It is likely that CNGM comprises a major subset of what was historically called IGM/GLM. Although there are no established diagnostic criteria for CNGM, the possibility of this diagnosis can only be raised based on the recognition of characteristic histological features and ancillary studies (at least Gram stain) by pathologists and/or clinical suspicion by radiologists/clinicians. We propose using a combination of histological features, Gram stain results and microbiological studies to convey the degree of certainty in the diagnosis of CNGM (table 2, figure 2). Once a definition of CNGM can be agreed-upon, further studies can be

directed towards targeted antibiotic therapy and assessment of long-term clinical outcomes.

CONCLUSION

The distinct histological features of ‘suppurative lipogranulomas composed of a central lipid space surrounded by neutrophils, which are, in turn, surrounded by epithelioid histiocytes’ should prompt careful search for fungal, mycobacterial and bacterial organisms and especially rare GPB within lipid vacuoles. It is important to be aware of the association with corynebacteria, and the difficulties in detecting these organisms in

Take home messages

- ▶ Although there is no universal consensus as to the definition of cystic neutrophilic granulomatous mastitis (CNGM), morphological features suggestive of this evolving entity include lipid vacuoles rimmed by neutrophils and epithelioid histiocytes, and containing gram-positive bacteria.
- ▶ While there is a strong association with *Corynebacterium* species, whether the microbiological finding should be part of the diagnostic criteria remains debatable.
- ▶ If features are suggestive but not diagnostic of CNGM, pathologists should perform Gram stain to identify gram-positive bacilli, raise the possibility of this diagnosis and recommend microbiological cultures.

tissue specimens by Gram stain and/or microbiological culture. Targeted microbiological investigation is often necessary for the detection of corynebacteria and may require additional special techniques. The choice of antibiotic therapy and the optimal treatment duration still require further investigation.

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